LIGHTNING RIDGE CENTRAL SCHOOL



Principal: Mr Kerry Adamthwaite

Deputy Principal: Mrs Margaret Morriss

Term 1, Week 4 2018

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Principal's Report

I have always believed that education is the greatest gift that we can give any person. I was reminded during the holidays as I left the school one afternoon that education truly is "the pot of gold at the end of the rainbow"

What a fantastic start to the 2018 school year. 2 days of professional learning for our staff



the highlight of which was a day learning about a teaching style which is called "Explicit Instruction".

This is the beginning of a long-term relationship with Mr John Fleming from Victoria who has transformed the learning of children in schools just like ours right around the country. We are very fortunate that he will be working with every one of our teachers and we will see in every single classroom a huge improvement engagement and learning outcomes over the next few years.

Mr Fleming was able to see the great potential we have for improvement is looking forward to building on the gains we have made in the last few years.

Fortunately as this rolls out into every single classroom across the school Kindergarten to Year 12, we will be able to measure the improvement. Unfortunately we want be able to assist students whose attendance is poor anywhere near as much as the students who are at school every day. More than ever Every Day Counts

As you can see 2018 will be another very busy year. Our 1st official function was an opportunity for all parents to get to know their children's teachers from 5:30 PM at the school on Tuesday, 13 February. Everybody, Kindergarten to Year 12, were welcome and our P&C provided a sausage sizzle.

Thanks to all those who came along and to either the P&C Meeting or the Meet the Teachers. The number of parents who attended was much larger than in previous years and it was great to meet and talk to so many parents.

The P&C meeting was an opportunity to have a look at the 1st draft of our new School plan so that you can have a voice in what happens at Lightning Ridge Central School for the next 3 years. If you missed out on collecting a copy call in to the school and collect one.

Our students have returned eager to learn and in full school uniform and prepared with all the materials they need to maximise their success at school. I would like to remind parents that they are always welcome to discuss their children's progress or any on other topics with staff of the school. I look forward to seeing many more parents involved in the school this year.

RIDGE KIDS CAN DO ANYTHING !!!

2018 School Newsletter now available online, check out our website on www.lightningr-c.schools.nsw.edu.au



K - 6 Assembly

Thur 1st Mar

Clean Up Australia Day

Thur 1st Mar

Mid-Term Break

Fri 2nd - Mon 5th Mar

Primary Regional Swimming

Mon 5th Mar

Secondary Regional Swimming

Tue 6th & Wed 7th Mar

AECG Meeting

Wed 14th Mar

P&C Meeting

Tue 13th Mar

Mooramblilla Workshop

Fri 23rd Mar

Good Friday

Fri 30th Mar

Easter Monday

Mon 2nd Apr



Principals Report continued:

Our School Swimming Carnival was a terrific day last Friday and it went very well with lots of students participating and enjoying the day and supported by lots of parents and grandparents cheering students along. Successful student will now be looking forward to the Barwon Swimming Carnival coming up soon. Thanks to Mr Bonsing and all his helpers for organising the Carnival.

If you would like to discuss anything mentioned in this newsletter or any other matters please feel free to come in and have a chat. Parents and community members are always welcome however; it is wise to make an appointment beforehand to avoid having to wait.



Deputy Principal's Report

Welcome to 2018, we have had a fantastic start to the year. It is pleasing to see so many students in uniform and ready for learning. When walking around the secondary classrooms I can see students settled and engaged in their learning. It is important that all children arrive ready to learn each day, this includes books, pens and a charged laptop.

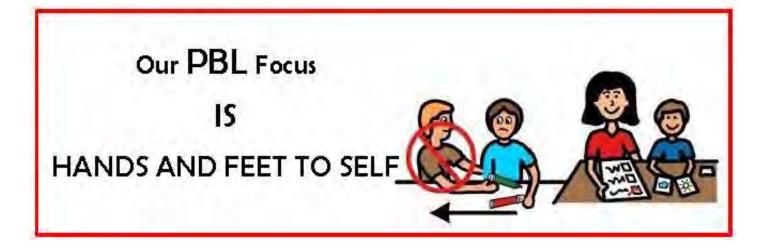
We are continuing with the use of an online reading program called Lexia. All students will be using Lexia three times a week. Lexia can be accessed at home to further develop your Child's reading skills.

We had an amazing number of parents attend our meet & greet held in week 3. This enabled parents to put a name to a face and teachers to chat with parents regarding the children. If you were unable to attend and would like to speak to your child's teacher please contact the school to make an appointment.

This year the School annual swimming carnival was held over 2 days. The long distance events took place on Monday 12th February, and the whole school swimming carnival including the sports house novelty events on Friday 16th February. See page 12 for Swimming Carnival report. Thanks to the organising staff Ms Francis & Mr Bonsing along with all the staff and parents who helped out on the day.

