

LIGHTNING RIDGE CENTRAL SCHOOL



Relieving Principal: Mr Richard Finter
Deputy Principal: Mrs Margaret Morriss
Deputy Principal: Mrs Jane Miles

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Term 4, Week 4, 2019



Principal's Report

Communication between school and parent/carer

Use of mobile phones at school is prohibited. In recent times we have had incidents whereby students, unbeknown to staff have texted their parents to say they were sick and wanted to go home. Parents/carers have then turned up at the front office requesting to take their children home and the office staff have no knowledge of the child being sick or any request

for students to go home. This can lead to confusion and take up valuable office time.

I politely request that if your child texts you to say they are sick and wish to come home, that you tell them to seek permission from their teacher to go to the office. The office staff will then assess the health of the student and will contact you if necessary. If you are uncontactable or unable to pick your child up, your child will be placed in sick bay and their wellbeing closely monitored.

Rest assured that our highly professional office staff will take good care of your child and, in the case of poor health, will err on the side of caution. This process has been reinforced with secondary students at their assembly and has the added advantage of busy parents and carers not having to disrupt their hectic days by unnecessarily and possibly travelling significant distances to come into school. Your co-operation with this matter is appreciated.

Compliments Wall

I try and get into classrooms as often as possible and to be honest, I do not get there as often as I would like. Recently I was invited into Mr Britt's S1B class. They had been doing some excellent work on building a compliments wall, on which they displayed a sheet for each student where their peers had written complimentary things about them. A great exercise to enhance student wellbeing.

I was grateful to S1B for the invitation and was delighted to hear them read out compliments about me and present me with my own compliments sheet. Modesty prevents me from listing those compliments (the print was really big) but it was great to see the students so motivated and proud of their work. I shared my sheet with my wife and three children and they were surprised that I had received so many compliments.... you cannot please everyone.



School Uniform

Just a reminder that it is an expectation that all students wear their school uniform everyday. This enhances student safety and develops a greater sense of



AECG Meeting

Wed 13th Nov

Mid-Term Break

Fri 15th - Mon 18th Nov

Kindy Start Program

Beginning on the 19th Nov

Secondary Assembly

Tues 19th Nov

Year 12 Formal

Sat 23rd Nov

P&C Meeting

Tue 26th Nov

T120 Laptop Fees Due

Fri 29th Nov

K-6 Assembly

Mon 2nd Dec

Secondary Assembly

Tues 3rd Dec

Presentation Day

Thur 12th Dec

Primary Opal Pool Party

Mon 16th Dec

Last Day of Term 4

Wed 18th Dec

2019 School Newsletter now available online,
check out our website on www.lightningr-c.schools.nsw.edu.au



continued

belonging. Could you please have a discussion with your children about the importance of wearing their school uniform everyday. If you are striking resistance at home, feel free to contact your child's Year Advisor or Primary Class teacher and they may well have a chat with your child as well. Compliance in this area is easier when the school and parents work together.

Anti Bullying Policy and Procedures

In a previous version of the newsletter, I acknowledged that as a school community, it would be remiss of us to consider that we were completely free of bullying and harassment. To that end, Mr Allen and his Anti-Bullying Team have been working hard to develop an Anti-Bullying Policy and underlying procedures to manage allegations/incidents of bullying. The procedures that will be implemented are known as the *Method of Shared Concern*. These procedures are evidence based and aim to minimise bullying and provide processes for the management of incidents of bullying.

Over the coming weeks there will be a number of events The details of which will appear in the newsletter and Facebook page outlining the our new Anti-Bullying Policy and Procedures.



Secondary Deputy Principal's Report

Students in stage 4 & 5 are sitting their Yearly Examinations Next week. Students will be sitting exams in most subjects so it is especially important that students attend during this time. If your child is ill during the exams please contact the school so alternative arrangements can be made when they return. An illness and misadventure form will also need to be submitted.

