

LIGHTNING RIDGE CENTRAL SCHOOL



Principal:

Mr Richard Finter

Primary Deputy Principal:

Mrs Jane Miles

Secondary Deputy Principal:

Mrs Margaret Morriss

PO Box 294, Kaolin Street

Lightning Ridge NSW 2834

T 02 6829 0511

F 02 6829 0137

E lightningr-c.school@det.nsw.edu.au

Term 3, Week 10, 2020



Principal's Report

The end of Term 3 represents the end of an era in the life of all schools who have year 12 cohorts. This is the time when Year 12 finish their 13 years of formal schooling before they complete the HSC and move out to the wider world. The unique setting of a Central School means that in some cases all thirteen years of formal schooling have been spent at Lightning Ridge Central School, so moving on can be daunting. As these young people move on, I feel

confident that the school, in conjunction with parents and carers has done all that is possible to equip our young people with the skills and attributes which will allow them to go onto further success. In many ways the rest is up to them.

Over the last week I have interviewed as many Year 12 students as possible to garner their thoughts, feelings and ideas about LRCS. Their views are interesting and valued and I will share them with you in later editions of the newsletter.

On behalf of the school community I would like to wish our year 12 students all the best for their HSC exams and life thereafter. I would also would like to acknowledge the outstanding work of all the staff who have supported these students. It has not always been a smooth road, particularly in this COVID era but we have all worked hard together and hopefully this will bring all students great success.

Year 12s are not the only people ending their time at LRCS. Mrs Chris Shields one of our much valued cleaners, whose work sometimes goes unnoticed, but is always appreciated, is retiring this week. Chris has been a cleaner at LRCS for 20 years and she has given sterling service to our school community. I have said it before and will say it again, we have outstanding cleaners who take great pride in their work. We are lucky to have them.

One of our Secondary Head Teachers is also departing this week. Mr Shannon has been at LRCS since 2015 and has worked tirelessly both in and out of the classroom to provide a range of opportunities for our students. Mr Shannon has thrown himself into his work and established positive relationships with staff and students alike. I personally have valued Mr Shannon's professionalism and work ethic. Mr Shannon has secured another position at a Townsville High School commencing in 2021, however, he will be taking leave for all of term 4 but will be around the school early next term continuing to mentor students as part of the "Run Beyond" program.

Sue Chapman has been our Canteen Manager for 19 years. The canteen is a very important part of a school community. Sue's role is an arduous one but one she has done with the utmost dedication and skill. This week also marks Sue's last week in her position.

On behalf of the school community, I would like to thank Sue, Chris and Bill for their hard work over long periods of time and wish them well as they pursue new endeavours or just take time to relax with their loved ones. 'til next time.

Important Information

Primary Industries Farm Vehicle Safety Course

Thu 24th - Fri 25th Sept

Last Day Term 3

Fri 25th Sept

School Holidays

Mon 28th Sept - Fri 9th Oct

Students Return

Mon 12th Oct

Mid Term Break

Fri 13th Nov - Mon 16th Nov

Book Week

Tue 17th - Fri 20th Nov

Kindy Start Program

Beginning on Fri 20th Nov

Uniform Shop

Monday and Thursday

8:30 am to 9:00am

**Students to bring their
own water / drink bottle**

Join us on

SkoolBag



Like us on

Facebook

2020 School Newsletter now available online via our Skoolbag App and website on www.lightningr-c.school.nsw.edu.au



Secondary Deputy Principal's Report

COVID has restricted the number of events and activities that we can be involved in, however, we managed to complete the following during Term 3:

Year 11 and Year 12 Examinations, school photos, Year 12 farewell assembly, subject selections for 2020 for Years 11, 10 & 9 students, Year 11 Primary Industries quad bike training, Major works completed for Year 12 students in Design & Technology and Visual Arts.

Year 11 Primary Industries students were also given the opportunity to attend a week of work placement on local properties. Students undertook a variety of practical activities aligned with the competencies of the course. Thank you to Mrs Currey and the farm owners for allowing these students to gain valuable real life working opportunities.



