

# LIGHTNING RIDGE CENTRAL SCHOOL



**Principal:**

**Mr Richard Finter**

**Primary Deputy Principal:**

**Mrs Jane Miles**

**Secondary Deputy Principal:**

**Mrs Margaret Morriss**

PO Box 294, Kaolin Street

Lightning Ridge NSW 2834

T 02 6829 0511 F 02 6829 0137

E [lightningr-c.school@det.nsw.edu.au](mailto:lightningr-c.school@det.nsw.edu.au)

**Term 4, Week 2, 2020**



## Principal's Report

School life essentially continues as close to normal as possible, but the COVID-19 curtain continues to hang around. To that end, staff at school continue to follow social distancing rules and unfortunately parents and carers are only allowed on site for essential meetings with staff to discuss disciplinary or welfare matters where a virtual meeting solution is not available.

I remind all community members who need to attend the school at any time are to enter via the front office and sign the relevant documentation.

We ask that if your child displays COVID like symptoms that you keep them at home until such time as they test negative to COVID-19 and all symptoms have abated.

These guidelines are constantly updated and we will keep you posted as more information comes to hand. We ask that you adhere to the guidelines in the interests of community safety.

### Drop Everything and Read (DEAR)

The 20 minute Secondary roll call in the morning is a time for staff to mark the roll and convey messages to students. It also serves the purpose of providing a time where students can take time to settle and prepare themselves for the school day ahead. To facilitate that settling, we have in secondary, begun this week expecting students to Drop Everything and Read in rollcall. Staff have provided students with books and magazines to read and we will continue to try and expand the suite of reading material we can provide to students. However, ideally we would prefer students bring their own reading material on a daily basis as they have a much clearer idea of their literary interests. So I therefore ask that parents and carers have a conversation with their child about bringing reading material and what they are reading.

Likewise, if parents of infants and primary students could set aside some time during the week or short periods of time on a daily basis to read to or with their students that too would be of great benefit.

So this begs the question..... So why is reading important?

Reading has the power to help us discover who we are. Books open up new worlds and have the capacity to throw our own world into stark contrast, causing us to at least reflect on what we think we know and maybe even challenge our perceptions. The connections we make with the events, experiences, emotions and people we encounter in our reading have the power to grow us as individuals; to discover new things about ourselves.

Truly good books are not the product of a day's writing. Some take years of gestation, borne on worldly experience, before they see the light of day. They are then ours to enjoy in a matter of days or weeks at most.

Reading does not always provide immediacy. It is an investment, requiring hours of connection to become revelatory.

The internet may have revolutionised the speed and ease with which we access information but it has come at a cost. Instant gratification as a norm impacts individual capacity to focus on one thing for an extended period.

Reading by way of contrast, has the capacity to develop within each of us greater capacity for sustained concentration, a skill necessary to achieving

## Important Information

### HSC Exams

20th Oct - 11th Nov

### Year 7 - 10 Exams

Mon 9th - Thurs 12th Nov

### Mid Term Break

Fri 13th Nov - Mon 16th Nov

### Book Week

Tue 17th - Fri 20th Nov

### Kindy Start Program

Beginning on Fri 20th Nov

### T121 Laptop Payment Due

Fri 27th Nov

### Uniform Shop

Monday and Thursday

8:30 am to 9:00am

### LOST PROPERTY

Please check the front office

### Sushi Wednesday

Order through the School Canteen by Monday every week

Join us on

**SkoolBag**



Like us on

**Facebook**

2020 School Newsletter now available online via our Skoolbag App and website on [www.lightningr-c.school.nsw.edu.au](http://www.lightningr-c.school.nsw.edu.au)

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*Continued*

greatness. Reading has the power to contribute to improved emotional health – enhancing our capacity for empathy and compassion.

Reading has the power to enhance memory. Keeping on top of a whole other world of characters, plot twists, sub-plots and places requires a not insubstantial aptitude for mental gymnastics.

Reading has the power to broaden the imagination and fuel personal creativity.

Reading broadens the vocabulary – one's command of language – and as a result, an individual's capacity for enhanced communication.

