

LIGHTNING RIDGE CENTRAL SCHOOL



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Term 2 Week 5 2020



Principal's Report

Welcome back to all, to what we hope will be normal school routines for the rest of the year.

Included in this newsletter is "A guide to NSW School students returning to face-to-face learning" for parents and carers. There is a wealth of information on our various media platforms where I have placed a message which summarises some of the key points from the above document, as well as another document that will answer any questions you have.

Currently our number one priority is to establish normal school routines and to revise and consolidate prior student learning.

Some students may find the return to school challenging, but parents and carers can assist by ensuring students develop routine, support of teaching and learning including wearing school uniform, being punctual to school and by bringing all their equipment

As per Department of Education Guidelines, we politely ask that you do not enter the school site unless attending the office or uniform shop.

This pandemic has thrown "curve balls" at all of us, and I would like to thank the wider community for the way in which they have supported our school.

I would also like to thank my staff, both teaching and non-teaching, who have worked tirelessly to try and ensure continuity of learning for all students. Staff have been forced to collaborate in new ways with students and with each other, and while it has been challenging, it has also been rewarding and as a group we have learned a lot and developed professionally.

Having said that, we are excited to welcome students back to full-time face-to-face learning. Teaching is a relationship business and it is far easier and more satisfying to work with students face-to-face.

Should you have any concerns about your child's transition back to full-time school, please feel free to contact your child's teacher, or Year Adviser as first port-of-call.

Important Information

National Sorry Day

Tues 26th May

Reconciliation Week

27th May– 3rd June

Mid Term Break

Fri 29th May &
Mon 1st June

Laptop Payments Due

Friday 12th June

Library Book Sale

Mon 25th May– Fri 12th June

Moorambilla Registrations

Due 31st May

Uniform Shop

Monday and Thursday
8:30 am to 9:00am

Students to bring their own
drink bottle

Join us on

SkoolBag

 Like us on
Facebook

2020 School Newsletter now available online via our Skoolbag App and website on www.lightningr-c.schools.nsw.edu.au and SkoolBag

A guide to NSW school students returning to face-to-face learning

This guide is for parents and carers

Information has been updated as at 19 May 2020, until further notice.

Schools are safe and open for full time face-to-face learning

All schools are returning to full on-campus learning from Monday 25 May. All school activities and operations will be in line with Australian Health Protection Principal Committee (AHPPC) and NSW Health guidelines as applicable.

School students do not need to follow physical distancing guidelines, but should follow good hygiene practices like:

- Regularly washing hands
- Avoiding sharing drinks or food
- Coughing or sneezing into your elbow, or a tissue which should be discarded immediately.

School attendance

All students should be at school unless:

- They have a medical certificate which states that they are unable to return to school due to an ongoing medical condition
- They are currently unwell.

Students who have a medical certificate to stay at home will be supported to learn from home in line with regular procedures if they are able to. These regular procedures are different to what was offered during the learning from home period. If you require work to be provided to your child whilst they are at home due to an underlying health condition, you should contact the school for assistance.

Please note, students who live with a family member in one of the categories identified as being at increased risk by the AHPPC, should attend school unless a medical practitioner advises otherwise in writing.

If your child is unwell, do not send them to school. If they are unwell at school you or your nominated emergency contact will need to collect them immediately. Please make sure your contact details are up to date.

If a student is absent without a medical reason for more than three days, this will be recorded as an unauthorised absence and followed up by the school.

If you need any support to get your child back to school, please contact your school.

Reporting and assessment

Your child has been assessed during the learning from home period and will receive additional assessment on their return to school.

You will receive your child's semester 1 report before the end of August (week 6, Term 3).

This may be a simplified version of the report you normally receive. Schools are encouraged to discuss your child's progress with you before the written report is issued.

School activities

Teachers will continue to follow the same school curriculum with the exception of some activities that can't go ahead for now.

