

LIGHTNING RIDGE CENTRAL SCHOOL



Principal: Mr Richard Finter
Primary Deputy Principal: Ms Jane Taylor
Secondary Deputy Principal: Mrs Margaret Morriss

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Term 4, Week 2 2021

Principal's Report



Welcome back to Term 4!

It was great last week to see all students and staff back on site. You could see on everyone's face that they were happy to be back and in many ways we were all relieved. This emphasised the importance of our school as a place of learning and place where staff and students have all built positive relationships which they value greatly. The long absence from full-time schooling only emphasises the importance of our public schools.

The continuation of full-time schooling is dependant on us all keeping safe and to maximise the safety of staff and students we continue to offer sanitiser and wipes and to make every effort to ensure different age groups/stages do not mix. In addition, **it is mandatory for students in Years 7-12 as well as staff to wear masks both in, and outdoors.**

I would like to thank all Secondary students and their parents and carers for supporting the mandatory mask initiative. I understand that this can be challenging at times but once again the decision to make masks mandatory is scientifically based and therefore in all our interests.

We also ask that no more than two members of the public congregate in the front foyer and that people wear a mask and sanitise as they enter.

If your child displays COVID symptoms please keep them at home until such time as their symptoms have disappeared or they have received a negative test result.

In addition to these measures, all staff members and contractors who work on school sites will have to have had their two COVID-19 vaccinations by November 8th, 2021.

The NSW Department of Education has implemented COVID -safe School Operations Guidelines, and our school is currently on Level 3. The restrictions that this brings include the following;

- Mask wearing for Secondary students
- Reduced mingling of student cohorts where possible
- Singing, chants, choirs, school bands or performances are not permitted
- No assemblies or excursions
- No community use of school grounds
- No parents or carers on school grounds except by appointment or if they are attending the front office

These restrictions obviously impact on our daily operations and I suspect will be in place for some time. They impact on our ability to have our CAPA Performance Night and annual presentation events, as well as many other events. Rest assured we are currently looking at different and innovative ways to ensure school life is as normal as possible under the current restrictions.

2021 School Newsletter now available online via our Skoolbag App and website on www.lightningr-c.schools.nsw.edu.au

Important INFORMATION

Sip & Stitch

Wednesday's
From 4:30pm - 6pm

School Photos

Tues 2nd & Wed 3rd Nov

Pupil Free Days

Fri 5th & Mon 8th Nov

HSC Commences

Tuesday 9th Nov

Laptop Payments Due

Fri 19th Nov

CAPA Performance

Thurs 2nd Dec

Presentation Day

Thurs 9th Dec

Last Day of Term 4

Wed 15th Dec

Secondary Sydney Excursion

Mon 14th - Fri 18th Mar 2022

Kids Helpline

1800 551 800

Beyond Blue

1300 224 636

KEEP SAFE

Join us on
SkoolBag

 Like us on
Facebook

Continued

Delivery of Food to the School

I ask that, in the event that you need to deliver food to students, that all deliveries be delivered to the front office.

Staffing:

Ms Taylor remains on leave and Ms Fox will continue in the relieving Deputy Principal (Primary) position.

We welcome Ms Whale who is the Secondary substitute teacher.

We also welcome Mr Marc Russo who is the Primary substitute teacher and Miss Louise Stephen who replaces Mrs Loiterton as Learning and Support Teacher. Mrs Loiterton is currently relieving as Head teacher Secondary Studies at Goodooga Central School.

Until next time



Secondary Deputy Principal's Report

Students were welcomed back to school last Monday, it was wonderful to see all students in school uniform and ready for learning. It is essential that students are in class and engaged in their learning, especially after spending time learning at home. When students are in class they are provided with explicit teaching to support their learning. Some students have decided not to engage in these opportunities and disciplinary actions have been imposed on them. Please talk to your children about access every opportunity they can to improve their education.

Usually during Term 4 students in Years 7-10 will complete yearly examinations, due to the disruption from COVID the executive have decided that students will complete in class and take home assessments. The 2021 Year 12 students sit their HSC exams commencing from the 9th November we wish all our Year 12 students the best of luck in their future careers.

