# **LIGHTNING RIDGE CENTRAL SCHOOL**



Principal: Primary Deputy Principal: Secondary Deputy Principal:

Mr Richard Finter Ms Jane Taylor Mrs Margaret Morriss

Term 2, Week 8 2021

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## **Relieving Principal's Report**

As Relieving Principal, I attempt to visit every classroom at least once a day. Obviously, there are days when this does not occur for various reasons but it is important as Relieving Principal that I have my finger on the pulse of what is happening in the classrooms at LRCS. The vast majority of students are engaging positively with their learning and building positive relationships with both teaching and non-teaching staff.

#### Positive behaviour for learning

Positive Behaviour for Learning (PB4L) is a comprehensive, integrated whole school approach to student wellbeing and behaviour. Students are explicitly taught to behave in a respectful and responsible manner and to show pride in their learning.

Our school is a PBL school and has a PBL team which meets after school on a fortnightly basis to analyse student behaviour data and set the behaviour focus for the week. One of our key foci is "following instructions" which comes under our PBL universal of "pride in learning." Following instructions within a school setting is crucial for the safe operations of the school and to ensure the teacher is able to teach and all students learn.

Following instructions is a fact of life. In all work places staff are expected to comply with guidelines, policies and procedures. Indeed, road rules are a form of instruction designed to keep road users safe. Hence our school expectation, which requires students to follow all reasonable instructions is in line with requirements of the workplace and other non-school settings.

Hence there are consequences for not following instructions in any setting and students need to understand that consequences also apply at school. On the flipside, there are positive consequences, in the form of satisfaction and merits for those who do consistently follow all reasonable instructions.

#### **Road Safety**

We have had a few incidents in the last couple of weeks where at the end of the day students have been walking, and in some cases running out on the road between the buses without looking for oncoming traffic. In many cases they are attempting to race across the road to parents who are calling them to cross the road. Can we please ask that if you are picking up your child, that you cross the road to the school side and escort them across the road to your vehicle to ensure their safety.

#### **School Uniform**

Parents and carers are requested to make all efforts to ensure that their children are in school uniform. Uniform increases the sense of student belonging and when all students wear uniform it allows us to identify any visitors or potential intruders to the school grounds.

2021 School Newsletter now available online via our Skoolbag App and website on www.lightningr-c.schools.nsw.edu.au



With the cooler weather a small minority of students are coming to school in a range of jackets and hoodies. The P&C have recently introduced new hoodies in red and black, they are hoping that all students will engage in the wearing of the school uniform. Jumpers and hoodies which comply with the school uniform guidelines can be purchased from the uniform shop.

I ask that all students be in school uniform.



## **Secondary Deputy Principal's Report**

The students here at LRCS are very lucky to have the opportunities provided to them. This week alone in Secondary, we have had Rugby League Clinics and applications for a senior first aid course. These opportunities do not come by easily, our staff work diligently to provide our students with experiences and knowledge that could possibly last them a lifetime. We encourage all students to take full advantage of these moments and participate to the best of their ability.

A perfect example of these opportunities came last week. A number of our students, both primary and secondary, were involved in the co-design of a new PCYC program to start here in Lightning Ridge. The club manager of Walgett PCYC, Amanda Cheal and her team have secured funding to run four days of after-school activities, here in Lightning Ridge, over the next two years. These programs are designed to keep our students busy after school, keep them fit and healthy and will include a wide variety of sporting events.

In order to make the after-school programs successful, Amanda visited LRCS along with the PCYC team and local police. They ran workshops designed to give our students input to the name, days of the week and activities involved in the program. By all reports our students were outstanding and the PCYC have a greater understanding of our community and what will work best in the future. As you can see in the pictures below, our students had a great time and we would like to thank the PCYC for considering their thoughts for the program. I would personally like to thank the Primary SRC and the students selected from Secondary to take part. All of them represented our school with Respect, Responsibility and Pride. We look forward to the after-school activities beginning next term.



# **Library Report**



Time to celebrate.

The library is back up and running. At the end of Week 6 we were able to start using the library once again for lunchtime activities.