What children can do:

- Use the school library
- Engage in non-contact sporting activities
- Year 11 and 12 students may attend classes/activities relating to subjects available on other campuses
- VET work placement for Year 12 students is able to proceed from 1 June 2020. Year 10 and 11 work-placement is able to proceed from Term 3 2020.
- School based apprenticeships and traineeships can recommence once the relevant workplaces are back in operation
- Trade Training Centres can operate on school sites.

What students can't do:

- School assemblies (unless for critical information)
- School incursions and excursions including camps
- Work experience
- Inter-school activities (debating, inter-school sport)
- In-school activities requiring parent or other volunteers
- Use hydrotherapy pools
- Drink from a water bubbler – bring a water bottle instead
- Students cannot attend TAFE for study but may continue to learn online.

School cleaning and hygiene supplies

Your school will receive additional cleaning in line with the AHPPC guidelines and advice from NSW Health. Targeted areas include high-touch areas and other hard surfaces, door handles, lockers, light switches and handrails in stairways and movement areas. There will also be additional cleaning of toilets and bubblers and topping up of supplies like soap.

Your school has received supplies of soap, hand sanitiser, toilet paper, paper towels, disinfectant wipes and personal protective equipment. The school is able to order more as needed.

School grounds

There should be no visitors to school sites unless they are essential. Your school can provide guidance as to who is considered essential.

Your school will provide advice on drop off and pick up procedures.

Wherever possible, P&C and parent/carer/teacher meetings should be conducted virtually.

Canteens and uniform shops can open at the discretion of the principal.

Out of school hours care can continue to operate.

Community use of school facilities will recommence only for uses that are necessary for continuation of education and with principal's approval.

Responding to COVID-19 cases

There is a clear plan in place for schools to respond to any suspected or confirmed cases of COVID-19 in our schools. We are working closely with NSW Health and will communicate with parents if a situation was to arise



Library Report



Thank you to the families that have been using the reservation feature and to the students that have been bringing their home borrowing back on the days they are at school. While I haven't been able to have Primary students in the library for our normal lessons, I have been very happy to help them keep reading by getting requests out and changing books for them. Don't forget we also have a range of e-books and audio -books available through Oliver. If you have any questions please contact me and I will be happy to answer them.

I know many people have been using this time to have a massive clean up of cupboards, and the library has been no exception. Further cleaning up of shelves and spaces around the library has meant a few more changes in the layout of the library. If in this time you stumble across any overdue library books please drop them off to school before the cupboard monsters eat them again. If you would like to know if your child has any over due books please feel free to contact me and I will check up on that for you. Through our clean up we have managed to find a few books that were overdue that must have snuck past the circulation desk and onto the shelves.

A reminder that the reading challenge is happening again this term and that a digital copy of the challenge sheet is available on the library classroom. The code for it is 74qr7ok.

Turtle Draw Winners:

Week 2

Kindergarten: Lucas Kent ES1P
Stage 1: Sophie Lees S1D
Stage 2: John Brown MCB
Stage 3: Brendan Mahoney MCB

Week 3

Kindergarten: Aiyannah Fusitua ES1P
Stage 1: Tyler Mahoney S1B
Stage 2: Callum Lees S2F
Stage 3: Imigen Hayes S3C

Miss Cross' top picks

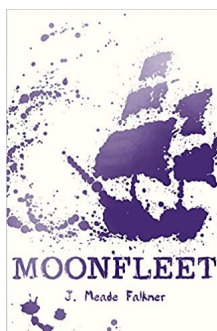
Junior Fiction



Fiction



Senior Fiction



Non-Fiction



If you need to get a message to your child please contact the school office by 2:30pm.

Thankyou

Secondary Studies

Welcome back everyone, at last we have returned to school for students and staff. Staff have worked long hours to produce up to 40 different google classrooms and paper work packs for our secondary students. Staff had been rostered to come to school to supervise those students attending to assist them with their online learning.