Due to COVID we have not had many opportunities to work with others, during rollcall this week Year 7 students participated in some team building activities. This involved students working in a team to complete a task.

These photos show the students working together to turn the towel over whilst standing on it. Some teams worked this out very quickly.



New Staff



I have teaching experience as a K-6 primary school teacher in Northern New South Wales. I have a passion and focus on the implantation of 21st century skills in the classroom which include Visual Literacy (Film), Coding, Robotics and Minecraft Education. My goal is to combine my range of experience to make a positive contribution to your school district and the larger community. I look forward to the opportunity to work with the students at Lightning Ridge Central School.

Mr Marc Russo



My name is Louise Stephen, and I am taking over the Primary Learning and Support Teacher role for the rest of this year. I grew up in Armidale and have taught in Moree, down the south coast at Batemans Bay and most recently in the Northern Territory. I am excited to be at LRCS and I look forward to working with students, families and staff.

Miss Louise Stephen



I have been teaching for 33 years with most of that time being spent in Sydney. My family moved to Walgett two years ago and we are really enjoying the change of pace. In Sydney I had a policy of no indoor plants unless they were plastic and I planted only two types of plants in the garden that I couldn't kill. However, now I have managed to plant and harvest a vege garden and at last count I have 30 indoor plants that are definitely alive and flourishing, who said you can't learn new skills.

Mrs Donna Whale

Positive Behaviour for Learning



Lightning Ridge Central School share a Positive Behaviour for Learning focus with our Students each fortnight. Students who show exceptional PBL values are rewarded throughout the year with excursions, special activities and treats.



This fortnight's PBL focus is

Show Respect



Show respect by using manners and speaking respectfully

This symbol represents an owl's eyes and beak because it is a locally significant animal that even non-Aboriginal folklore recognises as wise and deserving respect.

Primary Students should arrive at school by 8:55am

Secondary Students should arrive at school by 8:40am

LATE IS NOT GREAT



Library Report

Monday saw the start of our Book Week celebration. Up first was the Bake A Book competition. There were lots of amazing cakes, classes were invited to come and vote on their favourites.

Congratulations!

To all our WINNERS

- ES1** Winner "Macca the Alpaca" by Ellie Turnbull
- Runner Up "If I Owned a Jet Pack" by Hunter-Stuckings-Traynor-Chilcott
- Honourable Mention "Pokemon" by Ethan Ravell
- S1** Winner "Shaun the Sheep" by Alira Sands
- Runner Up "Pokemon Encyclopedia" by Jacob McGovern
- Honourable Mention "Little Miss Sunshine" by Ruby Bamford
- S2** Winner "Harry Potter" by Milli McCabe
- Runner Up "Don't call be Bear" by Kobi Carpenter
- Honourable Mention "Lorax" by Allegra Kalluski
- S3** Winner "Pig the Winner" by Kobi Thomas
- Runner Up "Harry Potter" by Amelia Ravell
- Honourable Mention "Dairy of a Wimpy Kid Cheese touch" by Lily Kalluski
- S4** Winner "Diary of Anne Frank" by Izabella Mallouk
- S5** Winner "The Lorax" by Charli Mc Cabe
- MC2P** Winner "Venom" by Bill Molyneux
- Runner Up "Rainbow" by Lucas Mahoney
- Honourable Mention "Eggman" by James-Lee Tucker



Book Week

WOW!!

Well done to all students and staff who did a fantastic job with their cakes this year. Awesome effort!

Thank you to all who shared their cake with their class and friends.



Book Week



Thank you to everyone who participated in our book week activities.

Trivia Winners

Early S1 – Charlotte Pavy
Stage 1 - Ruby Bamford
Stage 2 - Kobi Carpenter and Isabella Pavy
Stage 3 - Lexi Tye, Kobi Thomas and Amelia Reavell
Stage 4 - Brianna Kotru
Stage 5 - Jada Seaton
Stage 6 - Jazz Whitty
SMC - Lucas Mahoney
Staff - Mrs Stiller and Mrs Campbell-Nagy

Colouring in

Early S1 – Sophie Cross
Stage 1 - Hunter Brack
Stage 2 - Mary Boehm
Stage 3 - Rheana Kucsak
Stage 4 - Ayerah Sohail
SMC - James Lee Tucker
Staff – Charlotte Mallouk