We farewell our 2020 Year 12 students this week, we wish them good luck with their exams and in their future work or training endeavours. Included in this newsletter is some guidelines and advice about the HSC exams and COVID. Each Year 12 student has been provided with these instructions. Parents please read them to alleviate any of your concerns around the examinations which are held at Lightning Ridge Bowling Club. If you have any questions about the HSC examinations please contact the school. Term 4 will be just as busy with Stage 4 & 5 Yearly Examinations and the commencement of Year 12 2021.



Class of 2020





Primary Deputy Principal's Report

As Term 3 draws to an end, planning for next term and 2021 commences. To say it has been a challenge for the whole school community is an understatement. Everyone complying with NSW Government and Department of Education's COVID policies and plans has made our school systems run smoothly, and I congratulate everyone.

Currently, adults who aren't essential to school are not permitted on LRCS site, so parents and families are still not allowed to come into the school grounds except to purchase from the Uniform Shop (Monday and Thursday 8.30am-9.00am only). Hopefully, the following questions and answers may help families.

Question: *I want to speak to my child's teacher.*

Answer: You can contact the school requesting a meeting and it can be organised via a phone call or at a mutually agreed time in the front office, adhering to COVID social distancing procedures.

Question: *What about Primary assemblies?*

Answer: At this stage, they can only be held for 15 minutes, with teachers socially distancing. Parents and families cannot attend at the moment.

Question: *What about Presentation Assembly at the end of the year?*

Answer: LRCS will comply with NSW Health and Department of Education's (DoE) advice and guidelines. Hopefully, rules will be relaxed by then. We will advise the community as soon as we know.

Question: *What about the 2 week swimming scheme that happens every year?*

Answer: Due to COVID restrictions, this program will not be occurring this year. There is a swimming program being offered by The Royal Life Saving Society of NSW, to all students over the Christmas holidays that families may wish to participate in. That program is not an LRCS program.

Question: *What about the Opal Pool Party at the end of the year?*

Answer: Again, we will have to wait and see if there are any changes in DoE guidelines. We will advise you as soon as we know.



Positive Behaviour for Learning

Lightning Ridge Central School share a Positive Behaviour for Learning focus with our Students each fortnight. Students who show exceptional PBL values are rewarded throughout the year with excursions, special activities and treats.



This fortnight's PBL focus is Follow Instructions



This symbol represents a journey, with an adult footprint on one side and small dots for children's footprints on the other.

Children are following the adult, not being herded or chased - this is a significant point. They are following, but are still on their own side of the track, showing that balance between self-direction and social support.

Primary Students should arrive at school by 8:55am

Secondary Students should arrive at school by 8:40am

LATE IS NOT GREAT

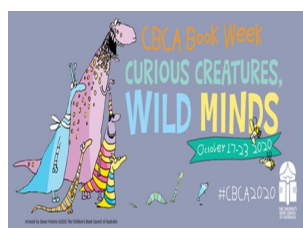


Library Report

Wow! End of Term 3 already. A big thank you to everyone who has returned their library books. Letters went out at the start of the week about any outstanding books. If you are unable to find the book in the note, we do ask that you pay for it so that the book can be quickly replaced.

I look forward to seeing everyone back safe and sound next term. I know I am already excited for book week! Keep an eye out for the winners of the trivia contest early next term plus the dates for the book week events.

It has been wonderful having so many students using the library at lunch and recess during the last few weeks. I know that some classes have also had a great time using the library space during their normal lessons either to read and work on assessments or for more fun activities like using the spheros.



Turtle Draw Winners:

Week 8

Kindergarten: Bella Seaton ES1P
Stage1: Brax Seaton S1B
Stage 2: Claudia Bogdon S2F
Stage 3: Levi McCabe S3N

Week 9

Kindergarten: Lucas Kent ES1P
Stage1: Elise Gibson S1Y
Stage 2: Cameron Sloan S2H
Stage 3: Kyemma Hooper-Bolton S3C



Book Week Trivia Contest

With Book Week being postponed until Term 4, I have decided to run a bit of a "Trivia" contest each newsletter until our Book Week Celebration. Each newsletter there will be a question for each Stage, the student with the most correct answers from each stage will be given a \$20 voucher to spend at the Book Fair. We have broken the questions into Stages to be fair to all students and to target questions to their typical reading level.

