LIGHTNING RIDGE CENTRAL SCHOOL



Principal: Deputy Principal:

Mr Richard Finter Mrs Margaret Morriss

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Principal's Report

Term 4 Week 6 2022

As we arrive at the midway point of the term, I would like to remind parents and carers that school routines remain as normal and that attendance is mandatory unless your child is unwell. Irregular attendance has a negative impact on student learning.

In the last semester, Primary have been implementing the literacy intervention program, Multi-lit which is having a very positive impact on the literacy levels of many of our students. However, progress has been slowed for some whose attendance has not been consistent. The benefits of regular and consistent attendance, and that includes getting to school on time, are myriad so, unless your child is ill please send them to school.

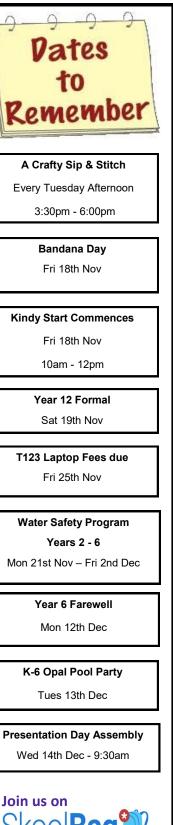
"People are being mean to me...." Part II.

Last newsletter I wrote about friendships and friendship groups. The purpose of those jottings was to provide a possible "in" when talking to your child about the nature of friendship, particularly if that child is going through a patch where their perception is that everyone is being mean to me. Last newsletter focused on a number of issues. These included knowing that conflict in any friendship is normal; knowing one's personal boundaries and what behaviours are deal breakers, the kinds of behaviours from "so-called" friends that leave you feeling awful, and; the perils in looking to punish those who have hurt your feelings.

This week's final instalment begins with: You don't own your friends. It is almost universally understood that being possessive of one's friends is a huge turn off for those same friends. It also makes the possessive person look needy when they are unhappy that their friends have other friends. Kids, like adults, need to realise as early as possible that their friends are allowed to have other friends, or even just be with other people. It will not always feel good, but it is not necessarily a personal rejection.

There are different levels of friendship. An individual can be friends – or at least friendly – with the people in their class or those with whom they share after school activities like sport, band or the musical without it being a rejection of a long-standing friendship. Some friendships developed in such situations will seldom go further, the people involved being more like acquaintances than true friends. And that is perfectly normal. Good friends should be prepared to allow their friends to explore other friendships without jealousy or frightening projections like, "I'm being replaced." Importantly, your kids should know that they can do the same; allow other friendships into their lives without the need to make every one of those new friendships a "Best Friend for Life" (BFFL) deal Friends with some but kind to all.

2022 School Newsletter now available online via our Skoolbag App and website on www.lightningr-c.schools.nsw.edu.au





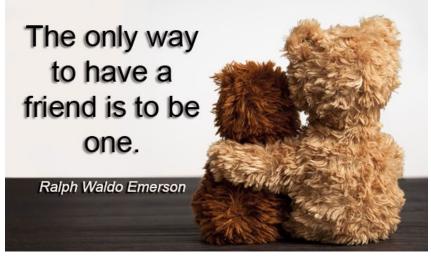
Continued

It is important for our children to realise that no student needs to be friends with everyone at school, but every student needs to be kind.

Why?

Because school is so much easier and more enjoyable when those within it make the decision to look out for each other's wellbeing. At some point or perhaps even several times in each of our lives, we each will

suffer a moment of humiliation. It would be reassuring to think that those with whom we spend so very much of our waking hours were more prepared to treat us with compassion and kindness at those times, rather than see such moments of vulnerability as opportunities to "get" us. Learning how to navigate friendships is a tricky road and often a lifelong process. As adults, experience will have ensured that we know this all too well. Kids, like the rest of us, will make bad judgement calls at times. The poor choices our kids make when navigating friendships are often



based on fear or ignorance rather than kindness or knowledge. Our job is always to make it possible for them to learn from the good days what works, and learn from the bad days what they can do better in the future... even in friendships.