Teachers and students have moved from this setting



To classrooms filled with students learning face to face



Positive Behaviour for Learning

Lightning Ridge Central School share a Positive Behaviour for Learning focus with our Students each fortnight. Students who show exceptional PBL values are rewarded throughout the year with excursions, special activities and treats.



This fortnight's PBL Focus is
Follow Instructions



This symbol represents a journey, with an adult footprint on one side and small dots for children's footprints on the other. Children are following the adult, not being herded or chased - this is a significant point. They are following, but are still on their own side of the track, showing that balance between self-direction and social support.

Primary Students should arrive at school by 8:55am
Secondary Students should arrive at school by 8:40am

LATE IS NOT GREAT

English / HSIE

In Term One, Year 9 experimented with the creative non-fiction form of writing as part of the Non-fiction Unit. Students researched a person from history who was recognised for some kind of adventurous accomplishment, and who had overcome an obstacle or challenge. In National Reconciliation Week, I hope you enjoy Jada's recreation of the story of Bungaree.



Bungaree by Jada Seaton

(Some text might cause distress for Aboriginal and Torres Strait Islander people)

My name is Bungaree, I am an Aboriginal man. This language is not my native tongue and never will be but I must do and say whatever to thrive in the new world. The 'water people' are what I call them because they came from the ocean. I watched as they trod on our land, the Kuringgai people's land, and the ground shook as their boats washed up on our sacred shores.

Word travelled fast that new beings had arrived. Ten years later...

These are times of ruckus and sorrow, when fires appear all around, warning us of impending dangers. The water people, who we now call 'the British,' have taken over our land; all the fighting for nothing. They came with explosive sticks ten times more destructive than any weapon we could forge. I lie awake at night wondering when they will come to take my tribe, and me, like they did in the south. They will take our children, wives and warriors. All we can do is wait and hope for the best.

The salty water tingles on my upper lip. This morning, me and a few of my fellow friends went down to the beach to hunt for turtles, fish and kangaroos but we must remember we can only take from the land what we need.

My mother and the other women have gone off to pick berries and medicinal leaves. I have yet to be wed but I feel that time is not long ahead. My mind trails off as I look out to the sea. I wonder what is out there over the yellow ball of heat that pierces our skin throughout the day like the sharp end of a spear.

One year later...

The path was long. I bore my brother's son on my back as he and his wife carried two children of theirs each, Father and Mother not far behind. Even though Father had many wives, his loyalty and dedication to them all outweighed the love for his land so he knew we must go to the colony to keep them safe.

My people won't last long. Fear will overcome them. I knew the only way we could make peace was if we joined their so-called colony, breeding out our race. Truth be told, I have no idea what will happen when we arrive but what I do know is that it will shape the history of my people.

The land has changed since the last time I was here. I cannot hear birds or see animals, and sacred trees have been chopped down to build big huts the size of gum trees. I want no part of this eyesore. I must hope that this does not escalate and that we can fight off these people who try to force their spiritual beliefs upon us. Their reasons are beyond us.

Two years later...

I have been offered a job on a boat that heads from Hervey Bay to Bribie Island. It was offered by my dear friend, Captain Flinders, whose likeability and respect increases throughout the time I spend with him as does his knowledge of our people and spiritual beliefs.

To do what must be done, you must take the habit of other people's ways, in my case, as a mediator between both British and native so that we just might live in peace. The day grew cold as our ship pulled into the bay and the men left with a new found respect for me. On this trip

Captain Flinders told me that I was the first Aboriginal man to have circumnavigated the continent. He told me the men's respect is well earned and then he left. I, however, don't believe I deserve this respect or any recognition these people bestow upon me.



One year later...

My life has not changed much. I do what these men please. Not long ago, a week or so, I had the pleasure of escorting six Aboriginal men returning to the Hunter River from Sydney. As I travelled with them, life seemed to come to a stop. I lived the old ways, the good days, but I soon came to realise all good things must come to an end.