Thank you to the students who had a crack at last week's challenge.



Kindergarten

Name 1 Julia Donaldson book that has been turned into a short movie.

Year 1 and 2

Name 1 Julia Donaldson book that has been turned into a short movie.

Year 3 and 4

Which Harry Potter book got turned into two movies?

Year 5 and 6

What book got turned into a movie starring Shia LaBeouf?

Year 7 and 8

What book series got turned into a Netflix series this year?

Year 9 and 10

What series new to our library got announced as a Netflix movie this year?

Year 11 and 12

Name one book that got turned into a movie starring Josh Hutchinson.





Worth your Weight in Opal
Arly Seaton ES1P

Arly was nominated by Mrs Cross for using all the strategies she has been taught when reading. Arly's reading is improving everyday due to her consistent effort.
Well done, Arly!



Worth your Weight in Opal
Allegra Kaluski S1D

Allegra was nominated by Mrs Slater for applying her knowledge of operations to solve math problems. Great work Allegra!



Worth your Weight in Opal
Evan Wiesnet S20

Evan was nominated by Mrs Caley for being an amazing teacher of Mathematics.
Thank you for helping your classmates.



Worth your Weight in Opal
Imigen Hayes S3C

Imigen was nominated by Miss Elliot for effort and consideration.
Congratulations Imigen!



If you need to get a message to your child please contact the school office by 2:30pm. Thankyou!

Stage 1 Report

Stage 1



During Term 3, students have also been rotating through the Stage 1 classes and completing STEM (Science Technology Engineering Maths) activities. The STEM activities have included programming and coding with Mr Delhaas, Engineering construction with Mrs Slater and computer skills with Mr Britts. The students have embraced the opportunity to explore, create and problem solve during these lessons.



MC1P Bumblebees

This term for Visual Arts, we have recently completed our portable travel game—*Birrguu Matya* also called *Ngaka Ngaka* which means look look. Similar to tic-tac-toe and designed to develop skill, patience and lateral thinking. This game has been played by Aboriginal people for centuries. Students tie-dyed their pieces of cloth, hand painted the board game, designed and produced hand made clay marker stones. Each student learnt how to make small pouches and plaited ties to keep their games in a small handy pouch. Loads of fun, well done class and a special thanks to our fantastic School Learning Support Officer (SLSO) Jacquelyn James.



The object of the game is to get your three stones in a row before your opponent. You can win diagonally, vertically or horizontally. Starting with an empty cloth, each player takes turns placing down one of their stones.

Both players are simultaneously complete their line of three while blocking their opponent.

Phase two of the game begins when all the pieces are laid down and no one has positioned three in a row. At this stage, players take turns moving their stones one square at a time in any direction, provided the square is vacant. You cannot skip a move and you cannot lift a stone and jump.



S1Dhinawan

This week Mr Finter visited S1D to read to the class. S1D have been reading the book "Clancy the Courageous Cow".

As Mr Finter read the book, he was loud and expressive which the children thoroughly enjoyed!

Mr Finter then questioned the class of what words they could use instead of 'shouted'. The students very enthusiastically replied with lots of great examples like 'screamed'.

Thanks Mr Finter, the class enjoyed your visit!



Secondary Studies

Food Technology

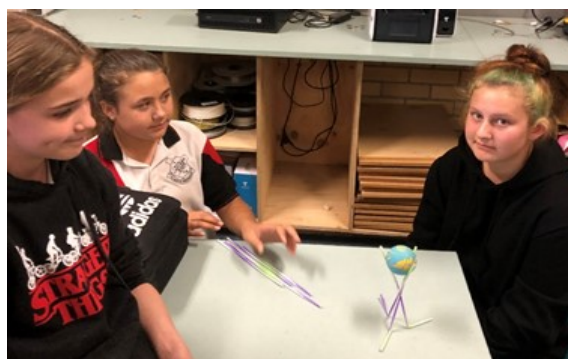
This term Years 9 & 10 Food Technology students designed and produced cup cakes for their assessment task. Each student chose a theme that reflected a *special occasion*. Some of the themes included Easter, Valentine's Day, Dia de Muertos (Mexican Day of the Dead) and Australia Day.