The information gathered from the Yearly Examinations will then be combined with class work and assessment tasks to inform our teachers regarding students' achievements which will then be included in their reports.

During this fortnight a number of students have been involved extra curricular activities:

SRC students went to Dubbo to attend a leadership conference

Year 8 students have completed their VALID Science assessment

The defence force presentation to students in Years 9 to 12

Questacon involved our students conducting some interesting experiments.

Some indigenous girls attended the Oorala Youth Leadership camp in Armidale and represented our school with pride.

Some of our indigenous students received awards at the Wudhagaragarra held in Dubbo.

Some of our students are missing out on these opportunities as they are late to school and do not receive the information during rollcall. Secondary students are reminded to arrive at school by 8:40am





Primary Deputy Principal's Report

Last week, Tania Kennedy (Aboriginal Education Officer) and I had the pleasure of taking our Stage 3 Language students to Dubbo to perform in the Language Nest Spectacular at the Regional Theatre. A BIG thanks must go to Roslyn Forrester from Goodooga Central School for driving our bus for us!

Schools from our area were : Goodooga CS, Collarenebri , Walgett Public and High School students and Weilmoringle. Other schools who performed were: Menindee, Dubbo West, Dubbo. This also proved a positive opportunity for our students to network with other students and some cousins too!

Our students attended and performed were: Macedes McBride, Makayla McBride, Ellie Gough, Bellah Smith, Lilly Lohse, Leeanna Tucker, Jaidy Samuelsson, Quenisha Walford and Destiny Seaton. Their rehearsals and performance were OUTSTANDING. While it was a long trip for all of us, it was a joy to watch all of their hard work pay off!

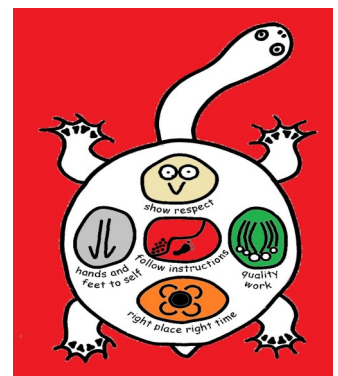
Just a reminder our school values are: **Respect Responsibility and Pride.**

Our 5 Turtle Goals of *Show respect, Hands and feet to self, Follow instructions, Quality work and Right place, right time* fit beautifully within our school values. We teach these values at school and promote that our school is a safe place for everyone. Recently, we have had a spate of behaviours that have not followed our school values and goals. I'm asking if our community can help support us by perhaps using our school values and goals at home, setting the expectation for appropriate and respectful behaviour at home and at school. Together, we can support our students to continually choose appropriate behaviours in all settings.

Now that Stage 3 are in their own play space, things are running nicely in Stage 3 before school, at recess and lunch.

All students K-6 need to order their recess/lunch and place their money and orders in their baskets as no primary students are permitted to purchase from the canteen at recess and lunch.

A friendly reminder...there is no supervision for students before 8.30 am. Please ensure your child arrives at school after 8.30am everyday...Every Day Counts.

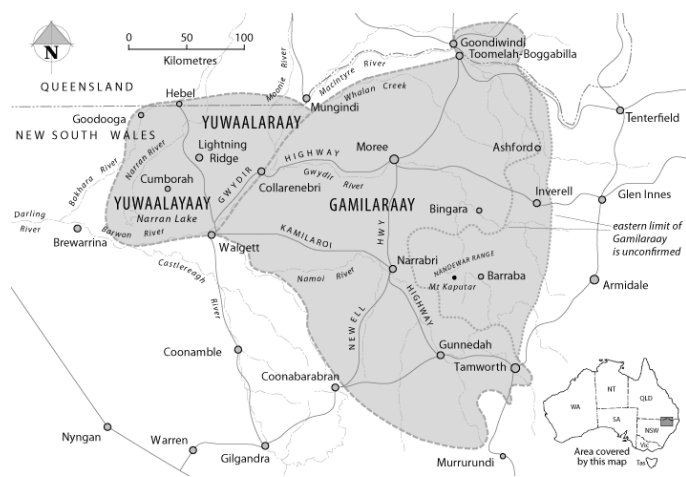


Yuwaalaraay is the dialect of the Lightning Ridge area. The name of the language and Aboriginal people of the Balonne River Region.