During the next fortnight we have basketball team competing in north west SSA knockouts, students participating in Clean up Australia Day and for our senior students we will have a presenter talking to them about managing their time and reducing stress in the lead up to their HSC later in the year.

- Mrs Morriss





Primary Report

Welcome back to school!! The Primary staff look forward to working with you and your child to make this the best school year ever. Students have all settled well into the new year. APs will let you know what's happening in each stage.

Classes and staff in Primary for 2018 are:

Early Stage 1 & Stage 1—Puggles (Kindergarten)-Miss Mittasch, Joeys (Kindergarten and Year 1) - Miss Stiller

Yin.ga (Year 1 and 2)- Mr Sundstrom, Balabalaa (Year 1 and 2) - Mrs Mapperson;

Stage 2— O'Sullivan (Miss Molyneux); Hollows (Mr Crawley); Flannery (Mrs Hicks)

Stage 3 Narran (Miss Slater); Culgoa Mr Bonsing; Bokhara (Mr Britts)

MC - Bumblebees (Mrs Loiterton)

Miss Press is the Learning Support teacher; Mrs Caley is the Learning Support Team Coordinator.

The Assistant Principal of each stage is Mr Sundstrom (Early Stage 1 & Stage 1); Mrs Caley (Stage 2); Mr Bonsing (Stage 3 and MC).

Mr Bonsing will be organising, and be the school contact for the Primary sport carnivals, representative sport, school swimming and sport competitions in the region e.g. Ricky Walford.

Miss Davies is the Instructional Leader, Literacy and Numeracy in the K-2 area. Andrew Newman is the TRS.

Mrs Miles the Assistant Principal, Teaching and Learning in Stages 2 & 3.

Miss Mack will be working in K-2 classes to support students in literacy and numeracy and in Stages 2 & 3 to assist with the implementation of Syllabus Success.

Miss Thompson and Mrs Fahey will be teaching in the teachers' release time.

The Learning and Support Officers are; Kaycee (Stage 3); Melissa (Stage 2); Krystal and Yvonne (Stage 1); Tess (Early Stage 1); Ron and Kayle (MC). Integration support: Jacqui, Helena and Deb

Lennie Frail is the Primary Aboriginal Education officer.

What's on in Primary:

Barwon Zone Swimming carnival - 22 February at Lightning Ridge pool

Stage 3 assembly Monday mornings at 8:45

Miss Davies

Instructional Leader

Literacy & Numeracy K-2

- Miss Davies



Library Report

Welcome back to 2018 in the library..or welcome if this is your first year at Lightning Ridge Central School.

We are back with enthusiasm and already have established clear procedures and expectations of students. Below is the timetable for your information for the K-6 students. Each Primary class has an hour of Library/RFF with me in the library and Mr Britt's class also has an hour every second week when he attends SRC meetings. This is when I get to teach Stage 3 Maths! I also am the Distance Education

Supervisor for Secondary students. and Secondary Scripture Supervisor. I am a mother and a long-time local resident and teacher. I have and always will involve myself with the community and am happy to talk to parents at school or in the community about school library matters.

I am fortunate to also involve myself in activities outside the library when we have whole school events. I recently assisted at the swimming carnival and enjoyed seeing students participate in a sporting activity. Swimming is such a good sport and with our fabulous locally funded swimming and diving facility it is good to see students swimming and having fun there. It's also good to see students in the outdoors. I see a few students riding bikes and walking for exercise. When it gets cooler perhaps more will. You can also read outside. I have been known to read in the water...only recommend this if you own the reading material!

Tuesday Library classes: Narran (Miss Slater) Culgoa (Mr Bonsing), Puggles (Miss Stiller) Joeys (Miss Mittasch)

Wednesday Library classes: Bumblebees (Mrs Loiterton) Bokhara (Mr Britts) Balabalaa (Mrs Mapperson) Yin.ga (Mr Sundstrom

Thursday Library classes: Flannery (Mrs Hicks) Hollows (Mr Crawley) O'Sullivan (Miss Molyneux)

If students could bring a library bag for borrowing on their library day that would be good. We gave out lots of Khans grocery bags in the first week of borrowing but your own bag is better. Students receive a library turtle for returning their book and also a ticket for having a library bag. There are other way s of receiving a library turtle ticket and in the first week the boxes in which the turtle tickets go were quite full. A weekly draw takes place for each Stage and the winning student receives either a book to keep or a Canteen youcher.

The winners recently have been:

Early Stage 1 Joseph Peters ES1J Term 1, Week 2

Stage 1 Cynthia Khabo S1Y

Stage 2 Sara-Jayne Smith S2H

Stage 3 Rianna Haverhoek S3N

The library is open at lunchtimes Monday—Thursday and we have lots of activities to partake in. there are computers, puzzles, chess, colouring in leggo to name a few and of course reading.