Secondary Studies

STEM

The Year 7 STEM class have been busy this year completing units on renewable energies, candle making and H₂O rockets. The classes have also been given some engineering tasks using a minimum of equipment and devising solutions for bridge building, towers, parachute and gyrocopters. The students are starting a unit on recycling water, learning about the Artesian Basin and water purifying.



Industrial Technology and Design Technology

In Stage 5 the students have been busily completing projects in Metalwork and Design Technology. The metalwork students have just completed a folding BBQ plate or Motorcycle stand and are gaining skills in fabrication of joints using SHS. Some students have also started using the metal lathe to produce a hammer. The Design and Technology students have recently completed an Innovation assessment and Ipad project, the class is now producing a pen project on the wood lathe. Classes are also completing tool boxes and bedside tables.



Year 12 Construction

On a cold August morning, our Year 12 Construction students (Trent Hawkins and Keenan Middleton) spent the day being assessed on their mortar mixing and block construction skills. Trent and Keenan have been working under the supervision of Mr David Pickard, but were assessed by Ms Leisa Rowlands, Technology Teacher at Trundle High School.

Trent and Keenan's progress has been monitored under the Western Access Program, whereby Leisa spent two days with the boys. Once their blockwork was completed they went into the workshops, where they were assessed on the carpentry and joinery skills, and the extensive theory testing. Leisa is a knowledgeable and enthusiastic teacher and the boys worked really hard for the two days.



Aikido

Yaluu, Aikidoka

The end of Term 3 marks many milestones for our Year 12 students.

On the afternoon of Thursday 17th September, Keenan, Trent and Callum took part in the last ever Aikido class at Lightning Ridge Central School. The boys have participated in Mr MacLean's aikido classes since the beginning. Keenan in particular has shown great dedication over the years, successfully grading at host dojo Saku Shin Kan, Newcastle.

The boys were supported by past and present students: well done, Byron and Alex for seeing the seniors off in style.

Yanaaya maayu, birray: Go well, boys (Yuwaalaraay).

Ganbatte: Show a strong spirit (Japanese).



Year 8 Narran Lakes Geography Excursion

As we arrived near the area of the Narran Lake I could easily see that the Narran Lake has gotten a flow into the lakes. It looked very healthy and we saw emus running along the road which showed us that the area was green and living.

Jason Wilson was showing us around the Lake and telling the stories behind the lake and the area. There was a special area near the lake called the Lunar, that's where the tribes of different Aboriginal countries that were apart of the Lunar called the Mitten; where they disposed of their foods such as mussels and fish bones. Just down from the Lunar was the Clear Water part of the Narran Lake, it was unfortunate that we were not able to see the other area but it surely was fantastic place to be at. Along the lake there were black swans, pelicans and ducks. The water that flows into the lake is from the Ballone up at St George. After we saw the lake we paced a rock at this special stone monument, the rocks were placed in a way to resemble the *Garriya* (crocodile).

Thank you to the Jason and Jane for their knowledge about the lake and the LRCS staff for taking us.
Sam Anderson & Creed Gordon



Farewell Susan Chapman



This term sees the retirement of our school's wonderful Canteen Manager, Sue Chapman, who has been working tirelessly to feed staff and students for 19 years. During those 19 years Sue has rarely had a day off "the masses must be fed" and she has done it all by herself, preparing primary recess and lunch orders for basket collection and serving secondary students and staff single handedly.

Sue has run the canteen like a well-oiled machine; ordering, shopping, paying the bills, managing the accounts and making money for the P&C, all of which is ploughed back into the school to make improvements for our students.

Sue has promoted and delivered fresh food and healthy options for our students and staff all at the most affordable cost possible.

In all her years, Sue has approached this daunting task with kindness and understanding which is why the students love her and so do the staff.

We would also like to take this opportunity to wish Sue a very happy birthday for Friday 25th September.

The P&C, particularly, the students and all staff of Lightning Ridge Central School want to thank Sue for her inestimable contribution.

We wish her all the best for her retirement.

Sue, you will certainly be missed by everyone!



Staff Recognition Award

Congratulations to our amazing team of Cleaning Staff. They've received an award in recognition of their dedication, commitment, outstanding service and for always going above and beyond to keep our school community clean and safe. Thank you Kath, Chris, Daniel and Paul!