Yuwaalaraay **Word of the Week**

Minyangay = How many?

Minyangay?
Milan = one
Bulaarr = two
Gulibaa = three





Library Report

Term 4 got underway and now I am underway.

The Term 4 LRCS Reading Challenge sheets have been given out and Lukas Mahoney was the first student to complete and hand in his recording sheet. This term the recording sheet is bright yellow so look out for it and if you do not have one at home please come to the library and get one. We always have spare sheets in front of the Circulation desk.

In lessons we will finish Geography work and go back to the Shortlist Books for the rest of the Term. Can you see my delighted face! There are some great books that we can work with and always when students are introduced to books in lessons they seem to want to borrow them. The same goes for books by visiting authors and the book chosen for the performances we have. I could say the same goes for the books we love ourselves. If you have a book you love from your childhood or a story you have been told please share it with your children. Their world will be made larger and more connected by this sharing.

Thank you to Loretta Mapperson for teaching the Geography lessons during my absence. Also thank you to Kerrieanne for keeping all that we do in the library happening.

We have been putting the library budget together and ordering for next year. Keeping things in order takes a bit of time and we will continue to buy items that make the library more user friendly.

With the Questacon timetable I was able to take S3N to this opportunity our school provides. It is always good to see students in a different environment and see how they relate to another subject area.

Lunchtime in the library has seen a lot of students come in to join in activities and we have had some helpers too who shelved books and tidied up.

Turtle Draw winners are:

Week 1

ES1 Ruby Bamford ES1P

Stage 1 Jaymee Lohse S1B

Stage 2 Lily Kaluski S2O

Stage 3 Layla Dench S3B

Week 2

ES1 Cayden Mahoney ES1P

Stage 1 Mary Boehm S1D

Stage 2 Jannarli Bolton S2O

Stage 3 Natasja Thomspson S3C

Week 3

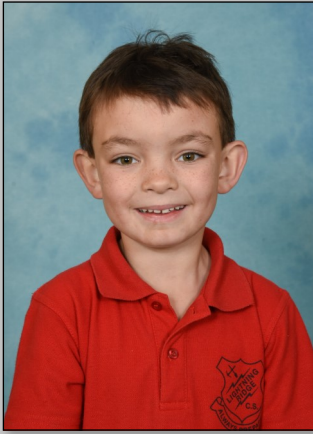
ES1 Tyler Mahoney ES1P

Stage 1 Shalay Brack S1B

Stage 2 Hayden Dench S2O

Stage 3 Bryton Seabrook S3N





Worth your Weight in Opal

Jack Warhurst ES1P

Jack was nominated by Mrs Hicks for his enthusiastic participation in our Aboriginal language lessons.

Well done, Jack!



Worth your Weight in Opal

Elijah Walford-Wallace S1B

Elijah was nominated by Miss Krystal for an outstanding effort in reading. Your confidence has grown in your reading and I was impressed at how you read an entire book independently and confidently. Well done, Elijah! Keep up the great work!



Worth your Weight in Opal

Macy Seaton S20

Macy was nominated by Mrs Loiterton for being a wonderful SRC rep. Great work, Macy!



Worth your Weight in Opal

Bryton Seabrook S3B

Bryton was nominated by Mrs Stiller for consistently helping others and confidently contributing to class discussions. Keep up the great work Bryton.



Worth your Weight in Opal

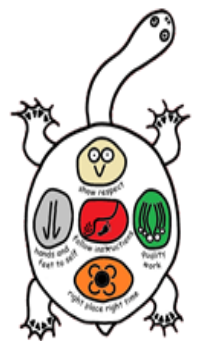
Jada Seaton Year 8

Jada was nominated by Mrs Pascoe for responsibly completing all work in all classes, showing a mature attitude and remaining calm when faced with challenges. Well done, Jada.