Poster Competition

Early S1 - Tom Rowland
Stage 1 - Ruby Rowland
Stage 2 - Myja Farkas
Staff - Mrs Campbell– Nagy

Lucky Draw

Early S1 - Charlotte Pavy
Stage 1 - Lilah Dean
Stage 2 - Shalay Brack
Stage 3 - Amelia Reavell
MC– Cayden Mahoney



Bilingual Signage

Lightning Ridge Central School now has bilingual signage, in both Yuwaalaraay and English. At our reception door you are now met with a sign saying “Gulbiyaay”, which means “Welcome”.



Even Mr Finter has a new sign. “Dhiirral” means “Teacher”; “Dhiirralbidi” means “big Teacher”, or “Principal”.



Our SLSOs and teachers have a new sign for the “Dhaynbidi” Staff room.



Our Library staff, Ms Johnson and Miss Cross, are very happy with their “Yawalbaa” (Library) sign: you just can’t see their smiles!



Deb has a new sign for the Canteen. “Yuul” means “Food” (usually vegetable food), while the “-baa” ending means “Place of”, so “Yuulbaa” is the “Food place”. Mr Goodall has a delicious wrap and says, “Yuul gaba dhala!” “Eat healthy food!”



Poor old Pete was so crook after hanging up all the signs he had to go to “Baynbaa” “Sick Bay”!

School Returns

School started back on Tuesday 5th October for ALL STUDENTS!

We were eagerly awaiting the announcement from NSW Department of Health and the Department of Education to welcome back all of our students. Our School is to operate at level 3 covid safe operations which means we can now allow all staff and students to return providing we follow the Covid-19 requirements listed below

There will be no co-curricular music lessons until further notice

All staff and students Year 7 and above must wear a mask while on school grounds

Canteen will be operating daily (with limited stock)

Uniform shop orders will be processed via order form available at the school office.

Non-essential visitors are asked not to enter school grounds.

It's great to see so many students return to face to face learning! Our Principal Mr Finter visited every class from Kindergarten to Year 12 to personally welcome back all of our students and explain the rules outlining the mandatory requirements for every adult and Hihn School Student to wear masks while at School.



Yuwaalaraay is the dialect for the Lightning Ridge area. The name of the language and Aboriginal people of the Balonne River Region.

Yuwaalaraay **Word of the Week**

Gulbiyaay + welcome

**Welcome back all students to
school in Term 4.**



Stage 2

S2H are thrilled to be back in the classroom for Term 4 and have quickly settled back into learning. In literacy lessons we have been using adjectives, verbs and adverbs to write a procedure on how to wake a koala. Our novel study for this term is on 'The Iron Man' and students particularly enjoyed drawing robots in art to tie into these lessons. In Science, S2H have been investigating energy and the different sources and uses of heat energy, including how Indigenous Australians used underground ovens to cook food. We also got to cook popcorn as part of these lessons which was a huge hit amongst our class.



tree tree levy

NSW TEACHERS FEDERATION

This award is presented to
Lightning Ridge Central School
For the purchase and planting of native trees and large native shrubs
Congratulations from NSW Teachers Federation

Maxine Sharkey
General Secretary

Mercurius Goldstein
Officer Attached

Caring for teachers and students in public schools
and their environment

NSW Teachers Federation Tree Levy

Earlier in Term 3, Lightning Ridge Central School staff put together a proposal to NSW Teachers Federation to purchase new trees to rejuvenate our Native NAIDOC Garden.

The NSW Teachers Federation Tree Levy Committee members met in August to consider the submissions from school's across NSW and were impressed with LRCS' plans to enhance our school's natural environment.

The school has received a grant of \$550 for the purchase of native trees which met the criteria in the application. We're also 'keeping it local' by purchasing the trees from Linwood Trees, a small farm based, family owned native tree nursery located at Burren Junction.