The books are slowly making their way back to the shelves and this week students started to borrow.

Stage 3. This is to allow more time for book selection and for covering content in library lessons.

Borrowing will be happening on odd weeks moving forward. Students who finish their book prior to their next borrowing day are more than welcome to come and borrow another book any lunchtime.

Borrowing Days will be Monday and Friday, except for Kindergarten which will happen on Thursday during their library lesson.

Monday - S1Y, S2O and S1D

Friday - MCB, S3B, S3C, S1B, S2H





# **Positive Behaviour for Learning**

Lightning Ridge Central School share a Positive Behaviour for Learning focus with our Students each fortnight. Students who show exceptional PBL values are rewarded throughout the year with excursions, special activities and treats.

# This fortnight's PBL focus is Right Place, Right Time



# (H)

"Right place right time" is shown by a meeting symbol, to give that idea of protocol and Law in knowledge exchange.

Primary Students should arrive at school by 8:55am Secondary Students should arrive at school by 8:40am LATE IS NOT GREAT



# Worth your Weight in Opal Indiana Power ES1J

Indiana was nominated by Mrs Stiller for being an active participant in maths. Great work on staying super focused Indi!



# Worth your Weight in Opal Fynn Worley S1D

Fynn was nominated by Mrs Slater for outstanding effort in reading. Great stuff, Fynn!



# Worth your Weight in Opal Kobi Carpenter S2O

Kobi was nominated by Mrs Caley for being an amazing friend and support person. Thank you, Kobi.



# Worth your Weight in Opal Amelia Reavell S3B

Amelia was nominated by Mr Bonsing for consistent effort in all areas. Well done, Amelia.



# Worth your Weight in Opal Torin Barron Yr 9

Torin was nominated by Ms Abbott for his excellent mathematics examination results. Awesome Effort Torin!

# Stage 3

Our Relieving Principal, Mrs Morriss visited our Stage 3 classrooms last week. S3B and S3C have been learning interesting facts and gathering information about emu's to write a report on emu facts.

The classes stated some fun emu facts...

- The local Yuwaalaraay word for emu is Dinawan.

- The male emu incubates the eggs for about seven weeks without drinking, feeding, defecating, or leaving the nest.

- Emus can run at speeds up to 50km per hour.

- The emu is the largest living bird native to Australia.

- The emu is popularly but unofficially considered as a faunal emblem - the national bird of Australia. It appears as a shield bearer on the Coat of arms of Australia with the red kangaroo, and as a part of the Arms also appears on the Australian 50-cent coin.

- The emu has a prominent place in Australian Aboriginal mythology, including a creation myth of the Yuwaalaraay and other groups in New South Wales who say that the sun was made by throwing an emu's egg into the sky; the bird features in numerous aetiological stories told across a number of Aboriginal groups.



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Yuwaalaraay is the dialect for the Lightning Ridge area. The name of the language and Aboriginal people of the Balonne River Region.

#### Yuwaalaraay Word of the Week

In Week 10 we'll be celebrating NAIDOC Week. This years theme is "Heal Country".

Heal Country = Dhaymaarr Maayumala



## **Steve Bear Gala Day**









On Friday 28th May, boys and girls from Stage 2 and 3 travelled to Walgett to participate in the Steve 'Bear' Hall Gala Day. The Stage 2 team played four games on the day and the Stage 3 team played three games. All students gave 100% effort when playing and thoroughly enjoyed the experience. Scores were not kept for any games, as the focus was on participation and having fun.

A big thank you to Brad Benjamin for coaching both teams.

# **K - 6 Assembly**



On Monday 7th June, we held our Week 8 Assembly . A big congratulations to all the students who received awards.

S2O also did a presentation to everyone, showing how they personified the Variety Bash cars.

## Stage 5 Agriculture

This term in Stage 5 Ag we've incubated chicken eggs. The eggs were in the incubator for 3 weeks before they hatched. We had to "candle" the eggs which is the process of shining a torch under the eggs and looking at the chicken embryos.

When they hatched, we took the chicks over to the Kindy classrooms for the kids to meet and play with. They're 3 weeks old now and, are growing and changing every day.