Continued

A man named Lieutenant Menzles has asked me to help him chase and capture escaped convicts once I return. I'm getting used to this life but I miss my family and my first wife, Matora, who some people call 'small snapper.' I only wed her this year and she has promised me a child soon enough. I know I must go back to them but there are still so many things I have to do.

Menzles leads me through the men who stand there. Their eyes pierce through my soul, tearing away every inch of fear I had ever had. I am no king but today I will lead my generation - and the generations to come - into a war we may lose.

My dark skin offends those around me. The convicts spit at me and call me 'boong' and 'abo,' but I don't let these words affect me because I know that this is not my name. Their English terms don't mean anything to me or the native people of this country.

October 1804

The news cannot be any more dispiriting. The convicts I once retrieved have killed my father and wails fill the night as my mother and other wives weep for his death. All I can ask now is for my tribe to accept me as their leader.

My achievements have led me to a placid life and to a peaceful death on this day. I will forever be known as one of the most respected Aboriginal men of the 1800s.



MID-TERM BREAK

Friday 29th May

&

Monday 1st June

School Scripture Update (Term 2 2020)

It is exciting to have students returning to school after the lo-o-o-ng break due to COVID-19. We thank God for all the hard work our teachers (and parents) have been putting in over this time to keep our kids on track with their learning.

While it may still be some time before SRE (school scripture) resumes face-face classes, our official SRE have been producing some fantastic weekly lessons for parents and students to use at home. The material can be accessed for free isom the following links:

Primary students: <https://cepconnect.com.au/learningathome/>

Secondary students: <https://thinkfaith.com.au>

God bless

Kurt Langmead
Minister & SRE Teacher
Lightning Ridge Community Church



VALE Jo Mihalic (Nanna Jo)



On a sad note the Lightning Ridge Central School community recently lost a good friend with the sudden passing of Jo Mihalic.

Jo was a loyal and loving servant to this school and its students. Jo served as a scripture teacher, reading volunteer and was a loyal carer to a number of our students.

When Jo volunteered in our school she brought to bare the many years of experience she had as a respected and well-read teacher. On Jo's passing one of our staff members noted "When Jo worked here she saw the whole student."

She was highly respected by our staff, and as scripture teacher she delivered creative and engaging lessons.

Jo was not only well known to our students for her volunteer work, but also through her work in the community. She was everpresent.

On behalf of the Lightning Ridge Central School Community I would like to offer my condolences to Jo's family and her many friends. Her presence will be missed.



Thank you cleaners

To ensure the safety of staff and students, the Department of Education has provided more resources for enhanced cleaning. This involves normal cleaning routines as well as extra resources to ensure all surfaces are sanitized regularly.

We would like to take this opportunity to thank Kathy Dacey, Chris Shields, Paul Smith and Daniel Rose for their fine work.



National Sorry Day and Reconciliation Week



National Sorry Day, held annually on 26 May, reminds us of the day on which the Bringing Them Home report was tabled in parliament. The report was a landmark in recognising the long-term and ongoing effects of the separation of Aboriginal children from their families: the "stolen generation".

Reconciliation Day is held annually on 27 May, and is the beginning of a week of reconciliation activities. 27 May 1967 is the date on which Australia held a national referendum to change a number of state, territory and federal policies. Over 90% of Australians voted "Yes" to include Aboriginal and Torres Strait Islander peoples in the Census, and to allow the federal government (rather than the states and territories) to create laws that affected Aboriginal people.

The theme of this year's Reconciliation Week is "In this together": quite a coincidence in the year of Covid-19.

Teachers have been acknowledging these important events in their classrooms, including

Greeting students in Yuwaalaraay

This isn't as hard as it seems. Many of us are familiar with the word *yaama* (pronounced YAAMA), which is kind of like "hello". To this you can add *maliyaa* (pro. MALLY-aah) which means "friend" or "mate".