Positive Behaviour for Learning

Lightning Ridge Central School share a Positive Behaviour for Learning focus with our Students each fortnight. Students who show exceptional PBL values are rewarded throughout the year with excursions, special activities and treats.



This Fortnights PBL focus is



Follow Instructions

This symbol represents a journey, with an adult footprint on one side and small dots for children's footprints on the other. Children are following the adult, not being herded or chased - this is a significant point. They are following, but are still on their own side of the track, showing that balance between self-direction and social support.



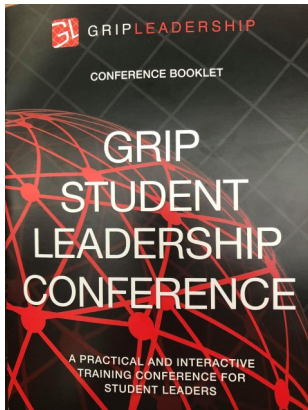
Thankyou

We would like to say a big Thankyou to the Mallouk and Sisa families for this amazing Halloween Cake that was delivered and shared with Stage 3.

It not only looked magnificent but tasted absolutely beautiful and was thoroughly enjoyed by all.

Thankyou

Grip Leadership Conference



On 27th October 2019, eight of our SRC members attended the Grip Leadership Conference in Dubbo. For two days, students from across the region received valuable training in leadership.



2019 Wudhagaragarra Awards

A huge congratulations to three of our students Joshua Doctor Yr 11, Jada Seaton Yr 8 and Laylah Dench Yr 6 for outstanding achievement in Performing/Creative/Visual Arts, outstanding contribution to Aboriginal Language Education and an Encouragement Award respectively.

On Wednesday 6th November, 2019 students attended the annual Wudhagaragarra Awards ceremony where they received their awards in front of proud family and staff members.

This really does show that "Ridge Kids Can Do Anything".

The Wudhagaragarra Awards celebrate and recognise innovation, excellence and achievement in Aboriginal education in New South Wales public schools and communities. Awards are presented to selected high-achieving Aboriginal students, Aboriginal and non-Aboriginal teachers, staff, community members and schools.



HSIE & LOTE

Year 8 LOTE

Yuwaalaraay guwaala

Speak Yuwaalaraay

Yaama, maliyaa!

Hello friends!



Each year, our Year 8 students push the boundaries of their Yuwaalaraay language learning. It's important to keep languages relevant and alive. We kick a football in the COLA to help us learn pronouns (words like *nganunda* "to me" and *nginunda* "to you") and verbs (*gigirmala* = "kick", *wananga* = "throw", *bayamala* = "catch").

And here are our students using Yuwaalaraay to help learn their colours, numbers and verbs by playing the popular card game Uno. The rules are the same, but the students must use their language words:

yiluwidi = "blue",

maa = "five",

dhiyamala = "pick up".

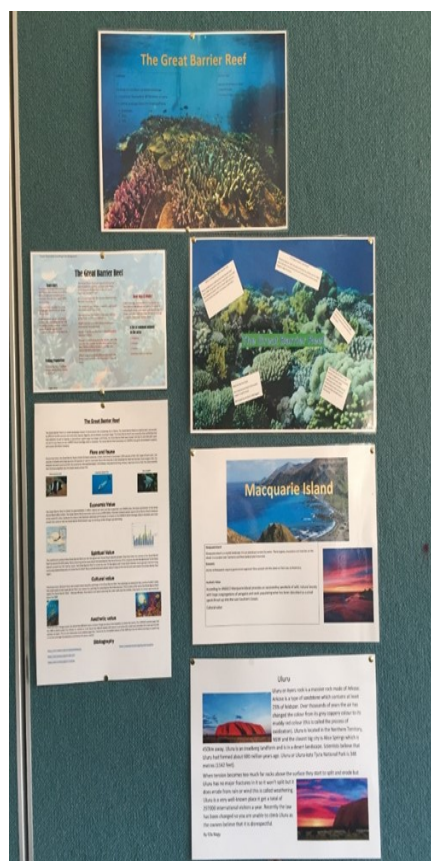
So *dhiyamala maa yiluwidi* = "pick up blue five".