LIGHTNING RIDGE CENTRAL SCHOOL

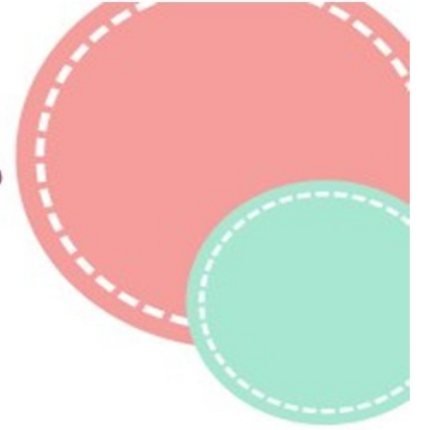


School Performance

SAVE THE DATE

Thursday 2nd December

School Gym



Calling all Community Members

Join us for

A Crafty Sip and Stitch

The Students at Lightning Ridge Central School are polishing off their dance moves for their annual school performance and we need your help to create their costumes and make the night a success!

You don't have to have any sewing/crafting ability, just come along on the night and enjoy an evening of fun!

Please RSVP for catering to
0439 593 559

*Children must be accompanied
by an adult*



Materials and equipment will be provided



Free refreshments and nibbles available

All Welcome

Lightning Ridge Central School

Kaolin Street, Lightning Ridge

Wednesday's 4:30pm - 6:00pm

Covid-19 guidelines will be adhered to and members will be asked to check-in upon arrival

If you need further support

Coronavirus Mental Wellbeing Support Service (Beyond Blue)

1800 512 348

However the pandemic is affecting your mental wellbeing, you can talk it through with a counsellor who will provide advice and support based on your needs. 24/7

Kids Help Line

1800 55 1800

Provides free online support and counselling for children and young people aged 5-18 across Australia

Lifeline

13 11 14

Provides suicide and crisis support if you are experiencing emotional distress 24/7

Suicide Call Back Service

1300 364 277

Translating and Interpreting Service

131 450

If you require an Interpreter, please contact the Translating and Interpreting Service TIS.

Domestic Violence Line

1800 737 732

Keeping safe is a priority. If you or someone in your home is experiencing domestic violence, please contact the Domestic Violence line for support.

Parent Line

1300 1300 52

Parent Line is a free telephone counselling and support service for parents and carers with children aged 0 to 18 who live in NSW. 9am to 9pm Weekdays, 4pm to 9pm Weekends



Wellbeing Apps

Smiling Mind

Meditation app, with programs available ages 7+. Available in some Aboriginal languages.

Insight Timer Meditation App

This app has over 25000 free guided meditations and guidance. Ages 12+

FitOn

Free workout app with a variety of fitness options. Yoga, Cardio, Strength, Barre, Pilates and more. Videos range from 10 minutes to full workouts.

Niggle

An app for kids to work on their wellbeing. It includes games and puzzles and videos. Produced by Kids Helpline.

Web resources

Sydney Children's Hospital Network. This website has a variety of reliable COVID-19 resources for yourself, your children and your family including links to mental health resources.

<https://www.schn.health.nsw.gov.au/covid-19-information>

Reach Out

Helps under 25's with tough questions and through difficult times. They also have a page for parents.

WayAhead

Mental health support and information.

<https://wayahead.org.au/>

SANE Australia

Counselling support, Peer support, live blogs moderated by health professionals. Visit www.sane.org

Head to Health

Links a variety resources <https://www.headtohealth.gov.au/>

Brave Program

Program for children and young people with anxiety. Can also be completed by parents and carers.

<http://brave4you.psy.uq.edu.au/>

If you need more support, you can contact your GP to talk about receiving a mental health care plan with a psychologist or support from a Psychiatrist.



Returning to School after Lockdown and Isolation

You and your child might be worried about heading back to school. Below is some information and strategies for you and your family to use to get ready for a return to school.



Talking to your child is one of the best ways to work through fears and anxieties. Use language they can understand to discuss returning to school. This is an excerpt and image above from [DHHS Victoria](#).

Early Primary School

- Balance plans to return to school with reassurances that their schools and homes are safe
- Remind them that adults are there to keep them healthy and to take care of them
- Discuss handwashing as a step in staying healthy at school and home
- Use language such as 'adults are working hard to keep you safe'



Plan Ahead: Check uniforms, equipment, bags and other resources.



Name the possible support people at school, home or care.