Reading can make you a better person. It is almost impossible not to grow, to develop in some way, as the result of reading. Empathy and compassion, as mentioned above, and even a little humility are all but impossible to avoid side effects of wide reading. Discovering the ways in which others have endured the "slings and arrows of outrageous fortune" few escape at some point in their lives allows us for a moment to experience the experiences of others.

Understanding the motivations and experiences of other people – even fictional other people – has the power to make us both gentler and kinder in our dealings with the real others in our lives.

I would wager that a little more tenderness in each of our lives has the capacity to deliver us much better emotional health.

Encouraging our kids to read and when they have finished to read some more has the power to provide them so very much.

### **Algebra**

Many people consider Algebra to be mundane and boring. At the risk of sounding like a "sicko" I am not one of those people. I was never that good at maths at school, but the patterns of algebra and how they are used have always been a source of fun..... yes! You heard me correctly. To that end I visited Mrs Caley's Stage 2 class this week and gave them an impromptu lesson on Algebra. So, if you have a student in Mrs Caley's class feel free to ask them what in the algebraic expression  $2p$ , is the coefficient and what is the pronumeral? Hopefully they remember!

Until next time



## **Secondary Deputy Principal's Report**

Students were welcomed back to school last Monday, it was wonderful to see all students in school uniform and ready for learning. We farewelled Mr Bill Shannon at the end of last term and Ms Jennifer Dove will be leaving us shortly, both of these teachers have made significant impacts with our students and will be missed by students and staff, we wish them well in their next endeavours.

We welcome Ms Jillian Gates and Mr Jayden Goodall to secondary, they will be working across the secondary, school in a range of subjects.

Once again Term 4 will be jammed packed with events and activities, please ensure permission notes are returned by the due date or your child may miss out on an opportunity. This term we have: 7–10 Yearly exams, OPAL rewards afternoon, 2020 Year 12 students sit their HSC exams and the Year 12 formal evening will occur in November with a difference due to COVID restrictions.

Year 12 Primary Industries participated in a TAFE conducted course in regards to safe tractor driving, thanks to Mrs Currey for organising this event along with TAFE Dubbo.

Most parents are concerned about their child's reading abilities, as a result the school has organised an online reading program called LEXIA and Reading Plus. All students MUST bring their charged laptops each day. To gain the most from these programs students must participate three times a week for 20 minutes each lesson. Students are asked to bring a set of headphones to be used for the reading program. The LEXIA and Reading Plus reading programs allow students to be motivated by their own success and have their own personalized learning path.

Stage 4 & 5 students will be sitting Yearly Examinations in most subjects in Week 5 Monday 9th November to Thursday 12th November. It is essential that all students attend on these days so that student progress can be assessed.

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## Primary Deputy Principal's Report

Welcome to Term 4.

We're on the home straight to completing the most challenging year we have ever experienced! COVID restrictions still remain to be affecting all of our lives, inside and outside of school. We will advise you as soon as we know and have formulated a plan for transitions and information sessions for parents of children starting Kindergarten or Year 7 in 2021.

This term, due to an increase of student numbers, we have another Kindergarten teacher. Ms Amy Deer joins the Kindergarten team and co-teaches with Mrs Cross. Class work is fluid between both classes.

We also have a new Interventionist: Ms Ellyse Ardley. Please give our new teachers a warm welcome when you see them in town.

This term also sees students doing sport in warmer weather. As such, it is really important your child comes to school daily with a water bottle/s AND hat. Make sure hats are clearly labelled with your child's name. With warmer weather, comes an increased incidence of head lice. Please check your child's hair regularly for head lice and treat straight away.



Ms Ellyse Ardley



Ms Amy Deer



## Library Report

Welcome back to Term 4!!!

It is going to be a very busy term in the library.

In week 3 we have our Book Performance happening via video call. This year's book is Hello Lighthouse.

In week 6 we will be celebrating Book Week. Running all week will be Book Fair. On the Tuesday (17th November) of Week 6 we will have the Bake-a-Book competition. Placard Parade will happen on the Friday (20th November) of Week 6.