We often finish a lesson games such as this, which help us embody the language.

Yaluu! See you again!

Stage 4 Geography

In Semester Two, Stage four students investigated and evaluated Landscapes and Landforms, and the Liveability of Places. As part of their assessments, students developed an information poster on a famous Australian landscape including The Great Barrier Reef and Macquarie Island. This term, students have also undertaken fieldwork to explore what people in Lightning Ridge thought about the liveability of the town, including developing and collecting data from a survey. The survey results revealed that many people believed the climate is the worst thing about the town. On the other hand, the majority of people said that the pool and community was the best part of the town.



English

Years 7 to 10

Lightning Ridge students are continuing to improve and progress in their studies in English.

Year 7 students have been showing off their flair for drama and interpretation of scenarios in a range of drama activities,

Year 8 are studying short stories and writing their own entertaining narratives,

Year 9 are engaged in the struggles of Shakespeare's *Macbeth* as he sinks into tyranny and despair, and the

Year 10 students are studying a more light-hearted example of Shakespeare's work in the romantic comedy, *The Twelfth Night*.

Our new Year 12 group

The senior students have transitioned from Year 11 to their Year 12 HSC studies and both classes are studying the Common Module: Texts and Human Experiences. Their main text for study in Term Four is the documentary, *The Wasteland*. This Oscar-nominated documentary is about the Brazilian artist and photographer Vik Muniz and his work with the recycling 'pickers' who work in Rio de Janeiro's largest waste facility scavenging reuseable scraps from amongst the garbage.



The Standard English class kicked off the term with a creative task that required them to write about a piece of garbage supplied by their teacher, Ms Dove.

Cassidy (a wine bottle cork)

I walked amongst the dead green grass trying to understand the horrific events that just took place in my home. After that day the sound of wine bottles shattering will never leave my mind. I can picture the purple liquids running down the grey walls in my house.

Mason (a set of old keys)

The first key with the 9 on the front opened the lock on the garage of my childhood home, now owned by my son and family. The second key labelled Ico opened the hatch to get underground. The labelled Edmund's was the key to my memories. I slowly twirled the rusty keychain in my hand. The doctors told me I didn't have long left, so now was as good a time as any.

Year 12 HSC Examinations

Our Year 12 students are still undertaking their HSC examinations but the English exam is done and dusted. After meeting for milkshakes and revision at the club the afternoon before the exam, the students reported a sense of success with both English papers. All wrote as much as they could despite their nerves and were able to answer all the questions.

Well done, Year 12!



Remembrance Day Assembly



On Monday 11th November, Stage 3 students did an excellent job leading our annual Remembrance Day assembly. Staff, students and community members assembled under the senior cola where students laid flowers before a minutes silence was observed and dedicated to those soldiers who died fighting to protect our nation



FIT FOR LIFE at Lightning Ridge Central School

Starting next Wednesday, 13th November, a team of wonderful people led by the local Police Youth Liaison Officer and members of the Walgett PCYC will begin a program called 'Fit for Life' at LRCS.

'Fit for Life' is an entry level activity using boxing, incidental education and consistent mentoring to encourage youth to connect and remain engaged with the school community. The activity aims to improve physical fitness and overall wellbeing. In addition, the program hopes to act as an early intervention to prevent and divert youth from anti-social and offending behaviours.

'Fit for Life' will run in the gym at LRCS every Wednesday morning from 7:30 – 8:30. Students will take part in a number of fun athletic activities, before sharing breakfast at the LRCS Breakfast Club with their mentors from the PCYC. A bus will also be available for a limited amount of pick-ups prior to start time. Students who are interested have already given details to Mr Allen and an information note will be sent to parents in the coming days.