The LRCS Reading Challenge has started for Stages 1-3. Kinder will participate in Term 2. Recording sheets were given out in lessons and there are more in the library. Already we have had three completed sheets handed in by Austin Hallett, Jazmin Murray and Dannielle McFadden.

We have had some longterm overdue books returned after the holidays...good room tidying I believe and also one student paid for a lost book. Great!

As always feel you can ask about library related matters. Kerrieanne Turk and I are happy to answer questions you may have. I enjoyed the opportunity to talk to parents at the K-12 Meet and Greet BBQ.

Best wishes for a good Term 1,

- Mrs Fahey

K-4 Assembly Term 1 Week 4



Quality Work Award



Girrabirrii Award



Student of the Week



Primary Student of the week Term 1 Week 2 Jason Pistol S2F

Jason has had a wonderful start to the new year at school. He is polite, considerate and always sets an excellent example for his peers by following the 5 Turtle Rules. Jason has come into S2F with a positive attitude and is trying his best in everything we do. He has been a superstar during our maths sessions, solving maths problems and challenging himself. Keep up the great work Jason, we are very lucky to have you in our class.



Primary Student of the week Term 1 Week 2 Olivia Newman K1P

Olivia has made an incredible start to the year. She is always the first to help a friend or to offer support to anyone who needs it both in the classroom and on the playground. Olivia is a wonderful friend and role model for all her peers. We are extremely lucky to have her in K1. Well done, Olivia!



Primary Student of the week Term 1 Week 4 Isabella Pavy ES1J

Isabella is a quiet member of the class who always applies herself in all areas of her schooling. She always follows our PBL goals and school values. What a brillant start to Kindergarten 2018. Congratulations Isabella!



Primary Student of the week Term 1 Week 4 Evan Wiesnet S1Y

Evan has had a fantstic start in Year 2. He is trying his hardest and has been polite and friendly in class. Evan has shown he can be responsible and take on classroom jobs. Excellent Work Evan



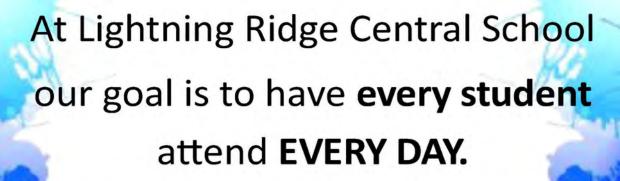
Secondary Student of the week Term 1 Week 2 Jada Seaton Year 7

Jada consistently follows instructions and completes quality work. She has made a wonderful transition into Year 7. Well done Jada!



Secondary Student of the week Term 1 Week 3 Sebastian Bogdan Year 8

Sebastian has made an excellent start to 2018. He has shown a committed attitude towards learning; always follows instructions, works independently in class, has excellent handwriting skills, ignores distractions and is always focused on his class work. Sebastian is an excellent role model who encourages others to do their best in class, wears school uniform and shows great sportsmanship in the playground. Well done Sebastian!



From February 6 to February 16 we had 3 year groups that received the

Best Attenders Award

Years 3, 4 and 5.

Well Done to those students that were here giving themselves the best opportunity to learn!







Maths/ Science

A CONSTANT RATE OF FLOW

We apply the mathematical concept of RATES in cooking, travelling, estimating cost and engineering.

The scientific concept of balance or HOMEOSTASIS occurs naturally in dynamic biotic systems.

Students here are conducting an experiment to see if they can balance the rate of input to the rate of out-put of a system and to identify the variables.







Science

Students were investigating if it was possible to form bubbles using dry ice. Students discovered that dry ice is able to change directly from a solid to a gas, without ever being a liquid; observing the process of sublimation. Students had a great time investigating and challenging each other to create the best bubbles.

Ms Parsons









Annual School Swimming Carnival

Lightning Ridge Central School's Annual Swimming Carnival was held Monday 12th & Friday 16th February 2018 at the Lightning Ridge Olympic Pool.

Congratulations to everyone who competed!

Primary boys Swimming Results	100m free- style	50m free- style	50m breast- stroke		50m butterfly	4x50m medley
8 year olds	place	place	place	place	place	place
_		1				
Riley Benjamin Kobi Thomas		2				
Takoha Thompson		3				
9 year olds		3				
Blake Benjamin		1		3	2	
Cooper Lohse		2				3
Dylan Worley		3				
10 year olds		J				
Isaiah Seaton	1	1	1	1	1	1
Keegan Brown	2		3		2	
Ben Haverhoek	3	3	2	2		2
Saxon White		2				
11 year olds						
Markell McBride					1	
Quintin Bolton		1				
Brandon Dos Santos Hall		2	_	_		
Austin Hallett		3		_		
12 year olds						
Creed Gordon		1	2	1	1	
Ethan Lohse		2	1			
Thomas Pickering		3				