Secondary Deputy Principal's Report

During Week 5, students in Years 7 –10 sat their yearly exams in most subjects and completed check in assessments in literacy and numeracy, these results will be used to assist us in the students learning. Students are now working towards completing course work, assessment tasks and practical projects. School continues until Friday 16th December, students need to bring all their equipment and be ready for learning until the

end of the year.

Mrs Wilson, our Careers Advisor, has organised a number of opportunities for our Stage 5 students these include work experience programs, TAFE delivered courses in Hair dressing, construction, health skills and first aid training—something for everyone. It is essential that all students arrive on time to school or they may miss out on these courses.

Recently we had a few staff changes due to the floods, thanks to Ms Gates & Miss Thompson for assisting in taking classes whilst Mrs Whale & Ms Clothier were reassigned to Walgett schools. Thank you to our students for adjusting to a change in staff and showing respect to our new staff.





Primary Assistant Principal's Report

Term 4 has already proven to be a very busy, fun, and exciting last term of the year!

On a sad note, due to the floods we have had to cancel our Stage 2 excursion to Dubbo Zoo next week.

I am sure that our Year 6 students are looking forward to all the special events that have been planned for them, as they are coming to the end of their Primary school years. Looking at the school calendar here are some of the upcoming events for our K-6 students.

- Year 6 swimming for sport
- Kindy Start
- Year 2-6 intensive swimming program
- 2023 Leadership speeches and voting (week 9)
- Year 6 Transition to High school
- Year 6 Farewell
- CAPA night
- PBL fun day
- Presentation Day
- End of year celebrations

What an exciting and very busy term that we have ahead of us!



Halloween Mufti Day



LRCS Students raised \$90.00 for the Royal Flying Doctors for Halloween Mufti Day! Students had lots of fun dressing up in our spooky Halloween costumes Well done to everyone who got into the spirit of the day.



Music Award Winners

Each week all students who have been following our Turtle Goals and displaying positive behaviour are put into a draw. Three students from primary and three from secondary are drawn out. These students then get to choose a song which will be played for our new bell music. Congratulations to our Week 5 & 6 winners.

Primary winners:

Heidi Bladen, Ava Pelosi, Solomon Seabrook, Khiah Boney, Tallara Bolton-Haynes and Ruby Webb

Secondary Winners:

Brett McFadden, RJ Moseling, Nick Newton, Blake Munro, Chanel Kenny and Katarina Thompson









Positive Behaviour for Learning

Lightning Ridge Central School share a Positive Behaviour for Learning focus with our Students each fortnight. Students who show exceptional PBL values are rewarded throughout the year with excursions, special activities and treats.



This fortnight's PBL focus is Follow Instructions



This symbol represents a journey, with an adult footprint on one side and small dots for children's footprints on the other.

Children are following the adult, not being herded or chased - this is a significant point. They are following, but are still on their own side of the track, showing that balance between self-direction and social support.

Primary Students should arrive at school by 8:55am Secondary Students should arrive at school by 8:40am

LATE IS NOT GREAT



If you need to get a message to your child please contact the school office by 2:30pm.



Worth your Weight in Opal Aarib Khurram ES1J

Aarib was nominated by Miss Bird for excellent effort in Inialit. Well done Aarib!



Worth your Weight in Opal Scout Newman S1D

Scout was nominated by Mrs Barclay for following instructions in the library, showing respect and being enthusiastic.

Awesome Effort Scout!



Worth your Weight in Opal Jovi Bailey S2O

Jovi was nominated by Mr Ellery for attending school every day this term with an amazing attitude, willingness to learn and much improved effort.

Keep up the great work Jovi!



Worth your Weight in Opal Aslan Kosmalla S3C

Aslan was nominated by Miss Loder for demonstrating enthusiasm, natural flair and 'spunk' in dancing practice. Yulu-gi star!

Well done Aslan!