LRCS would like to thank Constable Jay Murphy, Constable Ebony Mackey, Constable Rebecca Edgar Moore and all members of the PCYC that have brought this opportunity to our students. We look forward to the program being an ongoing success for the rest of this year and beyond.

At this stage this program is only available to Stage 3 - Stage 6 students.



POLICE CITIZENS
YOUTH CLUBS NSW



Tuesday 19th November
To
Friday 22nd November, 2019

As Mr Finter stated earlier, the Anti-Bullying Team has recently developed new Anti-Bullying Procedures based on the Method of Shared Concern. The new policy and procedures will be available on the school website in the coming weeks.

Lightning Ridge Central School does not tolerate any form of bullying and, to raise awareness of this, we are having an Anti-Bullying Week in Week 6. Students will complete units on Anti-Bullying that seek to promote and maintain an environment of safety, mutual respect and equity for the school community as a whole. This Anti-Bullying Week will include all members of our school community from K-12.

Students will complete activities in class, take part in an Anti-Bullying poster competition, be involved in a whole school 'Bullying: No Way' photo, enjoy a free BBQ, take part in an Anti-Bullying Tik-Tok competition and much more. There will be more details on the school Facebook page and the school's electronic sign in Week 5. We hope that the community will get behind us, so that we can continue to develop a safer learning environment for every member of the LRCS community.

Lightning Ridge Central School

Enrolments for Kindergarten 2020 are now open!

Sign up for **Kindy Start** to help your Child transition to School.

Kindy Start will run on Tuesdays and Thursdays, beginning on November 19th 2019.

More information is available at the school office. Please contact Miss K. Cross at the school on 0268 290 511 with any questions.



LIGHTNING RIDGE CENTRAL SCHOOL

YEAR 7 - 12

SECONDARY ASSEMBLY



TUESDAY

19th November 2019

8:40am - 9:00am
SCHOOL GYM



Akidido Classes

Aikido is a Japanese martial art that focuses on self-control, discipline and conflict resolution. Aikido classes are held every Monday and Thursday at 3.15 pm in the gym, and all Secondary students (boys and girls) can participate.

For the rest of Term 4, Year 6 students (boys and girls) are invited to take part in aikido classes. Interested students must see Mr MacLean beforehand to discuss the rules and expectations. An application form must also be completed: these are available from Mr MacLean, and from Stage 3 teachers (Mr Bonsing, Ms Stiller or Ms Slater).

If any parents have any questions about aikido, please contact Mr MacLean.

A black and white photograph of a person in a white gi performing a martial arts move on a mat. The person is in a low, wide stance, and another person is visible in the background.

AIKIDO CLASSES

JAPANESE MARTIAL ART

- Self Defence
- Self Confidence
- Self Esteem
- Concentration
- Fitness
- Balance & Core Strength
- Social Skills
- Awareness & Self Defence

FREE!!!

Eligible Students Year 7 - Year 12
to ask Mr MacLean for an
application form

LESSONS HELD
Monday & Thursday from
3:15pm

Lightning Ridge Central School
Koolin Street, Lightning Ridge 2834

Please join us for
The Lightning Ridge Central School
**YEAR TWELVE
FORMAL**

On Saturday November 23, 2019

At 6pm

Lightning Ridge District Bowling Club

Legends Room



**LIGHTNING RIDGE
JUNIOR RUGBY LEAGUE**



YOU'RE INVITED TO

**LIGHTNING RIDGE TIGERS
JRL's**

2019 PRESENTATION DAY
& END OF YEAR PARTY

Saturday 16th November
Lightning Ridge Bowling Club
(Legends Room)
2pm

Please bring a plate of party food
to share

All children must be accompanied
by a responsible adult.