The word *gulibiyaay* (pro. GULBY-eye - means "welcome".

The word *yaluu* (pro. YA-loo) means "again" but also means "see you again / see you later".

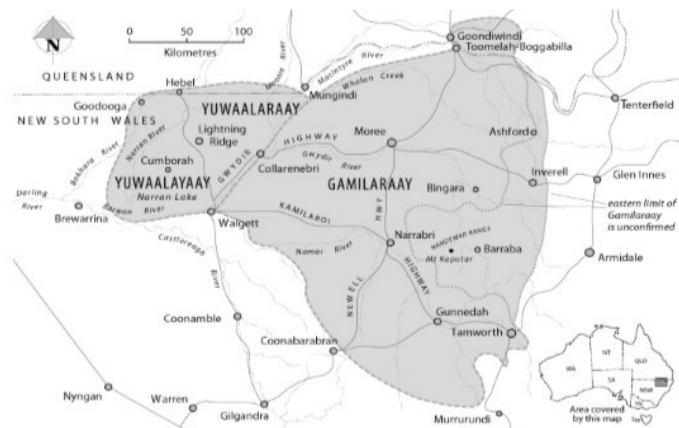


Yuwaalaraay is the dialect of the Lightning Ridge area. The name of the language and Aboriginal people of the Balonne River Region.

Yuwaalaraay Word of the Week

Baliyaa = cold

As we move into winter the weather becomes baliyaa 'cold'



Laptop Payments Now Due

Laptop Lease payments are due **Friday 12th June, 2020.**

Laptop payments are due week 7 of every term. Any laptops with outstanding payments after this date will be collected and stored at the School until payment is made.

Payments can be made online via Skoolbag or Lightning Ridge Central School's web site by clicking "make a payment" and following the prompts by using your credit/debit card.

Alternatively, you can pay cash or cheque at the School Office.





SECOND HAND

Book

FAIR

Monday 25th May-
Friday 12th June

OPEN RECESS & LUNCH
IN THE LIBRARY

MONEY RAISED WILL GO TOWARDS
PURCHASING NEW BOOKS AND EQUIPMENT
FOR THE LIBRARY





WALGETT ABORIGINAL MEDICAL SERVICE LIMITED

ACN 605 822 339 ABN 78 014 990 451
37 Pitt St (P.O Box 396) **WALGETT NSW 2832**
Phone: (02) 6820 3777 Fax: (02) 68281201
Web: www.walgettams.com.au

WE ARE RE-OPENING THE DENTAL CLINIC ON 1 JUNE 2020

WAMS wish to announce that general dental services will be provided according to COVID-19 Guidelines from Federal and NSW Governments and the Australian Dental Association.

WAMS follow the Governmental and Australian Dental Association COVID-19 Guidelines for Dental clinic cleaning and sterilisation procedures.

WAMS Staff wear Personal Protective Equipment as per the Guidelines at all times.

All patients will be checked immediately before a dental appointment for

- Temperature
- Cough or cold type symptoms.

If you have any symptoms or other COVID-19 risk you will be checked by a WAMS Doctor.
Dental treatment could be postponed til symptoms are clear.

**PLEASE CALL 6820 3736 TO MAKE AN APPOINTMENT, OR FOR ANY ENQUIRIES
THANK YOU**

SkoolBag 

Don't forget to download our school's SkoolBag app to ensure that you are kept in the loop on:

- * School newsletters
- * Notices
- * Events
- * Cancellations
- * Reminders
- * ...and more!

**INSTALLATION
INSTRUCTIONS**

Just download the "SkoolBag" app on your phone, open the app and add our school!

When is sick too sick for school

Gastroenteritis

Symptoms

Diarrhoea, vomiting, fever, stomach cramps and headaches.

Home or school?

Keep home from school for 24 hours until diarrhoea/vomiting stops.



Knowing whether a child is well enough to go to school can be tough for any parent.