PCYC
OUTREACH PROGRAM
LIGHTNING RIDGE

PCYC After-School Active Kids Program



Tuesday afternoons
Year 5 - Year 12



Thursday afternoons

Kindergarten - Year 4



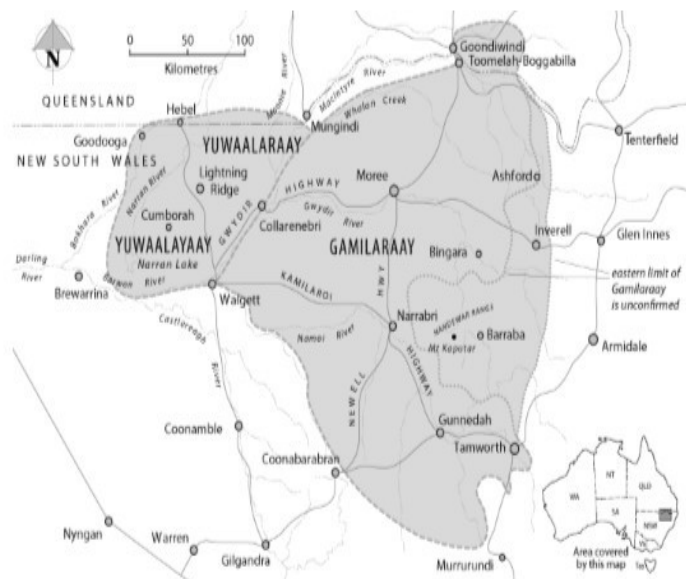
GAMILARAAY
YUWAALARAAY
YUWAALAYAAY
Pocket Dictionary
and Phrasebook

Yuwaalaraay is the dialect of the Lightning Ridge area. The name of the language and Aboriginal people of the Balonne River Region.

Yuwaalaraay
Word of the Week

Dharriwaa = Narran Lake

During week 7, our Year 8 students travelled with Miss Moxham, Mr Nixon and Mr Finter to Dharriwaa for a Geography field trip.



WALGETT SHIRE YOUTH DEVELOPMENT

★ ★ Lightning Ridge Youth Centre ★ ★

GAME TIME! Holiday Activities GAME TIME!

**Monday 28th September 2020
to Friday 09th October 2020**

9am to 2pm

**Healthy morning tea
and lunch provided**

**Grab your friends, be
engaged, have fun
with a smile and a
great attitude!**

Ages 5 to 18 years

Indoor activities

- Arts and craft
- Beading
- Painting
- Cooking
- Movies

Outdoor Activities

- Basket ball
- Hand ball
- Cricket
- Red Rover

VENUE: Walanbaa Dhurruli Aboriginal Integrated Child & Family Centre

**All youth and young people must be enrolled to attend holiday programs.
It is essential that ALL required paperwork is completed for your child to participate in any activities.**

For more information contact team Leader: Rachell on 0408028340

Supported by: walgett shire YOUTH development



The Royal Life Saving Society of NSW has FREE swimming lessons for limited families. The society will be facilitating a tailored 8 or 9 day swimming program which focuses on both swimming and survival skills during the January school holidays, at Lightning Ridge Pool.

Families can register their interest by emailing the following information to:
swimandsurvive@royalns.w.com.au

1. Must quote reference- 'RLS Community Support'
2. Provide the following details so you can be contacted when bookings open in October 2020.
3. Parent/ Caregiver name, email address and phone number.
4. Number of children and their dates of birth
5. Preferred program facility- 'Lightning Ridge'



Little Diggers Preschool and Child Care Centre



Friendly Reminder

From a recent survey with our families, it has come to our attention that there are a number of cars that are constantly using the carpark and related areas, which are not associated with Little Diggers.

Just a friendly reminder that the drop off and pick up drive through area and parking lots are for Little Diggers use only.

Thank you for your understanding.

Lightning Ridge Central School

Enrolments for Kindergarten 2021 are now open.

Sign up for **Kindy Start** to help with the transition to school.

Kindy Start will run on Friday's beginning on **Friday 20th November, 2020.**

More information is available at the school office. Please contact **Mrs Mary Cross** at the school with any questions.