# **Girls on Fire**

Miss Messner with Grace McBride, Annika Thompson, Mattie-Lee Seaton, Jazmyn Whitty and Lexi McBride attended a Girls Fire Emergency Service camp which was held in Brewarrina over four days (28th—31st May).

What a great opportunity for these girls to participate in and as you can see by the photos they all thoroughly enjoyed themselves.

The Girls on Fire introduces participants into the world of firefighting and emergency services, and empowers girls and young women by teaching them firefighting and emergency response skills. These skills are designed and promoted to increase their confidence and resilience, encourage problem-solving, teamwork and leadership. Girls on Fire also introduces the fire and emergency services as a career and volunteering.





# Swivel Chairs for **SALE**



We have 27 swivel chairs for SALE. First in best dressed. \$5 each. Contact front office on 6829 0511

#### LIGHTNING RIDGE CENTRAL SCHOOL





YEAR 3-6 PRIMARY- Wednesday 16th June YEAR 7-12 SECONDARY -Thursday 17th June YEAR K-2 INFANTS- Friday 18th June

Parents Welcome!

NARRAN LAKE NATURE RESERVE OPEN DAY 11-12 JUNE 2021

Science Theme

Science theme to include:

and more ......

Sample vegetation surveys

Bird surveys, Wetland ecology



Entrance 1km north of Narran Lake Road/Kurrajong Road junction.

Guided cultural walks , interpretation, stories

**EVENTS INCLUD** 

- and experiences Indigenous craft displays and demonstrations
- including toolmaking and weaving
  Displays and presentations
- School song and dance
- Bush tucker and barbeque
- Water and birdlife !
- For more information and to confirm your attendance for catering purposes please call the NPWS Narrabri Office Ph 02 6792 7300
- An event coordinated by NPWS and NLNR Joint Management Committee

Photo Peter Berney



Families are welcome to make all student payments including excursions, laptop lease fees and elective fees via EFTPOS at the school office now.

(P&C uniform shop remains cash only)

### Bringing up Great Kids Program

This is an evidence-based program that is a little more flexible in its delivery. It aims to support parents to review and change their patterns of interacting with their children which promotes more respectful interactions and encourages children's positive self-identity. The theoretical underpinnings of the 'messages' approach derive from a child-centered perspective, neurobiology of trauma and attachment, narrative and solution focused therapy and a strengths perspective.

When: Thursday 17th June

Time: 12pm - 2pm

Duration: Over 6 week period

Where: Walanbaa Dhurrali Aboriginal Child & Family Centre

Cost: FREE





Uniform Shop is open Mondays and Thursdays only.

8:30am - 9am

No EFTPOS available (Cash Only)

Order forms and pricelists are also available at the School's Office

Year groups	Summer Uniform	Winter Uniform
K-4	Black shorts     Black skorts (girls only)     Red polo shirt with school emblem	Black track pants     Red polo shirt with school emblem     Red sloppy-joe
5-9	Black shorts or black full length pants     Black skorts (girls only)     Red/Black/White polo shirt with school emblem	Black shorts or black full length pants     Black shorts (grins only)     Red/BlackWhite polo shirt with school emblem     Black jumper – 5 – 8     Black jacket     Canterbury jersey – yr9 only
10 - 12	<ul> <li>Black shorts or black full length pants</li> <li>White polo shirt with school emblem</li> </ul>	Black shorts or black full length pants     White polo shirt with school emblem     Black jacket     Canterbury jersey