Never send a child to school who has a fever, is vomiting or nauseated, or has diarrhoea.



Influenza

Symptoms

Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.

Home or school?

Keep home from school until well.

**NO Hat
NO Play**



**Do you have any spare hats at home?
if so please donate to the school**

**KEEP YOUR
CHILDS
ATTENDANCE ON
TRACK AND
EXPLAIN THEIR
ABSENCES**



Lightning Ridge Central School now has **ABSENT NOTES** for your convenience when explaining why your child was absent from school. These can be used prior to the absence for a planned absence or within 7 days of the first day of their absence.

Absent Notes can be found in the School Newsletter and at the Schools Front Office.

Protect yourself from viruses



Clean your hands with soap and water, or hand sanitiser.



Cover your nose and mouth when you cough or sneeze.



Avoid close contact with anyone with cold or flu-like symptoms.



Stay home if you are sick.



Find the facts

health.nsw.gov.au/coronavirus

Canteen Information



Welcome back to a very different start to Term 2, 2020! Hoping that everyone has kept healthy and safe during the holidays!

The Canteen has always been a place where hygiene has been a top priority, so I have been a little bit more manic about cleaning surface etc., in the Canteen! Hand sanitiser is available for students to use at the counter especially after handling money!

During my longer than usual break, I received the news that the Canteen Menu had received the tick of approval from the NSW Healthy Canteen

Check, please note that a lot of schools have not met these guidelines! As the Canteen had met all the criteria we received 2 x \$250 vouchers to spend in the Canteen to purchase/upgrade some items!

NEW ITEMS

A couple of new products will be available to order or buy over the counter in the next few weeks, will advertise when available in Newsletter! These products are 3.5 to 5 star products, which are allowed to be sold in Canteen under the new guidelines!

Juice bombs have 1 new flavour, Lemon/lemonade - \$2.20

Fun buns (no icing) - \$2.00

Chicken & gravy rolls back on menu - \$5.50



CANTEEN ORDERS

Please note that students from Kindy to stage 3 are orders only, please also write on separate bags for Recess and Lunch, no buying over the counter! There are Menus and bags in the Canteen baskets in each of the classrooms! Buying over the counter will be available to High School students only! (ordering is still preferred). The Canteen is open from 8.30am to 8.40am! High School student orders!!

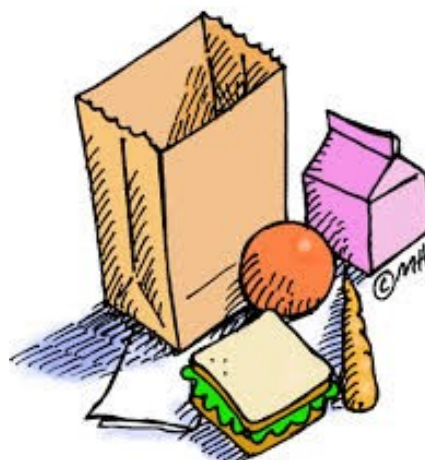
All Canteen orders Kindy to stage 3 to be placed by 9am, sent around to Canteen by 9.15am!

RECESS: 11.00AM – 11.25AM

CLOSED UNTIL LUNCH

LUNCH: 1.30PM – 1.55PM

NO BUYING BETWEEN THESE TIMES!