Primary Girl Swimming Results	100m free- style	50m free- style	50m breast- stroke	50m back- stroke	50m butterfly	4x50m medley
	place	place	place	place	place	place
8 year olds						
Temia McBride		1				
Chaylarna Lumber		2				
Tyleah Hooper Lamb		3				
9 year olds						
Macy Seaton	1	1	1	1	1	1
Izabella Mallouk		2				
10 year olds						
Ellie Gough	2	1	3	2	2	2
Jaidey Samuelsson	3	2	2	3	3	3
Evey Allen		3				
11 year olds						
Mattie-Lee Seaton	1	1	2	1	1	1
Makayla McBride	2	3		3	2	3
Allira Bleasdale	3	2	1	2		2
Chanel Kenny			3			
12 year olds						
Rianna Haverhoek	1	1	1	1	1	1
Charli McCabe	2	2	2	2	2	2
Ella Nagy		3		3		























Annual School Swimming Carnival

Secondary girl Swimming Results	100m freestyle place	50m breastroke place	100m breastroke place	50m freestyle place	50m back- stroke place	50m butterfly place	100m Back- stroke place	400m Freestyle place	100m Butterfly place	200m Freestyle place	200m medley place
12 year olds											
Lateisha Torrens		3		1							
Lexi McBride				2		2					
13 year olds											
Jada Seaton	1	1	1	1	1	1	1	1	1	1	1
14 year olds											
Tarnee Flint		2		3							
Shelby Davis				1	2						
Katie Drew				2	3						
15 year olds											
Karlie Haverhoek		1		1	1	1					
Jessica Smith		2		2	•						
16 year olds											
Tori Smith				1		2					









Secondary Boy Swimming Results	100m freestyle	50m breastroke	100m breastroke	50m freestyle place	50m back- stroke place	50m butterfly	100m Back- stroke	400m Freestyle	100m Butterfly	200 Freestyle	200m medley place
12 year olds	piaco	piaco	piaco	piaco	piaco	ріцоо	piaco	piaco	piaco	piaco	piaco
Linken McBride	1		1	1	1	2	1	1	1	1	1
13 year olds											
Chevy Schlaeppi						3					
Billy Frail		3		2	3						
Nakai Bleasdale		2									
Nathaniel Fields Walford				1							
Andrew Campbell Filpovic				3	2						
14 year olds											
Noah Harrison		1		1		1					
Jacob Mack				2							
15 year olds											
Dyami Bleasdale	1	3	2	1		1	1		1	1	1
Sean White		2				2					
Khayden Morgan				2							
Tenakua Thompson				3							
Michael Campbell Filipovic						3					
17+ year olds								_	_		_
Carter Bevan	2	1	1	1				1		2	
Connor				2							



Lightning Ridge Central School 2017 P & C Uniform Shop Price List

WHOLE SCHOOL ITEMS	PRICE SE	ZE	QUANTITY	TOTAL
Caps—BB Black w/ logo	\$7.00			
Hats—Bucket (Red)	\$5.00			
Hats—Red wide brim	\$7.00			
Back Packs Large	\$30.00			
Black Jackets—no logo (Large sizes only)	\$20.00			
Sports Shirts—House colours	\$7.00			
JUNIOR K - 4	F-17 E	Take III	Marie Company	11
Shirts—Red	\$20.00			
Sloppy Joe—Red, logo	\$20.00			
Track pants—Black, Micro fibre	\$25.00			
Track pants—Black, Fleecy	\$20.00			
Shorts—Black, Micro fibre, Cargo	\$15.00			
Skorts—Black	\$15.00			
MIDDLE YEAR 5-9				
Shirts—Black / Red / White (Stage 3, 4 & 5)	\$25.00			
Jacket— Black (Large sizes only)	\$40.00			
Track pants— Black Fleecy	\$20.00			
Track Pants—Black Micro Fibre	\$25.00			
Shorts-Black, Micro fibre, Cargo, Rugby knit	\$15.00			
Skorts—Black	\$15.00			
Jackets—Red/Black (new)	\$35.00			
Canterbury Jersey Year 9	\$65.00			
SENIOR YEAR 10 - 12				
Shirts—White	\$20.00			
Jacket—Black	\$40.00			
Track pants— Black Fleecy	\$20.00			
Track Pants— Black Micro Fibre	\$25.00			
Shorts— Black Rugby	\$15.00			
Jackets—Red/Black (new)	\$35.00			
Canterbury Jersey	\$65.00			
			TOTAL	

CONTACT DETAILS

Every Day COUNTS

Absentee Note

Every Day COUNTS

Absentee Note

Please return this note to the school within 7 days of absence

Student's full name:	me:			of Class:
Was/ will be awa	ay from s	Was/ will be away from school on		
The reason for absence is: (Please tick box)	ence is: (Pi	ease tick box)		
Sickness		Wet roads		Another reason which I
☐ Visit to doctor		Family business		will talk to the school about
☐ Visit to dentist		Family holiday		
□ Royal Far West		Rep sport, Regional or		
		Ototo commission	1	

Signed.....(Parent/ caregiver)

Entered

SAO Initial

Date.....