Kerrieanne and I are looking forward to seeing the wonderful placards and clever book inspired cakes.

### Turtle Draw Winners:

#### **Week 10 Term 3**

Kindergarten: Larri Sands ES1J

Stage1: Chloe Charty S1B

Stage 2: Jon Jones S2H

Stage 3: Aiden Brown S3C

#### **Week 1 Term 4**

Kindergarten: Clay Barry ES1J

Stage1: Joyce Mahoney S1D

Stage 2: Callum Lees S2F

Stage 3: Lexi Tye S3B

### Book Week Trivia Contest

With Book Week being postponed until Term 4, I have decided to run a bit of a "Trivia" contest each newsletter until our Book Week Celebration. Each newsletter there will be a question for each Stage, the student with the most correct answers from each stage will be given a \$20 voucher to spend at the Book Fair. We have broken the questions into Stages to be fair to all students and to target questions to their typical reading level.

Thank you to the students who had a crack at last week's challenge.

The question for this week is to name one of the shortlisted of the CBCA Book of the Year award. These books are on display in the library.







## **Worth your Weight in Opal**

### **Bella Seaton ES1J**

Bella was nominated by Mrs Cross for always being a helpful and considerate class member in kindergarten. Well done, Bella!



## **Worth your Weight in Opal**

### **Aidan McBride S1D**

Aidan was nominated by Mrs Slater for learning to spell and write all golden and red words. Well done, Aidan!



## **Worth your Weight in Opal**

### **Sophie Miller S2F**

Sophie was nominated by Miss Elliott for courtesy, consideration and co-operation. Well done, Sophie!



## **Worth your Weight in Opal**

### **Levi McCabe S3N**

Levi was nominated by Miss Elliott for citizenship. Well done, Levi!



## **Worth your Weight in Opal**

### **Quninton Bolton-Cubby Year 7**

Quintin was nominated by Miss Moxham for helping to carry percussion instruments to Ms Slater's room. Also, for showing respect and following instructions in Music class.

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# PDHPE

**Stage 4** - Students are learning about the difference facing positive challenges and taking unhealthy risks in adolescence, and the major influences that impact on decisions about risk. Students will explore potential hazards associated with drug use, road use, sexual health and online communication. During practical lessons students are developing their movement skills through a variety of Invasion Games.

**Stage 5** - Students are learning about Road Safety. Students will examine the key health decisions, behaviours and actions of individual road users. Students will be faced with a first aid scenario whereby they will have to administer treatment to car crash casualties. They will also investigate road safety campaigns and initiatives to enhance and support their own and others' health, safety, wellbeing and participation on the road.



**Year 8 H PDHPE** Class playing Nick Newtons Assessment Task Game Soccer Dodge Ball. This is a modified version of Dodge Ball.

## Music

Year 7 Music students will be focusing on two topics in Term 4. Firstly we will study Music in Film and how the techniques used when composing the music for film engage the audience. In our practical components we are learning the Keyboard. All Year 7 students have made a great start learning the new skill. As this is a new skill it will take time to learn, practice makes perfect!

Later in the term we will focus on Music of Our Place. This is an exploration of the music of Australia, in particular the music of Aboriginal and Torres Strait Islander peoples, and our cultural links with music from other countries. Students will listen and respond to examples of music from Australia, compose and conduct internet research.





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# PASS

**Stage 5** is looking at Coaching. We will look at the qualities of effective coaching and how a coach can dramatically improve the performance of an individual or team.