©MHT

L RCS CANTEEN MENU TERM 2 2020

SNACKS (RECESS & LUNCH)

Toasted fruit bread (2) & butter	\$2.50
Crunch cups (Cheese/carrot/celery/cucumber/toms)	\$3.00
Yoplait yogurts vanilla 175gm	\$2.50
Grain waves sour crème	\$1.20
Cheese sticks	\$1.00
Lite choc muffins 75gm	\$2.00
Koala popcorn plain	\$1.50
Fresh fruit banana/apple/orange (\$1.00 - \$1.50)	
Fruit salad cups	\$1.50
Frozen vanilla yogurt fruit bites (4)	\$0.80
Fun bun (no icing)	\$2.00

DRINKS

Spring water 600ml	\$2.00
Spring Water 1.5ltr	\$3.00
Juice bombs grape/blackcurrent/watermelon	\$2.20
Apple raspberry/orange passio/lemonade	
Just juice poppers 200ml Apple/orange	
Apple blackcurrent	\$2.00
Classic 300ml chocolate/strawb milks	\$2.90
Big M choc/strawb ctn milks 250ml	\$2.00
Nippys reduced fat choc/strawb/honeycomb	
Iced coffee 375ml (High school only)	\$2.80
Plain ctn milk 300ml	\$2.20

ICECREAMS LUNCH ONLY

Quelch 99% juice tubes (apple/tropical)	\$0.60
Frozen poppers just juice	\$2.00
Vanilla (Bulla) dixie cup	\$1.20
Ka blueys blue/red/lemon	\$0.60
Frozen twisted yogurts (blueberry/mango Watermelon/ strawberry vanilla)	\$2.20

SANDWICHES (gluten free bread available)

(Multigrain rolls extra \$1.00)	
Cheese	\$3.20
Cheese salad	\$4.20
Cheese & tomato	\$3.60
Ham cheese tomato	\$4.00
Ham or chicken salad	\$4.50
Ham or Chicken	\$3.50
Chicken Chilli Tender lettuce mayo	\$4.50
Ham & cheese	\$3.80
Chicken lettuce mayo	\$4.00
Chicken avo mayo	\$4.50
Curried egg	\$3.80
Egg lettuce mayo	\$4.00
Tuna lettuce mayo	\$4.00
Vegemite	\$2.80

WRAPS (WHOLEGRAIN)

Salad wraps	\$6.00
Chicken or Ham salad	\$6.50
Chicken lettuce mayo	\$5.50
Chilli tender lett tom avo cheese	\$6.50
Tuna lettuce mayo	\$5.50
Tuna salad	\$6.50

SALAD BOXES (please pre order)

Salad box	\$6.50
Chicken or ham /egg or tuna salad (lett/tom/cuc/beet/carrot/cheese/)	\$7.00

SMALL SALAD BOWLS

Salad	\$5.00
Chicken or ham - egg or tuna	\$5.50

TOASTED SANDWICHES (pls order) (please order during summer months)

Cheese & ham	\$3.80
Ham cheese tomato	\$4.00
Cheese	\$3.20
Cheese & tomato	\$3.60
Chicken avo cheese	\$4.50
Chicken & cheese	\$4.00
Chilli tender & cheese roll	\$5.50

HOT FOODS

Mrs Mac lite Sausage roll	\$3.50
Travellers beef pie	\$3.80
Party pies village 60gm	\$1.20
Chicken & Gravy roll	\$5.50
Garlic bread (good tucker 75gm)	\$1.30
UFO ½ roll cheese & tom sauce	\$2.00
Chicken strips per bag (6)	\$3.00
Enrico Beef Lasagne 220gm	\$4.20
McCains Pizza Ham pine or ham cheese	\$3.00
Beefburger (lett/tom/cheese/beet)	\$5.00
Chicken burger (lett/tom/mayo)	\$5.00
Chicken strips ea	0.60c
Beef or Chicken noodles	\$2.00

MISCELLANEOUS

Tomato Sauce or BBQ	\$0.30
Bundle of lunch bags	\$2.50

OPTIONAL EXTRAS SALAD BOXES: Onion, Avo, pineapple, please indicate on order. Also avail Mayo or French dressing!

CANTEEN CLOSSES AT 9.00AM FOR ORDERS!

ALL PROFIT GOES TO P&C FOR THE STUDENTS!

PLEASE PUT RECESS & LUNCH ORDERS ON SEPARATE BAGS, NAME, CLASS, THANKYOU!