Student's full name: of Class: Was/ will be away from school on	H: (02) 6	Student's full name:	SAO Initial			Deta	John Total
Student's full name:	Lightning Ridge Central School PH: (02) 6829 0511 Student's full name:	Student's full name:		(Parent/ caregiver)			Signe
Student's full name:	Student's full name:	Student's full name:	Office use	State carnival			
Student's full name:	Student's full name:	Student's full name: Was/ will be away from school on		Rep sport, Regional or		Royal Far West	
Student's full name:of Class: Was/ will be away from school on The reason for absence is: (Please tick box) Sickness	Student's full name: of Class: of Class: Was/ will be away from school on	Student's full name: Was/ will be away from school on		Family holiday		Visit to dentist	
Student's full name:of Class: Was/ will be away from school on The reason for absence is: (Please tick box) Sickness	Student's full name: of Class: of Class: Was/ will be away from school on	Student's full name: of Class: of Class: Was/ will be away from school on	about	Family business		Visit to doctor	
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	Lightning Ridge Central School PH: (02) 6829 0511	Lightning Ridge Central School PH: (02) 6829 0511	of Class:		ľ	lent's full name	Stuc

Stu	Student's full name:			of Class:
Wa	s/ will be away	from s	Was/ will be away from school on	
The	The reason for absence is: (Please tick box)	e is: (Pla	ease tick box)	
	Sickness		Wet roads	Another reason which I
	Visit to doctor		Family business	will talk to the school about
	Visit to dentist		Family holiday	
	Royal Far West		Rep sport, Regional or	
			State carnival	Office use
Signe	d		Signed(Parent/ caregiver)	
Date.	Date			SAO Initial



Please return this note to the school within 7 days of absence

Lightning Ridge Central School PH: (02) 6829 0511

Every Day COUNTS

Every Day COUNTS

Absentee Note

Absentee Note

Please return this note to the school within 7 days of absence

Lightning Ridge Central School PH: (02) 6829 0511

Was/ will be away from school on	Student's full name:
	of Class:

The



www.schoolatoz.com.au

Too sick for school?



Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

Bronchitis	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	until they are feeling better. Antibiotics may be needed.
Chickenpox (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	for 5 days from the onset of the rash and the blisters have dried.
Conjunctivitis	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.
Diarrhoea (no organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	for at least 24 hours after diarrhoea stops.
Fever	A temperature of 38.5°C or more in older infants and children.	until temperature is normal.
Gastroenteritis	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	for at least 24 hours after diarrhoea and/or vomiting stops.
German measles (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	for at least 4 days after the rash appears.
Glandular Fever (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	unless they're feeling unwell.
Hand, Foot and Mouth Disease (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	until all blisters have dried.
Hayfever [Allergic rhinitis] caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	unless they feel unwell or are taking a medication which makes them sleepy.
Head lice or nits* (Pediculosis)	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	while continuing to treat head lice each night. Tell the school.

Hepatitis A	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	for 2 weeks after first symptoms (or 1 week after onset of jaundice). Contact your doctor before returning to school.	
Hepatitis B	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	if they have symptoms. Contact your doctor before returning to school. if they have have a chronic infection (not the first outbreak) and no symptoms.	
Impetigo (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	until antibiotic treatment starts. Sores should be covered with watertight dressings.	
Influenza	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	until well.	
Measles	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	for at least 4 days after the rash appears.	
Meningococcal Disease	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	Seek medical attention immediately. Patient will need hospital treatment. Close contacts receive antibiotics.	
Molluscum Contagiosum	Multiple small lumps (2–5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.		
Mumps	Fever, swollen and tender glands around the jaw.	for 9 days after onset of swelling	
Ringworm* (tinea corporis)	Small scaly patch on the skin surrounded by a pink ring.	for 24 hours after fungal treatment has begun.	
Runny nose or common cold		unless there are other symptor such as fever, sore throat, cough, rash or headache. Check with school.	
Scabies*	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	until 24 hours after treatment has begun.	
Shigella	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.	
Slapped Cheek Syndrome (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	as it is most infectious before the rash appears.	
Whooping Cough (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.	until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.	
Worms (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	and tell the school as other parents will need to know to check their kids.	