COVID-19 safe expectations of students

This information will assist students understand the COVID-19 safe arrangements in place when attending their HSC examination. The safety and wellbeing of students and staff in attendance is of paramount importance to us and as such we ask all students to co-operate with these arrangements at all times.

Screening for students with symptoms

- Students must not attend the exam if they are unwell
- Students will be asked upon arrival if they have any flu-like symptoms or if they should be in self-isolation under direction by NSW Health
- Students displaying flu-like symptoms or who advise they are unwell will be asked to leave the school and arrange to have a COVID-19 test
- Students with a clinical history/known illness that may appear like COVID-19 symptoms should be planning now and speak to their doctor/GP. The GP can provide written assurance – e.g. symptom the student presents on a normal basis.

Flu-like symptoms

Flu-like symptoms include fever, cough, sore throat, shortness of breath, loss of taste, and loss of smell. Additional information about COVID-19 symptoms can be found on the [NSW Health website](#).

Students who are displaying even mild flu-like symptoms should leave immediately and not return until they have a negative COVID-19 test and are symptom-free.

Fast track COVID-19 test results

HSC students can fast-track their COVID-19 test results.

To do this you must:

- say you are a HSC student when taking a test
- ensure the nurse or doctor doing the test marks your referral 'urgent — HSC'
- self-isolate until a negative result is received
- show your school the negative result
- call the contact number provided by the clinic if results are not received within 36 hours.

Minimising the risk of transmission

- Students should wash their hands or use hand sanitiser prior to commencing the exam.
- Maintain good personal hygiene practices during the exam including covering your cough or sneeze through coughing or sneezing into your elbow or a tissue, disposing of tissues at the end of the exam.
- Avoid shaking hands or hugging other students on exam days.
- Hygiene supplies will be available at all exam venues
 - Sanitiser
 - Wipes.

-
- Student may wipe down their table before they begin their exam if they choose to.
 - Students should not mingle in large groups prior to or after the exam.
 - Exam rooms will be cleaned each day.

Arrival and sign-on arrangements

- Students should arrive no more than 20 minutes prior to the exam and report directly to the designated exam room for screening and sign-on.
- Students will be asked to sign an attendance sheet confirming attendance at the exam, providing contact details and that they do not have flu-like symptoms.

Alternative Examination Locations

Your school has identified an alternative examination location in the event that the examination is unable to proceed in the planned location. This information will be provided to you on your personal examination timetable so it is readily available at short notice in case it is required.

This is a backup only and students should attend the planned location unless advised by the school. Do not attend a proposed alternative location if you have not been told to do so by the school.

Confirmed cases of COVID-19

If during the examination period the school is advised by NSW Health that there has been a confirmed case of COVID-19 which will impact the school, arrangements are in place to minimise disruption where possible. The school may advise you the day before that the examination will be relocated to the alternative venue detailed in your timetable or the exam may be cancelled.

Illness/Misadventure

Students who do not attend an exam due to having symptoms, or who are turned away as a result of screening will be eligible for an illness/misadventure claim. Your school will assist you through this process where required.



Every Day COUNTS

ATTEND TODAY
ACHIEVE TOMORROW



KEEP YOUR CHILDS ATTENDANCE ON TRACK AND EXPLAIN THEIR ABSENCES



Lightning Ridge Central School now has **ABSENT NOTES** for your convenience when explaining why your child was absent from school. These can be used prior to the absence for a planned absence or within 7 days of the first day of their absence.

Absent Notes can be found in the School Newsletter and at the Schools Front Office.

When is sick too sick for school

Gastroenteritis

Symptoms

Diarrhoea, vomiting, fever, stomach cramps and headaches.

Home or school?

Keep home from school for 24 hours until diarrhoea/vomiting stops.



Knowing whether a child is well enough to go to school can be tough for any parent.

Never send a child to school who has a fever, is vomiting or nauseated, or has diarrhoea.

Influenza

Symptoms

Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.

Home or school?

Keep home from school until well.





CLEANERS REQUIRED

Joss Facility Management are looking for cleaning staff to work at local Government sites across regional NSW.

PPE, Training and Uniforms provided.