Early Stage 1



ES1P has been working with Mrs Currey's stage 5 Agriculture class to introduce chickens into the primary area. Kindergarten Puggles helped get the chicken coop ready. Each day they visit the chickens to ensure they have food and water and to collect any eggs.

So far we have been getting 1 egg a day!

We called the chicken house 'Cluckingham Palace' and named our 3 hens Rosie, Henny Penny and Chickeletta.













In dance ES1J explored the story of Tiddalik the frog by dancing like the eel that made Tiddalik laugh. They made shapes with their bodies by themselves and with a partner while moving to the music.





Yuwaalaraay is the dialect of the Lightning Ridge area. The name of the language and Aboriginal people of the Balonne River Region.

QUEENSLAND

Goodooga ONEW SOUTH WALES

Cum

YUWAALAYAAY

YUWAALARAAY

GAMILARAA

Lightnin O Ridge Tenterfield

en Innes

Yuwaalaraay Word of the Week

warrambul = flood channel, overflow

You can't cross the warrambul if you want to get to Walgett





Secondary Science

Safety first! Which protection will keep the egg the safest? Year 7 Science students testing out how a padded egg will withstand a fall due to the force of gravity.

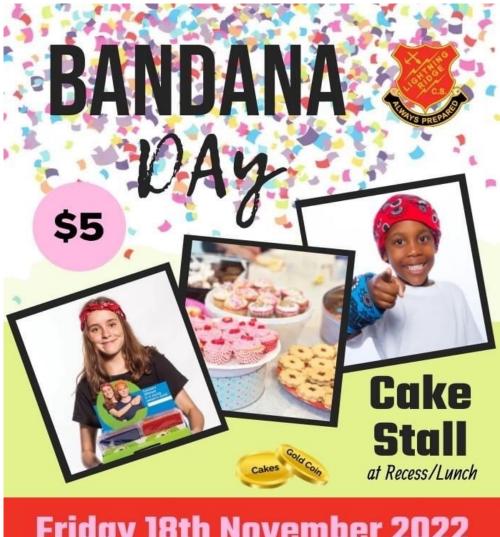




Science in action. Exploring the use of Science in the field of health (medicine and nursing). Below is Tristan and Riley testing each other with a stethoscope.







Friday 18th November 2022

With your support, funds raised from Bandana Day will help young people impacted by cancer get access to programs, counselling and peer support.

LAPTOP PAYMENTS NOW DUE

T123 Laptop Payments due by Friday 25th November, 2022

Laptop lease payments are due Friday of week 7 of every Term. Any Laptops with outstanding payments will be collected in Week 8 and stored at Lightning Ridge Central School until the laptop lease payment is made.

Payments can be paid online via Skoolbag or our School website www.lightningr-c.schools.nsw.edu.au by clicking on "Make a payment" and following the prompts by using your credit/debit card.

Alternatively, you can pay cash, cheque or EFTPOS at the School office.





Minutes lost = days lost per year

A couple of minutes here and there doesn't seem like much, but...

When your child misses just... they miss days per year (!)mins 🔏 days per day Patterns of lateness can have a serious impact on your child's **= 18** days 30 mins per day education. Why attendance matters When your child misses school they miss important opportunities to... Make friends Build skills through fun Learn

education.nsw.gov.au

Lightning Ridge Central School

Enrolments for Kindergarten 2023 are now open.

Sigh up for Kindy Start to help with transition to school.

Kindy Start will run on Fridays beginning on

November 18th 2022.

More information is available at the school office. Please contact Mrs Mary Cross at the school with any questions.