Upper Primary School

- They may be more vocal in asking questions about whether they truly are safe and what will happen if COVID-19 comes to their school or community
- They may need assistance separating reality from rumour and fantasy
- Discuss efforts of school and community leaders to prevent germs from spreading



Talk to your child about going back to school and that things may look different.



If you are concerned that your child is not coping, seek further help. See details on the next page.

High School

- They may be able to discuss COVID-19 in a more in-depth fashion and can be referred directly to appropriate sources of information
- Provide honest, accurate information about the current status of their schooling. Having such knowledge can help them feel a sense of control
- Plan together what the return to school will look like



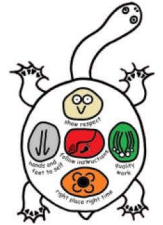
Eat well, sleep well and be active.



Take care of yourself and acknowledge the difficulties you have been through.



Lightning Ridge Central School



Respect · Responsibility · Pride

5 October 2021

Presentation Day 2021

Dear Community Member,

The Lightning Ridge Central School Presentation Day will be held on Thursday 9th December 2021 at 9:30 am in the school gymnasium.

We would like you to consider making a donation towards our Students book prize at Presentation Day. We have over 325 students enrolled at our School and have a special award for two Students in each class who have excelled throughout the year. The Students selected will receive a special book prize to the approximate value of \$30.00. Every Student in Kindergarten will each receive a book to commemorate their first year at school.

With your generous support we would like to continue these prestigious awards and once again kindly ask for your donation.

In return for your generous donation, we invite you to join us for Presentation Day depending on COVID restrictions. You will be supplied with a tax invoice, be publicly thanked, have your name published on the Presentation Day Program and receive a certificate of appreciation to display in your home or business.

To promptly organise the awards in time for Presentation Day, it would be helpful if your donation could be made by 5th November 2021. Donations can be mailed to the School (address listed below), made by cash, cheque or Eftpos at the School's Office or online at www.lightningr-c.schools.nsw.edu.au. Click on "Make a Payment" and follow the prompts. All donations can be made either anonymously or with full public thanks.

Yours faithfully,

Richard Finter
Principal



Please find enclosed cheque/cash for \$_____ being a donation towards the 2021 Lightning Ridge Presentation Day Awards.

I do not mind being publicly thanked for our donation

I wish my donation to be made anonymously

Signed: _____

Name: _____

Organisation: _____

Postal Address: _____



Lightning Ridge Central School is hiring!

Expressions of interest are invited from those interested in a career opportunity in the position of School Learning Support Officer (SLSO) working across both Primary and Secondary, from the 18th October to 15th December, 2021.

This temporary position is for 5 days per week, 8:30am - 3:00pm.

Statement of duties

- Excellent interpersonal and communication skills.
- Knowledge and experience in working with students with a variety of disabilities and identified needs.
- Demonstrated ability to assist teachers in implementing the curriculum to meet the needs of all students.
- Outstanding team work skills and willingness to contribute to whole school activities.
- Willingness to undertake further training to meet the changing needs of students.

Applicants will be required to complete mandatory training: code of conduct, child protection and corruption prevention.

Applications

In no more than One A4 page demonstrate to the panel how your experience and skills enable you to fulfil these duties, you may include a one-page CV detailing previous experience and training, please include 2 referees contact details. Include your WWCC number or willingness to register for a WWCC clearance.

Applications need to be submitted to Adrienne Fox - Relieving Deputy Principal at adrienne.sue@det.nsw.edu.au by 3pm Friday 15th October 2021.

Applicants may be required to attend an interview.

SYDNEY CAMP

14TH MARCH - 18TH MARCH 2022

STUDENTS IN YEAR 9, 10 AND 11 DURING 2021
ARE INVITED.

PLEASE SEE THE FRONT OFFICE FOR A
PAYMENT PLAN AND NOTE FOR YOUR
STUDENT.



**If you need to get a message to
your child please contact the
school office by 2:30pm.**

WARNING



No Aerosol Spray

ALERT: ASTHMA AND AEROSOLS

Some members of the Lightning Ridge Central School Community suffer severe allergies to aerosol sprays or perfumes that can act as a trigger to an (often) serious asthma attack, or bring on a medical complication in a sensitive individual.