^{*}It is important that the rest of the family is checked for head lice, scabies and ringworm









On Thursday 1st March, 2018
Lightning Ridge Central School
will be participating in the
Annual Schools'
Clean Up Australia Day during
Periods 1 and 2 for Secondary
and from 9.00am – 10.00am
for Primary.



A Royal Flying Doctor Service

Dental Therapist visits the Community Health Centre (brick building across the road from Khan's) every Wednesday. Phone Marianne Webb on 02 6829 9900 to make an appointment.





ACTIVE KIDS – HEALTHY COMMUNITIES

I am delighted to confirm from 31 January 2018, every parent with a school-age child in New South Wales will be eligible to claim the NSW Government's \$100 Active Kids voucher, which will help cover the cost of participating in sport or other approved physical activity

Parents can claim their \$100 youcher online and then submit their youcher to their approved sport or physical activity provider when paying their membership or participation fees. The voucher will not be means-tested and is available to every school-aged child.

If you are not yet a registered provider it is not too late to register. To register as a provider in the Active Kids program you must deliver a structured sport or activity program of at least eight weeks' duration and be a:

- Sporting club/association affiliated with a recognised State Sporting Organisation located in NSW, or
- · For-profit or not-for-profit activity provider located in NSW.

Individual providers can register with Service NSW from 1 March 2018. After registering online with Service NSW for a MyService business account, providers will be able to register for Active Kids. The registration process may take up to 28 days to allow for relevant checks of the organisation to make sure it is eligible for the Active Kids program.

To facilitate your registration, please ensure you hold a current ABN, ACN or Certificate of Incorporation, do not have any outstanding actions or enforcement orders recorded by the office of Fair Trading and have the appropriate accreditations as required. All providers must be approved by, and registered with, the Active Kids program prior to

Please contact the Active Kids enquiry line on 13 77 88, email: activekids@sport.nsw.gov.au or go to your nearest Service NSW centre if you require any further assistance in registering.

Kow Hum phones

Kevin Humphries MP MEMBER FOR BARWON

() Berton Street (PO Bert 19) Extre NSW 2001 (IV 0808) 3777 10-127 (RSM 3611





Registration day



Spider Brown Oval

\$90 registration fee





Free sausage sizzle for players

See you there!!







Tigers Netball Registration Day

11am Saturday 24th March

Spider Brown Oval

Seven new school zone traffic offences

To help schools keep the school zone safer for all pedestrians and drivers there are seven new traffic infringements with new fines.

None of the seven offences attract demerit points when committed elsewhere on the road but in a school zone they each come with two points.

The changes are:

- Stopping in intersection Under the changes if a driver commits this offence in a school zone they will receive a penalty of \$439 and 2 demerit points.
- Stop within 20m of intersection (traffic lights) Under the changes if a driver commits this offence in a school zone they will receive a penalty of \$439 and 2 demerit points.
- Stop within 10m of intersection (no traffic lights) Under the changes if a driver commits this offence in a school zone they will receive a penalty of \$439 and 2 demerit points.
- Stop near bicycle crossing lights Under the changes if a driver commits this
 offence in a school zone they will receive a penalty of \$439 and 2 demerit points.
- Obstruct access to ramp/path/passageway Under the changes if a driver commits this offence in a school zone they will receive a penalty of \$330 and 2 demerit points.
- Not parallel park in the direction of travel Under the changes if a driver commits this offence in a school zone they will receive a \$330 fine and 2 demerit points.
- Parallel park close to dividing line Under the changes if a driver commits this
 offence in a school zone they will receive a \$330 fine and 2 demerit points.

All updated school zone offences can be located through Roads and Maritime: http://www.rms.nsw.gov.au/documents/roads/safety-rules/demerits-school.pdf

February 2018



LRCS CAREERS NEWSLETTER

All the latest career information each fortnight

http://www.lrcscareers.com/?page=newsletter



DATES TO REMEMBER

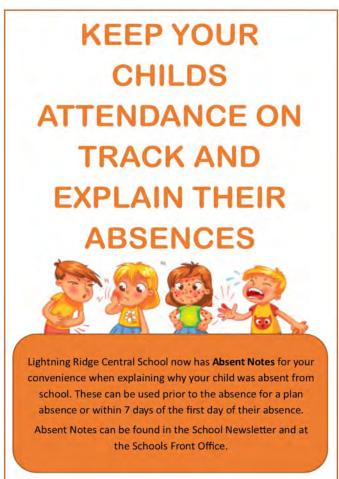
INDUSTRY INFORMATION

STUDY AND WORK OPPORTUNITIES

UPCOMING EVENTS

PLUS MUCH MORE







Everything is free
At Lightning Ridge Community Church (13 Morilla St)

Monday to Friday 12th - 16th March. 3.00 - 4.30 pm

K/ds Club

For school years K-6.

Bible stories, games, craft, music, afternoon tea!