# SLR

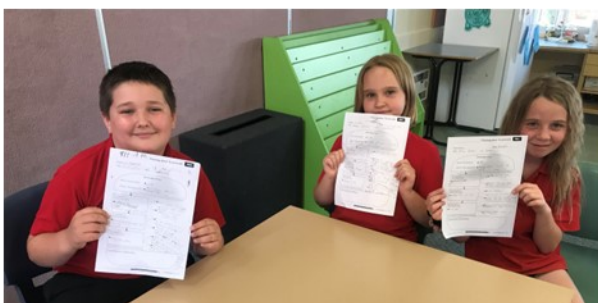
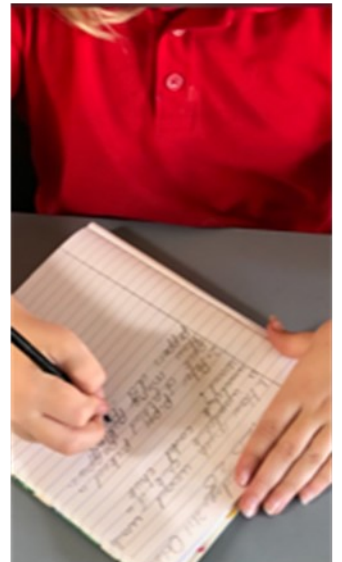
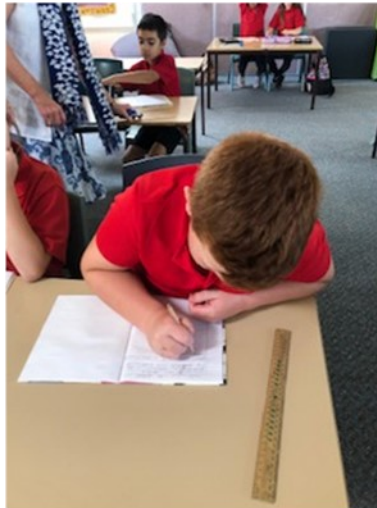
**Stage 6** SLR will be looking at Fitness. The class will examine ways an individual can improve their own fitness and the response to different types of training.

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## Stage 2

### S2Hollows

Term 4 is already underway and S2H are continuing to work hard in the classroom. This term we have been drafting, editing and publishing a persuasive text. Our class has shown that they are excellent at arguing their opinions and are working on backing up their ideas with strong examples. In numeracy, S2H can now count, read, order and represent fractions. During science lessons we have been investigating different forces, including friction, gravity and air resistance. We are looking forward to smashing out a lot more quality work over the rest of the term!

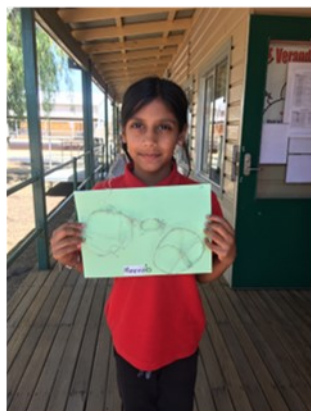
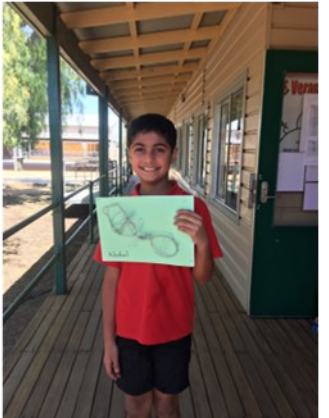




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## Stage 2

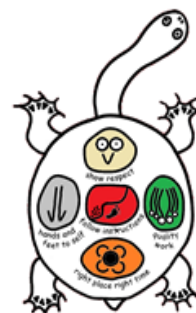
**S2O'Sullivan** and **S2Flannery** over the last week have enjoyed the challenge of planning and manipulating wire to construct a push bike.





## Positive Behaviour for Learning

Lightning Ridge Central School share a Positive Behaviour for Learning focus with our Students each fortnight. Students who show exceptional PBL values are rewarded throughout the year with excursions, special activities and treats.



### This fortnight's PBL focus is "Show Respect"



**'Show respect by using manners and speaking respectfully'**

This symbol represents an owl's eyes and beak because it is a locally significant animal that even non-Aboriginal folklore recognises as wise and deserving respect.

**Primary Students should arrive at school by 8:55am**

**Secondary Students should arrive at school by 8:40am**

# SkoolBag



Don't forget to download our school's SkoolBag app to ensure that you are kept in the loop on:

- \* School newsletters
- \* Notices
- \* Events
- \* Cancellations
- \* Reminders
- \* ...and more!