Applicants need to provide a valid Working With Children Check upon application and successful applicants will be required to undertake a pre-employment medical prior to commencement.

Please contact Joss Facility Management via email on careers@jossgroup.com.au



Check us out on Facebook [Joss Cleaning](#)

or visit our webpage
www.jossgroup.com.au



CWA BARWON GROUP SHORT STORY COMPETITION

THEME - *What's Next*

Judged prior to Group Conference
Entries to be submitted by September 30

Marion Ward Junior Competition

Open to all children under 18 years

Edith Gordon Cultural Trophy

Entries are only open to CWA members
and must be written by the Member

Prizes for first place



Entries to be 500-1000 words and
emailed to maude.ian@telstra.com

For enquiries please phone Maude H:0268290025 M:0429290025

180
YEARS

Australian
Unity 
Real Wellbeing



VOLUNTEERS WANTED.

Would you like to share your time in a fulfilling way by helping others in your community?

Australian Unity is urgently seeking volunteers to join our Community Transport team

What's involved

As a valued team member, you will be providing transport for our customers to attend to shopping and personal business, medical appointments, visiting family and friends, community activities or group outings.

Australian Unity Community Transports' aim is to provide a transport service which supports and enhances our customers' independence in the community, in a safe and comfortable environment.

What you need

An honest and caring nature, enjoy driving, reliability, ability to learn new skills, current drivers licence and willingness to obtain a police check, working with children check and a fitness to drive check.

To find out how you can become a volunteer driver and start your journey in making a difference in your community, contact our **Community Transport Team on 1300 295 826**

Canteen Information

First of all, I would like to welcome Jacinda Barry into the role of Canteen Supervisor from the beginning of Term 4, 2020. Over the last 19 years I have enjoyed (well most days, had my moments), the day to day challenges of running the Canteen, firstly being a Volunteer and then Canteen Supervisor. A big thankyou to LRCS P&C, students, staff, Heidi, Erin, Nikki, and the occasional staff member who have helped serve on those very busy recess and lunch days, office ladies and Kath who every afternoon made my very messy floors all nice and clean; the Canteen was always “sparkling” at the beginning of each Term!

Reminders: Juice Bombs are \$2.20 each not \$2.00!
Watermelon flavour out of stock until Term 4!

Out of Stock: KA Blueys Blue raspberry until next year!

Thankyou to classes Kindy to Stage 3 for bringing the baskets most days, around by 9.15am to make the mornings run alot smoother! Happy Canteen Lady!!!!

Canteen Orders:

Please note that students from Kindy to Stage 3 are orders only; please also write on separate bags for Recess and Lunch, no buying over the counter! There are menus and bags in the canteen baskets in each of the classrooms! Buying over the counter available to High School students only! (ordering is still preferred). The Canteen is open from 8.30am to 8.40am for High School student orders!! All Canteen orders for Kindy to Stage 3 are to be placed by 9am, sent around to Canteen by 9.15am!

RECESS: 11.00AM – 11.25AM

CLOSED UNTIL LUNCH

LUNCH: 1.30PM – 1.55PM

NO BUYING BETWEEN THESE TIMES!!

I would like to wish everyone all the best for Term 4, Year 12, follow your dreams, as they say “Ridge Kids can do anything”, and the start of 2021, hopefully a better start than 2020!!

Thankyou,
Susan Chapman



Don't forget to download our school's SkoolBag app to ensure that you are kept in the loop on:

- | | |
|----------------------|-----------------|
| * School newsletters | * Cancellations |
| * Notices | * Reminders |
| * Events | * ...and more! |

**INSTALLATION
INSTRUCTIONS**

Just download the “SkoolBag” app on your phone, open the app and add our school!