Registration forms available from the school or church.
Forms can be returned to the school office, or the church

Getting there: we provide a walking group from the school to church, if you give permission on the rego form.

Bus to Cumborah & Grawin available

Monday to Friday 12th - 16th March. 3.00 - 4.30 pm

Youth Group

For High Schoolers.

Meet on the soccer oval after school, then finish at the Community Church.



For more information about other events:

contact David and Joanne 6829 0597 communitychurch@lightningridge.com.au





Child/Teen Care Form

Dear Parent / Guardian: To help us care for your children at Lightning Ridge Community Church, could you please complete this information. Contact us on 6829 0597 or communitychurch@lightningridge.com.au if you have any questions.



Addre	ss (or camp location):			
	ct number (one or more):	Alternative contact name & number (if y	ou can't be contacted):	
Child 1	Full name	Birth date		
	Medical conditions/ allergies		Sex M/I	
Child 2	Full name	Birth date		
	Medical conditions/ allergies	Sex M/I		
Child 3	Full name Birth			
	Medical conditions/ allergies			
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☐ With How c ☐ With ☐ Bus Is ther If so, p	an your child/ren leave church? In parent/guardian Walk/ride in parent/guardian Walk/ride in provided by church (during kids club e anyone who is legally restricted blease provide name(s):	ndependently		
☐ With How c ☐ With ☐ Bus Is ther If so, p Can pl	an your child/ren leave church? In parent/guardian	ndependently	? □ Yes □ No	
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☐ With ☐ Bus Is ther If so, p Can pl My sig I perm	an your child/ren leave church? In parent/guardian	Independently With adult (provide name/s)		
How c With Bus Is ther If so, p Can pl My sig I perm I give persor anaes	an your child/ren leave church? In parent/guardian Walk/ride in parent/guardian Walk/ride in provided by church (during kids club e anyone who is legally restricted elease provide name(s): whotos/videos of my child be responsiture below indicates that: Init my child to participate fully in the my permission, in the case of a mas supervising or administering the	ndependently	by the church authorities or other r order hospitalisation, injection,	
How c With Bus Is ther If so, p Can pl My sig I perm I give persor anaes; such p	an your child/ren leave church? In parent/guardian Walk/ride in parent/guardian Walk/ride in provided by church (during kids club e anyone who is legally restricted elease provide name(s): whotos/videos of my child be responsiture below indicates that: nit my child to participate fully in the my permission, in the case of a mas supervising or administering the thetic or surgery for my child as na rocedures.	ridependently	by the church authorities or other rorder hospitalisation, injection, to contact me prior to instituting	

We will treat the information contained confidentially. This information may be shared with a third party when it concerns medical health or care of the individuals listed. If you wish to access this information or have any queries, please do not hesitate to contact us.

Canteen Newsletter

Welcome back to Term 1, 2018.

The Canteen follows the Fresh Tastes Healthy Canteen guidelines set out by the canteen association.

GREEN (healthiest ie. Fruit, salads, sandwiches, etc),

AMBER (majority of menu ie. Pizza, pies etc),

RED (items to be sold only twice a Term ie. Confectionary etc., Easter & Xmas).

As Easter is not far away, Easter treats will be advertised in the next newsletter, notices will be put into class baskets and advertised at the canteen.

Gluten free products are available by order only! Gluten free bread, sausage rolls and pies.

Please find Canteen Menu for Term 1, 2018 overleaf. Copies of canteen menu are available at the Canteen and the Office.

The canteen tries to cater to all tastes, healthier the better! Any new items, deleted items or price rises will be advertised in the Canteen Newsletter.

A majority of our products are made for School Canteens, as they are portioned controlled.

Please note that all profits made by the canteen go to the P&C for the students.

CANTEEN RULES

MORNINGS: CANTEEN OPENED FOR ORDERS AND TO BUY DRINKS ONLY 8.30am - 8.40am

~Year 5 & 6 and High school only allowed to buy drinks in the mornings during the above times! Parents can order until 9.30am for students. Canteen roller doors will be closed from 9.30am until Recess.

~Kindy to Stage 2 (Red shirts) all orders can be placed in canteen baskets (menu and bags available in each stages baskets) and sent around to canteen for Recess and Lunch orders.

~Year 5 & 6 to year 12 students can buy over the counter at recess and lunch. Ice creams are available to buy or ordered at lunch only.

When ordering your Child's Recess and Lunch please put **R** or **L** on separate bags with **students name** and **class** and items to be ordered. Icecreams ordered for lunch will be put in a separate bag and sent with lunch orders, changes will be noted on bag.

Please note that the Canteen will close 5 min before bell time. Roller doors will be closed.

Students will not be served outside of Recess & Lunch times.