**INSTALLATION  
INSTRUCTIONS**

Just download the "SkoolBag" app on your phone, open the app and add our school!



**If you need to get a message to your child please contact the school office by 2:30pm. Thankyou!**





The Royal Life Saving Society of NSW has FREE swimming lessons for limited families. The society will be facilitating a tailored 8 or 9 day swimming program which focuses on both swimming and survival skills during the January school holidays, at Lightning Ridge Pool.

Families can register their interest by emailing the following information to:

[swimandsurvive@royalnsw.com.au](mailto:swimandsurvive@royalnsw.com.au)

1. Must quote reference- 'RLS Community Support'
2. Provide the following details so you can be contacted when bookings open in October 2020.
3. Parent/ Caregiver name, email address and phone number.
4. Number of children and their dates of birth
5. Preferred program facility- 'Lightning Ridge'

**Yuwaalaraay is the dialect of the Lightning Ridge. The name of the language and Aboriginal people of the Balonne Region.**

## **Yuwaalaraay Word of the Week**

***dhirridhirri* = Willy Wagtail**

The name relates to the bird's call. Ian Sim said that this bird was not liked very much.







# Every Day COUNTS

ATTEND TODAY  
ACHIEVE TOMORROW



## KEEP YOUR CHILDS ATTENDANCE ON TRACK AND EXPLAIN THEIR ABSENCES



Lightning Ridge Central School now has **ABSENT NOTES** for your convenience when explaining why your child was absent from school. These can be used prior to the absence for a planned absence or within 7 days of the first day of their absence.

Absent Notes can be found in the School Newsletter and at the Schools Front Office.



Little Diggers Preschool and Child Care Centre



### Friendly Reminder

From a recent survey with our families, it has come to our attention that there are a number of cars that are constantly using the carpark and related areas, which are not associated with Little Diggers.

*Just a friendly reminder that the drop off and pick up drive through area and parking lots are for Little Diggers use only.*

Thank you for your understanding.

### Lightning Ridge Central School

Enrolments for Kindergarten 2021 are now open.

Sign up for **Kindy Start** to help with the transition to school.

Kindy Start will run on Friday's beginning on **Friday 20<sup>th</sup> November, 2020.**

More information is available at the school office. Please contact *Mrs Mary Cross* at the school with any questions.





AVAILABLE IN THE CANTEEN  
TERM 4

# SUSHI WEDNESDAY

*Rolls \$3.50 ea / 2 for \$6*

## Chicken

*(crumbed chicken, mayo, carrot and avo, wrapped in Seaweed Nori Sheets)*

## Teriyaki Beef

*(grilled teriyaki beef, red capsicum, cucumber and carrot, wrapped in Seaweed Nori Sheets)*

## Tuna

*(mayo, red capsicum, cucumber, wrapped in Seaweed Nori Sheets)*

ORDERS TO BE IN BY MONDAY EACH WEEK

# Sushi Wednesday Order Form

\_\_\_ x Chicken

*(crumbed chicken, mayo, carrot and avo, wrapped in Seaweed Nori Sheets)*

\_\_\_ x Teriyaki Beef

*(grilled teriyaki beef, red capsicum, cucumber and carrot, wrapped in Seaweed Nori Sheets)*

\_\_\_ x Tuna

*(mayo, red capsicum, cucumber, wrapped in Seaweed Nori Sheets)*

☐ Soy sauce ☐ Wasabi

**Rolls \$3.50 ea / 2 for \$6**

Name: \_\_\_\_\_ Class: \_\_\_\_\_

Recess / Lunch

High school students and staff:

Please order to ensure availability.

There will be limited quantities available over the counter.