LRCS CANTEEN MENU TERM 3 2020

SNACKS (RECESS & LUNCH)

Toasted fruit bread (2) & butter	\$2.50
Crunch cups (cheese, carrot, celery, tomato, cucumber)	\$3.00
Yoplait yoghurt vanilla 175gm	\$2.50
Grain waves sour crème	\$1.20
Cheese sticks	\$1.00
Lite choc muffins 75gm	\$2.00
Koala popcorn plain	\$1.50
Fresh fruit (banana, apple, orange)	\$1.00- \$1.50
Fruit salad cups	\$1.50
Frozen vanilla yogurt fruit bites (4)	\$0.80
Fun bun (no icing)	\$2.00



DRINKS



Spring water 600ml	\$2.00
Spring Water 1.5ltr	\$3.00
Juice bombs (grape, blackcurrent, apple/ raspberry, watermelon, orange/ passio, lemonade)	\$2.20
Just juice poppers 200ml (apple, orange, apple/ blackcurrent)	\$2.00
Classic 300ml milk chocolate, strawberry	\$2.90
Big M milk 250ml ctn chocolate, strawberry	\$2.00
Nippys reduced fat (chocolate, strawberry, honeycomb, iced coffee) 375ml (High School Only)	\$2.80
Plain ctn milk 300ml	\$2.20

ICECREAMS - LUNCH ONLY

Quelch 99% juice tubes (apple,	\$0.60
Frozen poppers just juice	\$2.00
Vanilla (Bulla) dixie cup	\$1.20
Ka blueys blue/red/lemon	\$0.60
Frozen twisted yogurts (mango, blueberry, watermelon, vanilla, strawberry)	\$2.20

SANDWICHES

(Gluten free bread available)	
(Multigrain rolls extra \$1.00)	
Cheese	\$3.20
Cheese salad	\$4.20
Cheese & tomato	\$3.60
Ham cheese tomato	\$4.00
Ham or chicken salad	\$4.50
Ham or chicken	\$3.50
Chicken chilli tender, lettuce & mayo	\$4.50
Ham & cheese	\$3.80
Chicken lettuce mayo	\$4.00
Chicken avo mayo	\$4.50
Curried egg	\$3.80
Egg lettuce mayo	\$4.00
Tuna lettuce mayo	\$4.00
Vegemite	\$2.80

WRAPS (WHOLE GRAIN)

Salad wraps	\$6.00
Chicken or ham salad	\$6.50
Chicken lettuce mayo	\$5.50
Chilli tender, lettuce, tomato, avocado, cheese	\$6.50
Tuna lettuce mayo	\$5.50
Tuna salad	\$6.50

SALAD BOXES (please order)

Salad box	\$6.50
Chicken or ham/egg or tuna salad (lettuce, tomato, cucumber, carrot, beetroot, cheese)	\$7.00

SMALL SALAD BOWLS

Salad	\$5.00
Chicken or ham/egg or tuna	\$5.50



OPTIONAL EXTRAS SALAD BOXES

Onion, avocado, pineapple - please indicate on order. Also available mayonnaise or french dressing.

HOT FOODS

Mrs Mac lite sausage roll	\$3.50
Travellers beef pie	\$3.80
Party pies village 60gm	\$1.20
Chicken & gravy roll	\$5.50
Garlic bread (Good Tucker 75gm)	\$1.30
UFO ½ roll	\$2.00
Cheese & tomato sauce	\$2.00
Chicken strips per bag (6)	\$3.00
Enrico beef lasagne 220gm	\$4.20
McCains pizza (Ham/ pineapple or ham/cheese)	\$3.00
Beefburger (lettuce, tomato, cheese, beetroot)	\$5.00
Chicken burger (lettuce, tomato, mayonnaise)	\$5.00
Chicken strips each	\$0.60
Beef or chicken noodles	\$2.00



TOASTED SANDWICHES (VIA ORDER)

(please order during summer months)

Cheese & ham	\$3.80
Ham, cheese & tomato	\$4.00
Cheese	\$3.20
Cheese & tomato	\$3.60
Chicken, avocado & cheese	\$4.50
Chicken & cheese	\$4.00
Chilli tender & cheese roll	\$5.50

MISCELLANEOUS

Tomato or BBQ sauce	\$0.30
Bundle of lunch bags	\$2.50

**PLEASE PUT RECESS AND
LUNCH ORDERS ON
SEPARATE BAGS, NAME &
CLASS. THANK YOU**

**ALL PROFITS GO TO
THE P&C FOR THE
STUDENTS!**

**CANTEEN CLOSING AT
9.00AM FOR ORDERS!
NO EXEMPTIONS!**