Parents, Carers and Community Members

Join us for

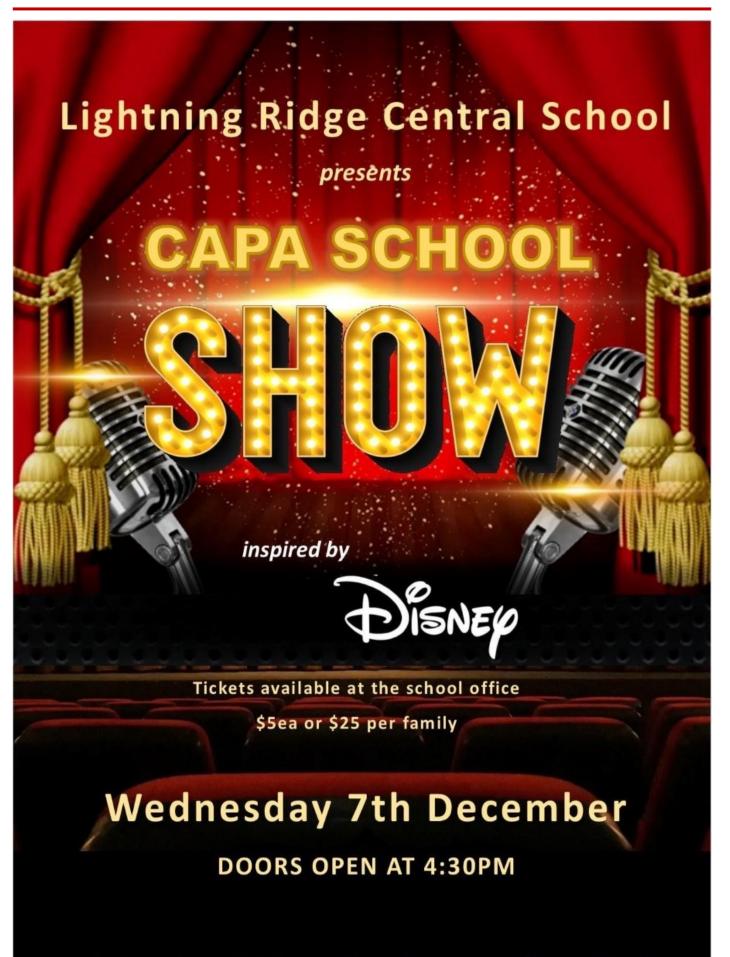
A Crafty Sip and Stitch

The Students at Lightning Ridge Central School are polishing off their dance moves for their annual school performance and we need your help to create their costumes and make the night a success!

You don't need any sewing/ crafting ability, just come along and enjoy an afternoon of fun!



any help is greatly appreciated



Lightning Ridge District Bowling Club



WEDNESDAYS

7:30am

Senior Cola

Stages 3-6 Welcome



UNIFORM DONATIONS

HAS YOUR CHILD OUTGROWN THEIR UNIFORM?

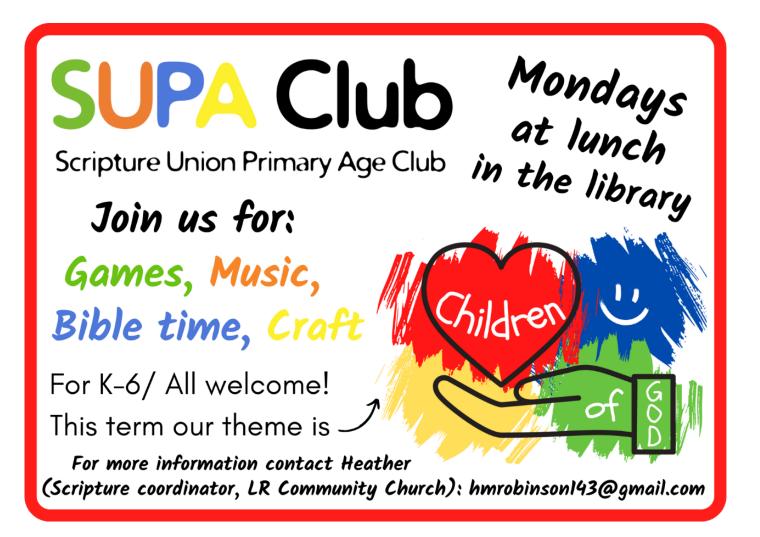
The Secondhand Clothing Pool will gladly accept the donation of all clean and wearable uniform items



Donations can be dropped to the School Office







Check your LOST PROPERTY



Our Lost Property tub is over flowing. Please feel free to come and check for your child's belongings



Lightning Ridge Central School



Respect · **Responsibility** · **Pride**

1 November 2022

Presentation Day 2022

Dear Community Member,

The Lightning Ridge Central School Presentation Day will be held on Wednesday 14th December at 9:30 am in the school gymnasium.