The allergy can be sufficiently serious to put staff or students into anaphylactic shock if an aerosol can has been used anywhere in their vicinity. This can be a life threatening situation, resulting in the staff member or student being transported to hospital in an ambulance.

- Roll-on and stick deodorants are permitted at school.
- Aerosols are banned from school premises, excursions, sporting events and all events where students are in confined spaces.
- Students are encouraged to follow correct hygiene procedures by applying deodorant at home after showering: a good deodorant will last all day if applied to clean skin before dressing.

Let's Help to Create an Asthma Friendly school. This means that everyone needs to be aware of their own:

- Right to a safe learning environment.
- Responsibility for the health and safety of others in their shared spaces.

Remember: No student is to use or bring aerosol deodorants or sprays to school.

Teachers have been asked to confiscate any aerosol products found at school and bring them to the Deputy Principal. Parents will be informed that the products have been collected from their son or daughter and that they can call into the school and collect the product.

Thank you for considering the health and safety of others.

How To Wear Your Mask Correctly



DO

Wear your mask above your nose and below your chin.



DO NOT

Wear your mask below your nose.

Lightning Ridge Central School

For those who like Scripture, you may like to come along to...

ROCK
garden

What: a kids' program for preschool to year 6

Where: Lightning Ridge Community Church, 13 Morilla St

When: 9-10:30am Sundays, starting October 17

Why: to learn about Jesus (the 'Rock' we can trust) and to grow as his friends



This term we are looking at the book of Judges in the Bible, to learn about the unlikely heroes God sent to save His people, and how they point us to the Super Saviour - Jesus!

For more information contact Heather at hmrobinson143@gmail.com

Please note that while current Covid regulations are in place with regard to double vaccinations, any children who attend ROCK garden require a fully vaccinated adult from their household to attend church with them. We look forward to the time when we are able to unconditionally welcome everyone!

When is sick too sick for school

Gastroenteritis

Symptoms

Diarrhoea, vomiting, fever, stomach cramps and headaches.

Home or school?

Keep home from school for 24 hours until diarrhoea/vomiting stops.



Knowing whether a child is well enough to go to school can be tough for any parent.

Never send a child to school who has a fever, is vomiting or nauseated, or has diarrhoea.



Influenza

Symptoms

Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.

Home or school?

Keep home from school until well.

Joss
Facility Management

CLEANERS WANTED

Applicants need to be available to work Monday to Friday between the hours 5:00am-7:00pm.

- Split shifts: 5:00am-9:00am and 2:00pm-7:00pm
- Day shift available from 11:00am-3:00pm

careers@jossgroup.com.au
www.jossgroup.com.au

SpeakUP

Building skills and confidence for participation at school

We have listened

Bringing you an exciting free online program co-designed with young people.

Students

- Do you feel like you are missing out on doing things at school?
- Would you like to feel more confident making decisions about what you would like to join in with at school?
- Have you thought of ideas you would like to try?

Parents/Ally

This program can assist you to build your confidence when supporting your student with their advocacy skills for inclusion and participation in mainstream school activities.

What do we offer?

- A unique and time limited online program available to students 7-14 years with a disability enrolled in any mainstream schools across NSW.
- Open to young people with or without an NDIS plan.
- Our skilled facilitators are experienced in working with young people and families to deliver this program online.
- Each student will have individualised sessions working towards their identified goal.
- Access to a range of resources through an online resource bank.
- This program will offer parent training sessions to develop and support their student's advocacy skills.

For more information or to refer please contact:
Email: speakup@lifestart.org.au
Phone: 1800 317 030
If interested [click here](#).