# Monday's 7:30am

# Senior Cola

**Stages 3–6 Welcome** 





## LIGHTNING RIDGE NSW

## Last Saturday of the Month (Mar-Sept)

6pm -8pm

**Wooloroo Road** 





#### LRCS- CANTEEN MENU- TERM 2, 2021



#### Snacks - (Recess & Lunch)

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Crunch cups (cheese, carrot, celery, tomato & cucumber)	\$3.00
Yoplait yoghurt 175gm (vanilla)	\$2.50
Grain waves (sour crème)	\$1.20
Cheese sticks	\$1.00
Lite muffins 75gm (chocolate)	\$2.00
Koala popcorn (plain)	\$1.50
Fresh fruit (banana,apple,orange)	\$1.00- \$1.50
Fruit salad cups	\$1.50
Drinks	
Spring water 600ml	\$2.00
Spring Water 1.5ltr	\$3.00
Juice bombs (grape, blackcurrent, apple/ raspberry, watermelon, orange/ passio, lemonade)	\$2.20
Just Juice poppers 200ml (apple, orange, apple/ blackcurrent)	\$2.00
Classic 300ml milk (chocolate, strawberry)	\$2.90
Big M milk 250ml ctn (chocolate, strawberry)	\$2.00
Nippys reduced fat 375ml (chocolate, strawberry, iced coffee, honeycomb) (High School Only)	\$2.80
Plain ctn milk 300ml	\$2.20
Ice-creams - (Lunch on	nly)
Quelch 99% juice tubes (apple, tropical)	\$0.60
Frozen poppers just juice	\$2.00
Bulla dixie cup (vanilla)	\$1.20
Ka blueys (blue/red/lemon)	\$0.60
Frozen twisted yogurts (mango, blueberry, vanilla, watermalen, strawberry)	\$2 20

#### Sandwiches

	(Gluten free bread available)		
0	(Multigrain rolls extra \$1.00)		
0	Cheese	\$3.20	
0	Cheese salad	\$4.20	
0	Cheese & tomato	\$3.60	
0	Ham, cheese & tomato	\$4.00	
0	Ham or chicken salad	\$4.50	
0	Ham or chicken	\$3.50	
0- 0	Chicken chilli tender, lettuce & mayo	\$4.50	
	Ham & cheese	\$3.80	
0	Chicken, lettuce & mayo	\$4.00	
	Chicken, avocado & mayo	\$4.50	
0	Egg, lettuce & mayo	\$4.00	
	Tuna, lettuce & mayo	\$4.00	
0	Vegemite	\$2.80	

#### Wraps (Whole Grain)

	Salad wraps	\$6.00
	Chicken or ham salad	\$6.50
00	Chicken, lettuce & mayo	\$5.50
	Chilli tender, lettuce, tomato,	\$6.50
90	Tuna, lettuce & mayo	\$5.50
00	Tuna salad	\$6.50



#### Small Salad Bowls

Salad	\$5.00
Chicken or ham/egg or tuna	\$5.50

#### Optional Extras (for Salad Boxes)

Onion, avocado, pineapple - please indicate on order. Also available mayonnaise or french dressing.

#### CANTEEN CLOSES AT 9.00AM FOR ORDERS! NO EXEMPTIONS!

#### Hot Foods

	Mrs Mac lite sausage roll	\$3.50
	Travellers beef pie	\$3.80
8	Party pies village 60gm	\$1.20
6	Chicken & gravy roll	\$5.50
	Garlic bread (Good Tucker 75gm)	\$1.30
	UFO ½ roll Cheese & tomato sauce	\$2.00
	Chicken strips per bag (6)	\$3.00
6	McCains pizza (Ham/pineapple or ham/ cheese)	\$3.00
	Beefburger (lettuce, tomato, cheese & beetroot)	\$5.00
	Chicken burger (lettuce, tomato & mayo)	\$5.00
	Chicken strips (each)	\$0.60
	Beef or chicken noodles	\$2.00



#### Toasted Sandwiches (Via order)

(please order during summer months)

Cheese & ham	\$3.80
Ham, cheese & tomato	\$4.00
Cheese	\$3.20
Cheese & tomato	\$3.60
Chicken, avocado & cheese	\$4.50
Chicken & cheese	\$4.00
Chilli tender & cheese roll	\$5.50

#### **Miscellaneous**

Tomato or BBQ sauce	\$0.30
Bundle of lunch bags	\$2.50

PLEASE PUT RECESS AND LUNCH ORDERS ON SEPARATE BAGS, NAME & CLASS. THANK YOU

ALL PROFITS GO TO THE P&C FOR THE STUDENTS!

watermelon, strawberry)

\$2.20