We would like you to consider making a donation towards our Students book prize at Presentation Day. We have over 338 students enrolled at our School and have a special award for two Students in each class who have excelled throughout the year. The Students selected will receive a special book prize to the approximate value of \$30.00. Every Student in Kindergarten will each receive a book to commemorate their first year at school.

With your generous support we would like to continue these prestigious awards and once again kindly ask for your donation.

In return for your generous donation, we invite you to join us for Presentation Day. You will be supplied with a tax invoice, be publicly thanked, have your name published on the Presentation Day Program and receive a certificate of appreciation to display in your home or business.

To promptly organise the awards in time for Presentation Day, it would be helpful if your donation could be made by 14th November 2022. Donations can be mailed to the School (address listed below), made by cash, cheque or Eftpos at the School's Office or online at <u>www.lightningr-c.schools.nsw.edu.au</u>. Click on "Make a Payment" and follow the prompts. All donations can be made either anonymously or with full public thanks.

Yours faithfully,

Richard Finter Principal

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Please find enclosed cheque/cash for \$ Awards.	being a donation towards the 2	022 Lightning Ridge Central School Presentation Day
I do not mind being publicly thanked for our donatio	n	D
I wish my donation to be made anonymously		۵
Signed:		
Name:		
PO Box 294 LIGHTNING RIDGE NSW 2834	Tel: 02 6829 0511 Fax: 02 6829 0137	Email: <u>lightningr-c.school@det.nsw.edu.au</u> Web: www.lightningr-c.schools.nsw.edu.au



Lightning Ridge Central School

P&C Uniform Shop Order Form

WHOLE SCHOOL ITEMS	PRICE	SIZE	QUANTITY	TOTAL
Caps – Black	\$7.00			
Hats – Bucket	\$5.00			
Hats – Red wide brim	\$7.00			
Library Bags	\$7.00			
Black Jackets (limited stock and sizes)	\$20.00			
Sports Shirts – House colours	\$7.00			
PRIMARY K-6	PRICE	SIZE	QUANTITY	TOTAL
Shirts K-4 – Red	\$20.00			
Shirts Years 5 & 6 – Red/ White/ Black	\$25.00			
Shorts – Black	\$15.00			
Skorts – Black	\$15.00			
Sloppy Joe – Red (limited stock and sizes)	\$20.00			
Hoodie – Red	\$30.00			
Trackpants – Black Microfibre	\$25.00			
Trackpants – Black Fleecy	\$20.00			
SECONDARY 7-12	PRICE	SIZE	QUANTITY	TOTAL
Shirts Years 7 – 9 Red/ White/ Black	\$25.00			
Shirts Year 10 – 12 White	\$20.00			
Shorts – Black	\$15.00			
Skorts – Black	\$15.00			
Jacket – Red (limited stock and sizes)	\$35.00			
Hoodie – Black	\$30.00			
Canterbury Jersey	\$65.00			
Trackpants – Black Microfibre	\$25.00			
Trackpants – Black Fleecy	\$20.00			
			TOTAL:	

CONTACT DETAILS:

lame:	
ontact Number:	

Sport house (if required):

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Please indicate:

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Cash included

LRCS - CANTEEN MENU - 2022

Snacks - (Recess & Lunch)