SkoolBag

Don't forget to download our school's SkoolBag app to ensure that you are kept in the loop on:

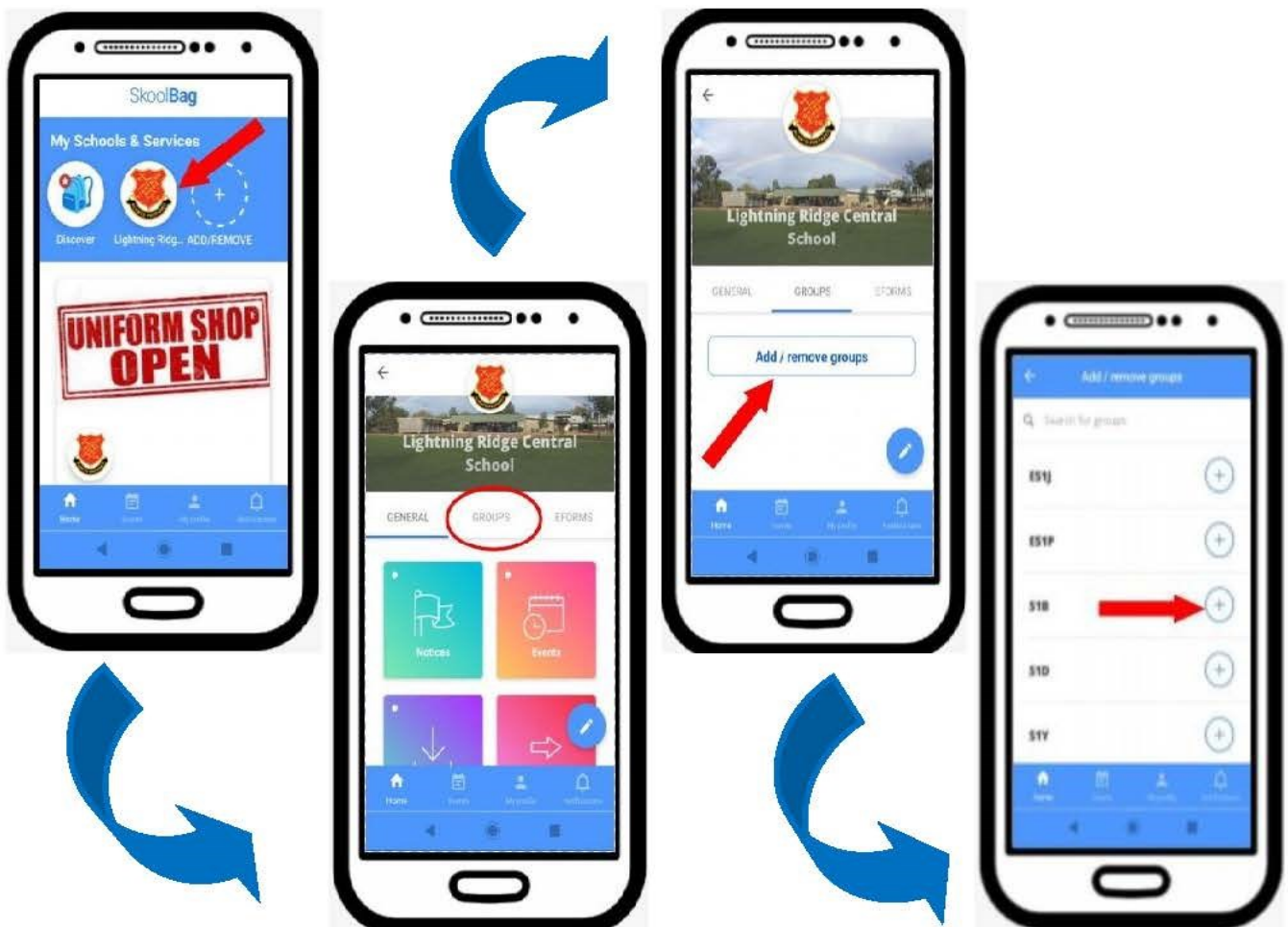
- * School newsletters
- * Notices
- * Events
- * Cancellations
- * Reminders
- * ...and more!

**INSTALLATION
INSTRUCTIONS**

Just download the "SkoolBag" app on your phone, open the app and add our school!