LAPTOP PAYMENTS NOW DUE

T120 Laptop Payments due by Friday 29th November 2019

Laptop lease payments are due Friday of week 7 of every Term.
Any Laptops with outstanding payments will be collected in Week 8
and stored at Lightning Ridge Central School until the laptop lease
payment is made.

Payments can be paid online at our School website
www.lightningr-c.schools.nsw.edu.au by clicking on "Make a
payment" and following the prompts by using your credit/debit card.

Alternatively, you can pay cash or cheque at the School office.



P & C MEETING



TUESDAY 26TH NOVEMBER 2019

@ 5pm

**Parents invited to attend
and become a member of the
P & C Committee.**



Parents and Citizens Association is a school based organisation consisting of parents, teachers and interested citizens. P&C Associations reflect the role of the community in the local school and provide opportunities to enjoy, learn and communicate with parents interested in the education of children.

P & C meetings are held at the school every 3rd and 7th week of each term at 5pm in B2 Building (next to uniform shop).

For enquiries contact

Lightning Ridge Central School
Kaolin Street (PO Box 294) Lightning Ridge 2834
Ph 02 68290511 Fax 02 68290137
Email: lightningr-c.school@det.nsw.edu.au



Presentation Day

**DECEMBER 12TH
9:30AM - 11:00AM
2019**

**LIGHTNING RIDGE
CENTRAL SCHOOL**



PRIMARY

OPAL

POOL PARTY

Monday, December 16th

\$5 ENTRY FEE PAYABLE AT THE POOL ON THE DAY
FREE sausage sizzle

FOR A HEALTHY LUNCHBOX
SOMETHING FROM EACH GROUP 1-6!

PICK & MIX



Healthy, balanced packed lunch.

1 Fill-you-up foods

Choose slow release energy foods. Wholegrain or wholemeal carbohydrates are best!

TRY...

Bread, Rolls, Pittas. MAKE A SANDWICH!

Pasta, Potato, Noodle Couscous, Lentil, Chick-pea, Rice. MAKE A SALAD!



2 Help-you-grow foods

Have a small portion of MEAT, FISH, EGGS or BEANS (for protein). Perhaps in a sandwich or salad.

TRY...

- Hard boiled egg
- Cold cooked meat & poultry
- Cold cooked fish – fresh or tinned
- Low fat cheese
- Handfull of unsalted nuts

Don't forget the dairy foods (for calcium).



Take a drink

- Water (the best choice!)
- Low fat milk
- Smoothies
- Diluted 100% fruit juice



Occasional treats

- Cereal bar
- Scone
- Pikelet
- Sweet / savoury biscuit
- Chocolate / lollies



Salad suggestion

Choose a 'fill you up' base

- Rice
- Lentils
- Pasta
- Noodles
- Couscous
- Beans
- Potato

Add some colours

- Mushroom
- Celery
- Carrot
- Cauliflower
- Cabbage
- Capsicum
- Sweet corn
- Bean sprouts

Add a little dressing

- Low-fat mayonnaise
- Olive oil & fresh lemon

Lovely!



3 Fruit and vegetables

Pack some crunch in a salad or sandwich or just to eat on their own.

TRY...

- Handfull of dried fruit
- Fresh salad
- Vegetable sticks with low fat hummus, salsa or yoghurt
- Berries with yoghurt



lunch box tips

keep your packed lunch cool and well-contained

LRCS CANTEEN MENU TERM 4 2019

SNACKS (RECESS & LUNCH)

Crunch cups (Cheese/carrot/celery/cucumber/toms)	\$2.50
Grain waves sour crème	\$1.20
Gomes chocolate/Anzac bisc lite	\$0.80
Yoplait yogurts vanilla/strawberry 175gm	\$2.50
Cheese sticks	\$1.00
lite Choc muffins 75gm	\$2.00
Koala popcorn salted	\$1.50
Snaps tangy salsa	\$1.50
Fresh fruit banana/apples/oranges (\$1.00-\$1.30)	
Fruit salad cups	\$1.50
Frozen banana pieces/1/2 frozen orange	
/frozen pineapple	\$0.60
Frozen fruit salad bowl (pine/orange/ban)	\$1.50