## LRCS - CANTEEN MENU - TERM 4, 2020

<u>Snacks - (Recess &amp; Lunch)</u>		<u>Sandwiches</u>		<u>Hot Foods</u>	
Crunch cups (cheese, carrot, celery, tomato & cucumber)	\$3.00	<b>(Gluten free bread available)</b>		Mrs Mac lite sausage roll	\$3.50
Yoplait yoghurt 175gm (vanilla)	\$2.50	<b>(Multigrain rolls extra \$1.00)</b>		Travellers beef pie	\$3.80
Grain waves (sour crème)	\$1.20	Cheese	\$3.20	Party pies village 60gm	\$1.20
Cheese sticks	\$1.00	Cheese salad	\$4.20	Chicken & gravy roll	\$5.50
Lite muffins 75gm (chocolate)	\$2.00	Cheese & tomato	\$3.60	Garlic bread (Good Tucker 75gm)	\$1.30
Koala popcorn (plain)	\$1.50	Ham, cheese & tomato	\$4.00	UFO ½ roll	\$2.00
Fresh fruit (banana, apple, orange)	\$1.00- \$1.50	Ham or chicken salad	\$4.50	Cheese & tomato sauce	\$3.00
Fruit salad cups	\$1.50	Ham or chicken	\$3.50	Chicken strips per bag (6)	\$3.00
<u>Drinks</u>		Chicken chilli tender, lettuce & mayo	\$4.50	McCains pizza (Ham/pineapple or ham/ cheese)	\$3.00
Spring water 600ml	\$2.00	Ham & cheese	\$3.80	Beefburger (lettuce, tomato, cheese & beetroot)	\$5.00
Spring Water 1.5ltr	\$3.00	Chicken, lettuce & mayo	\$4.00	Chicken burger (lettuce, tomato & mayo)	\$5.00
Juice bombs (grape, blackcurrent, apple/ raspberry, watermelon, orange/ passio, lemonade)	\$2.20	Chicken, avocado & mayo	\$4.50	Chicken strips (each)	\$0.60
Just Juice poppers 200ml (apple, orange, apple/ blackcurrent)	\$2.00	Egg, lettuce & mayo	\$4.00	Beef or chicken noodles	\$2.00
Classic 300ml milk (chocolate, strawberry)	\$2.90	Tuna, lettuce & mayo	\$4.00		
Big M milk 250ml ctn (chocolate, strawberry)	\$2.00	Vegemite	\$2.80		
Nippys reduced fat 375ml (chocolate, strawberry, iced coffee, honeycomb) (High School Only)	\$2.80	<u>Wraps (Whole Grain)</u>			
Plain ctn milk 300ml	\$2.20	Salad wraps	\$6.00	<u>Toasted Sandwiches</u> (Via order)	
<u>Ice-creams - (Lunch only)</u>		Chicken or ham salad	\$6.50	(please order during summer months)	
Quelch 99% juice tubes (apple, tropical)	\$0.60	Chicken, lettuce & mayo	\$5.50	Cheese & ham	\$3.80
Frozen poppers just juice	\$2.00	Chilli tender, lettuce, tomato,	\$6.50	Ham, cheese & tomato	\$4.00
Bulla dixie cup (vanilla)	\$1.20	Tuna, lettuce & mayo	\$5.50	Cheese	\$3.20
Ka blueys (blue/red/lemon)	\$0.60	Tuna salad	\$6.50	Cheese & tomato	\$3.60
Frozen twisted yogurts (mango, blueberry, vanilla, watermelon, strawberry)	\$2.20			Chicken, avocado & cheese	\$4.50
				Chicken & cheese	\$4.00
		<u>Small Salad Bowls</u>		Chilli tender & cheese roll	\$5.50
		Salad	\$5.00	<u>Miscellaneous</u>	
		Chicken or ham/egg or tuna	\$5.50	Tomato or BBQ sauce	\$0.30
		<u>Optional Extras</u> (for Salad Boxes)		Bundle of lunch bags	\$2.50
		Onion, avocado, pineapple - please indicate on order. Also available mayonnaise or french dressing.			

ALL PROFITS GO TO  
THE P&C FOR THE  
STUDENTS!

**CANTEEN CLOSSES AT  
9.00AM FOR ORDERS!  
NO EXEMPTIONS!**

**PLEASE PUT RECESS AND  
LUNCH ORDERS ON  
SEPARATE BAGS, NAME &  
CLASS. THANK YOU**