Subscribe to Groups

Select Class/ Year Group to appear in your feed



LRCS - CANTEEN MENU - TERM 3, 2021

Snacks - (Recess & Lunch)

Crunch cups (cheese, carrot, celery & cucumber) w/ Aioli sauce	\$3.00
Yoplait yoghurt 175gm (vanilla)	\$2.50
Grain waves (sour crème)	\$1.20
Cheese sticks	\$1.00
Lite muffins 75gm (chocolate)	\$2.00
Koala popcorn (plain, sweet & salty or butterscotch)	\$1.50
Fresh fruit (banana, apple, orange)	\$1.00- \$1.50
Fruit salad cups	\$1.50
Jelly & custard	\$2.00
Red rock deli chips (honey soy or sea salt)	\$1.20
Smokehouse bbq chips	\$1.50

Drinks

Spring water 600ml	\$2.00
Spring Water 1.5ltr	\$3.00
250ml Juice bombs (grape, blackcurrent, apple/ raspberry, watermelon, orange/ passionfruit, lemonade)	\$2.20
500ml Juice bombs (grape, raspberry, watermelon).	\$4.20
Just Juice poppers 200ml (apple, orange, apple/ blackcurrent)	\$2.00
Classic 300ml milk (chocolate, strawberry)	\$2.90
Big M milk 250ml ctn (chocolate, strawberry)	\$2.00
Nippys reduced fat 375ml (chocolate, honeycomb) (iced coffee-high school only)	\$2.80
Plain ctn milk 300ml	\$2.20
500ml ctn milk (chocolate, strawberry) (iced coffee-high school only)	\$4.20

Sandwiches

(Gluten free bread available)

Cheese	\$3.20
Cheese salad	\$4.20
Cheese & tomato	\$3.60
Ham, cheese & tomato	\$4.00
Ham or chicken salad	\$4.50
Ham or chicken	\$3.50
Chicken chilli tender, lettuce & mayo	\$4.50
Ham & cheese	\$3.80
Chicken, lettuce & mayo	\$4.00
Egg, lettuce & mayo	\$4.00
Tuna, lettuce & mayo	\$4.00
Vegemite	\$2.80

Wraps (Whole Grain)

Salad wraps	\$6.00
Chicken or ham salad	\$6.50
Chicken, lettuce & mayo	\$5.50
Chilli tender, lettuce & mayo	\$6.50
Tuna, lettuce & mayo	\$5.50
Tuna salad	\$6.50

Small Salad Bowls

Salad	\$5.00
Chicken or ham/egg or tuna	\$5.50
Mini salad (chicken / mayo / eggs+mayo)	\$3.50

Optional Extras (for Salad Boxes)

Onion, pineapple - please indicate on order. Also available mayonnaise, Aioli sauce or French/Italian dressing.

Ice-creams - (Lunch only)

Quelch 99% juice tubes (apple, tropical)	\$0.60
Ice-blocks (berry buzz, mango delish, pink lemon).	\$1.20
Ice-cream cups	\$1.20
w/ mini milo packets	\$0.30
Ka blueys (blue/red/lemon)	\$0.60
Frozen twisted yogurts (mango, blueberry, vanilla,	\$2.20

Hot Foods

Village sausage roll	\$3.50
Travellers beef pie	\$3.80
Party pies village 60gm	\$1.20
Sweet chilli chicken tenders	\$1.50
Chicken & gravy roll	\$5.50
Garlic bread (Good Tucker 75gm)	\$1.30
UFO ½ roll	\$2.00
Cheese & tomato sauce	\$3.00
Chicken strips per bag (6)	\$3.00
McCains pizza (Ham/pineapple or ham/ cheese)	\$3.00
Beefburger (lettuce, tomato, cheese & beetroot)	\$5.00
Chicken burger (lettuce, tomato & mayo)	\$5.00
Chicken strips (each)	\$0.60
Beef or chicken noodles	\$2.00
Hot Dogs (w/ sauce: tomato, bbq, mustard)	\$4.00
w/ cheese	\$0.50

Toasted Sandwiches (Via order)

(please order during summer months)

Cheese & ham	\$3.80
Ham, cheese & tomato	\$4.00
Cheese	\$3.20
Cheese & tomato	\$3.60
Chicken & cheese	\$4.00
Chilli tender & cheese roll	\$5.50



Miscellaneous

Tomato or BBQ sauce	\$0.30
Bundle of lunch bags	\$2.50

PLEASE PUT RECESS AND LUNCH ORDERS ON SEPARATE BAGS, NAME & CLASS. THANK YOU

CANTEEN CLOSSES AT 9.00AM FOR ORDERS! NO EXEMPTIONS!