DRINKS

Spring Water 600ml	\$2.00
CHILL J (Juice Bo(grape/blackcurrent/	\$2.00
Watermelon/Apple raspberry/orange passio	
Just juice poppers 250ml Apple/orange	
Apple blackcurrent	\$2.00
Classic 300ml chocolate/strawb milks	\$2.80
Big M choc/strawb ctn milks 250ml	\$2.00
Nippys reduced fat choc/strawb/honeycomb	
Iced coffee 375ml (High school only)	\$2.70
Plain ctn milk 300ml	\$2.00

ICECREAMS LUNCH ONLY

Icy poles lemonade/raspberry	\$1.30
Billabong choc/twirl	\$1.60
Vanilla (Bulla) dixie cup	\$1.20
Ka blueys blue/red/lemon//chocolate	\$0.50
Frozen poppers (incl spoon)	\$2.00
Fruity ice pops	\$0.60c
Frozen yog. Twisted (blueberry, mango	
Watermelon)	\$2.20

SANDWICHES (gluten free bread available)

(Multigrain roll extra 50c)

Cheese	\$3.20
Cheese salad	\$4.00
Cheese & tomato	\$3.40
Ham cheese tomato	\$4.00
Ham or chicken salad	\$4.20
Ham or Chicken	\$3.40
Chicken Chilli Tender Salad(ROLL)	\$5.00
Ham & cheese	\$3.80
Chicken lettuce mayo	\$3.80
Chicken avo mayo	\$4.00
Curried egg	\$3.60
Egg lettuce mayo	\$3.80
Tuna lettuce mayo	\$3.80
Vegete	\$2.50

WRAPS (WHOLEGRAIN)

Salad wraps	\$6.00
Chicken or Ham salad	\$6.50
Chicken lettuce mayo	\$5.50
Chilli tender lettuce tom avo cheese	\$6.50
Tuna lettuce mayo	\$5.50
Tuna salad	\$6.50

SALAD BOXES (please pre order)

Salad box	\$6.50
Chicken or ham /egg or tuna salad	\$7.00
(lett/tom/cuc/beet/carrot/cheese/)	

SMALL SALAD BOWLS

Salad	\$5.00
Chicken or ham - egg or tuna	\$5.50

TOASTED SANDWICHES (pls order)

(please order during summer months)	
Cheese & ham	\$3.80
Ham cheese tomato	\$4.00
Cheese	\$3.20
Cheese & tomato	\$3.50
Chicken avo cheese	\$4.50
Chicken & cheese	\$4.00
Chilli tender & cheese roll	\$5.00

HOT FOODS

Sausage rolls	\$3.30
Travellers pie	\$3.60
Party pies lite	\$1.00
Chilli tender	\$1.50
Garlic bread (good tucker)	\$1.30
UFO ½ roll cheese & tom sauce	\$1.80
Chicken strips per bag (6)	\$3.00
Lasagne	\$4.00
McCains Pizza Ham pine or	
ham cheese	\$3.00
Beefburger (lett/tom/cheese/beet)	\$4.80
Chicken burger (lett/tom/mayo)	\$4.50
Chicken strips ea	0.60c
Beef or Chicken noodles	\$1.80

MISCELLANEOUS

Tomato Sauce or BBQ	\$0.30
Bundle of lunch bags	\$2.00

OPTIONAL EXTRAS SALAD BOXES: Onion, Avo, pineapple, please indicate on order. Also avail Mayo or French dressing!

CANTEEN CLOSING AT 9.00AM FOR ORDERS!
ALL PROFIT GOES TO P&C FOR THE STUDENTS!
PLEASE PUT RECESS & LUNCH ORDERS ON SEPARATE BAGS, NAME, CLASS, THANKYOU!