Crunch cups (cheese, carrot, celery & cucumber) w/ Aioli sauce	\$3.20
Yoplait yoghurt 175gm	\$2.50
Grain waves (sour crème)	\$1.20
Cheese sticks	\$1.00
Lite muffins 75gm (chocolate)	\$2.20
Koala popcorn (plain, sweet & salty or butterscotch)	\$1.50
Fresh fruit (banana,apple,mandarins)	\$1.00- \$1.50
Fruit salad cups	\$1.50
Red rock deli chips (honey soy or sea salt)	\$1.20
Drinks	
Spring water 600ml	\$2.00
Spring Water 1.5ltr	\$3.00
250ml Juice bombs (grape, blackcurrent, apple/ raspberry, watermelon, orange/ passionfruit, lemonade)	\$2.20
Just Juice poppers 200ml (apple, orange, apple/ blackcurrent)	\$2.00
Classic 300ml milk (chocolate, strawberry)	\$2.90
Big M milk 250ml ctn (chocolate, strawberry)	\$2.00
Nippys reduced fat 375ml chocolate (iced coffee- high school only)	\$2.80
Nippys 500ml reduced fat 375ml chocolate (iced coffee- high school only)	\$4.00
Plain ctn milk 300ml	\$2.20
500ml ctn milk (chocolate, strawberry) (iced coffee- high school only)	\$4.20



Sandwiches

	(Gluten free bread available)		
20	Cheese	\$3.20	
	Cheese salad	\$4.20	
50	Cheese & tomato	\$3.60	
20	Ham, cheese & tomato	\$4.20	
00	Ham or chicken salad	\$4.50	
20	Ham or chicken	\$3.60	
 50	Chicken chilli tender, lettuce & mayo	\$4.50	
	Ham & cheese	\$4.00	
00- 50	Chicken, lettuce & mayo	\$4.20	
50	Egg, lettuce & mayo	\$4.00	
	Vegemite	\$2.80	
20	⁰ Wraps (Whole Grain)		
	Salad wraps	\$6.50	
00	Chicken or ham salad	\$7.00	
00	Chicken, lettuce & mayo	\$6.00	
00	Chilli tender,` lettuce & mayo	\$6.50	
Small Salad Bowls			
20	Ham & Cheese	\$5.50	
	Sweet chilli tenders	\$5.50	

	Sweet chilli tenders	\$5.50
	Egg & Cheese	\$5.50
00	Chicken	\$5.50
	Salad	\$5.50
90	(All salads come with lettuce, tomato, carrot, cucumber,	
00	beetroot, onion, pineapple & mayo)	

Optional Extras for Salad Bowls

Also available mayonnaise, Aioli sauce or French/Italian dressing.

Ice-creams - (Lunch only)

20	lce-cream cups	\$1.20
	w/ mini milo packets	\$0.30
20	Ka blueys (blue/s/watermelon lemon)	^{&} \$0.60

Paddle Pops (Choc & Rainbow) \$2.00

PLEASE PUT RECESS AND LUNCH ORDERS ON SEPARATE BAGS, AND DON'T FORGET NAME AND CLASS.

Hot Foods

Village sausage roll	\$3.80
Travellers beef pie	\$4.00
Party pies village 60gm	\$1.30
Sweet chilli chicken tenders	\$1.60
Chicken & gravy roll	\$5.50
Garlic bread (Good Tucker 75gm)	\$1.50
UFO ½ roll Cheese & tomato sauce	\$2.00
Chicken strips per bag (6)	\$3.20
McCains pizza (Ham/pineapple or ham/ cheese)	\$3.00
Beefburger (lettuce, tomato, cheese & beetroot)	\$6.00
Chicken burger (lettuce, tomato & mayo)	\$6.00
Chicken strips (each)	\$0.70
Beef or chicken noodles	\$2.00
Hot Dogs (w/ sauce: tomato, bbq, mustard)	\$4.00
w/ cheese	\$0.50

Toasted Sandwiches (Via order)

Cheese & ham	\$4.00
Ham, cheese & tomato	\$4.20
Cheese	\$3.20
Chicken & cheese	\$4.20

Miscellaneous

Tomato or BBQ sauce	\$0.30
Bundle of lunch bags	\$2.50

CANTEEN CLOSES AT
9:00AM FOR ORDERS!
NO EXCEPTIONS!