Thank you, Susan Chapman

CANTEEN MENU TERM 1 2018

SNACKS (RECESS & LUNCH)	SANDWICHES (gluten free bread available)		HOT FOODS			
		(Multigrain roll extra 50c)				
Vita weats(2) cheese vegi or cheese tom	\$1.00	Cheese	\$2.80	Cheese & Bacon roll	\$1.80	
Cafe style fruit bread fresh or toasted (2)	\$2.00	Cheese salad	\$3.80	Sausage rolls (lite pastry)	\$3.20	
J'J'S chick/pizza/S&V pkt	\$1.00	Cheese & tomato	\$3.20	Travellers pies	\$3.50	
Grain waves sour crème	\$1.20	Ham cheese tomato	\$3.80	Party pies lite	\$1.00	
Gomes chocolate/Anzac bisc	\$0.80	Ham or chicken salad	\$4.00	Chilli tender	\$1.50	
Snac pac Chocolate/Banana 140gm	\$1.50	Ham	\$3.20	Garlic bread	\$1.30	
Yoplait yogurts vanilla/strawberry 175gm	\$2.40	chicken	\$3.20	UFO ½ roll cheese & tom sauce	\$1.80	
Cheese sticks	\$1.00	Ham & cheese	\$3.60	Chicken strips per bag (6)	\$3.00	
Lite sara lee muffins choc	\$2.00	Chicken lettuce mayo	\$3.70	Chicken wedges (4)	\$3.00	
Popcorn (plain)	\$1.00	Egg lettuce tomato mayo	\$3.70	Lasagne	\$4.00	
Popcorn salted caramel/Honey/sea salt	\$1.50	Curried egg OR egg lett mayo	\$3.50	Pizza Ham pine or ham cheese	\$3.00	
Frozen ½ banana/1/2 frozen orange	\$0.60	Tuna lettuce tomato mayo	\$3.70	Beefburger (lett/tom/cheese/beet)	\$4.50	
Fun buns (plain or cinnamon)	\$2.00	Tuna lettuce mayo	\$3.50	Chicken burger (lett/tom/mayo)	\$4.30	
Fresh fruit banana/apples/oranges	\$1.20	Vegemite	\$2.20	Beef or chicken noodles	\$1.80	
Fruit salad cups	\$1.50	WRAPS (WHOLEGRAIN)		Chicken strips ea	0.60cBa	
		Salad wraps	\$6.00	2.207 1740 2		
<u>DRINKS</u>		Chicken or Ham salad	\$6.50			
Spring Water 600ml	\$2.00	Chicken lettuce mayo	\$5.50			
CHILL J's grape/blackcurrent/cola	\$2.00	Chilli tender lettuce tom avo cheese	\$6.50			
Apple raspberry		Tuna lettuce mayo	\$5.50	GLUTEN FREE (ORDERS ONLY)		
350ml Orange/apple/tropical juice	\$2.60	Tuna salad	\$6.50	**************************************		
Poppers apple/orange/tropical	\$2.00			Pies	\$4.00	
Classic 300ml choc/coffee/strawb milks \$2.70		SALAD BOXES (please pre order)		Sausage rolls	\$3.60	
Big M choc/strawb lite ctn milks 250ml	\$2.00	Salad box	\$6.00	MISCELLANEOUS		
Nippys reduced fat choc/strawb/honeycoml)	Chicken/ham/egg/tuna salad box	\$6.50	Tomato Sauce or BBQ	\$0.30	
Iced coffee 375ml \$2.60		(.lett/tom/cuc/beet/carrot/cheese/onion optional)		Bundle of lunch bags	\$2.00	
Plain ctn milk 300ml \$2.00		SMALL SALAD BOWLS				
		Salad	\$4.50			
		Chicken/ham/egg/tuna	\$5.00			
ICECREAMS LUNCH ONLY	TOASTED SANDWICHS WRAPS EXTRA					
Icy poles lemonade/raspberry	(all toasties cooking spray used)					
Billabong choc/twirl	\$1.60	Cheese & ham	\$3.60	CANTEEN CLOSES AT 9.30AM FOR ORDERS!		
Chocolate dixie cup	\$1.00	Ham cheese tomato	\$3.80	ALL PROFIT GOES TO P&C FOR THE		
Ka blueys blue/red/lemon fizz/strawberry	\$0.50	Ham cheese pineapple	\$4.00	STUDENTS!		
Cola		Cheese	\$2.80	PLEASE PUT RECESS & LUNCH ORDERS		
Fruitzy ice pops	\$0.60c	Chicken avo cheese	\$4.00	ON SEPARATE BAGS, NAME, CLASS,		
Frozen yog. Twisted (straw, raspberry coc, mango		Chicken & cheese	\$3.80	THANKYOU!		
Watermelon)	\$2.00	Cheese & tomato	\$3.20			
Quelch ice pops	\$0.60					
The state of the s						