

LIGHTNING RIDGE CENTRAL SCHOOL

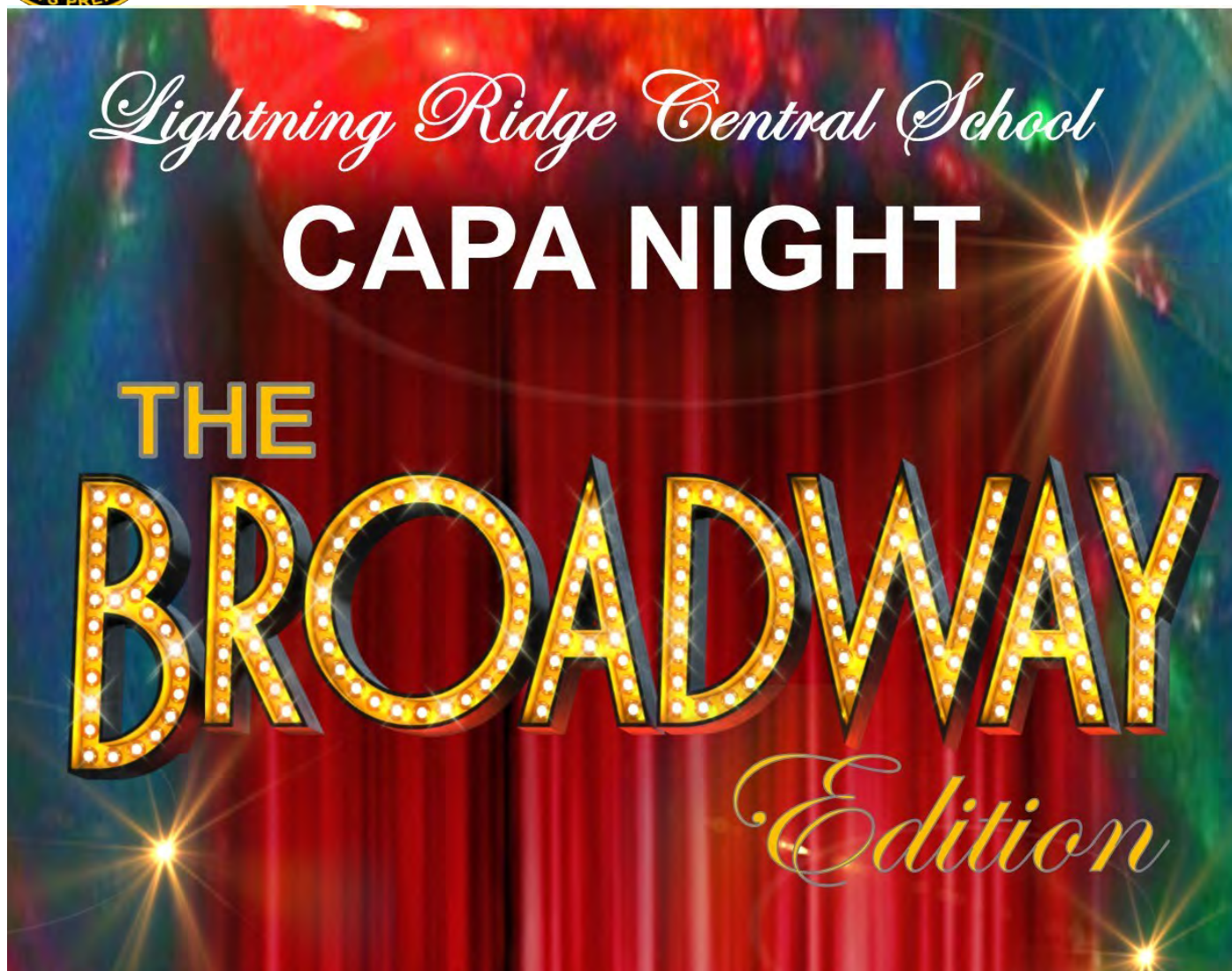


Principal: Mr Kerry Adamthwaite

Secondary Deputy Principal: Mrs Marg Morriss

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Lightning Ridge NSW 2834
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E lightningr-c.school@det.nsw.edu.au

Term 4 Week 4 2016



WHAT'S COMING UP

Year 12 Formal
5th November 2016

Narran Lake Excursion
9th November 2016

Mid Term Break
11/11/16—14/11/16

School Spectacular
25/26th November 2016
Sydney Olympic Park

Swimming Carnival
2nd Dec 2016

Presentation day
9th December
In Gym 9.30am

Last Day of School
Friday the 16th
December 2016

First day 2017
6th Febuary

2016 School Newsletter now available online,
check out our website on www.lightningr-c.schools.nsw.edu.au



Lightning Ridge Central School
CAPA NIGHT
SALE DVD's
Get a copy of the amazing performances from CAPA Night
Memories for a lifetime.
DVD's \$5 each
Pre order at the LRCS Office



Principal's Address

CAPA night was a huge success and everybody had a fantastic time because of the effort the students and our staff put in to produce a classic night's entertainment for everybody. It was amazing to see over 300 people jammed into our gymnasium and everyone with a smile on their face.

As expected the kids put on a brilliant show and enjoyed every minute of it. None of this could have happened without the efforts of the people we didn't see the students and staff running around behind the scenes organising students changing sets, the hours of preparation and rehearsal that went in to making the show possible. I'd like to thank all of those people however, special thanks should go to Katie Thompson and Bill Shannon who were the driving force behind the show. I'd also like to mention Priscilla Martinez who used to creative genius to develop the stunning backdrops that were projected behind the stage and Glen Peterson who used his amazing expertise to help get our complicated sound and lighting system to do just what he wanted.

I am constantly amazed by the skills and talents that we have in Lightning Ridge. Our CAPA night was perfect showcase for this but let's also celebrate the outstanding success of our Grandparents Day last Friday where over 150 grandparents and friends spent the day in our school working and enjoying time with our students and creating some fantastic memories. Special thanks to all those who helped and particularly the Men's Shed for their amateur radio and for their assistance with woodwork and also the Lightning Ridge Rotary club for their help cooking a barbecue lunch.

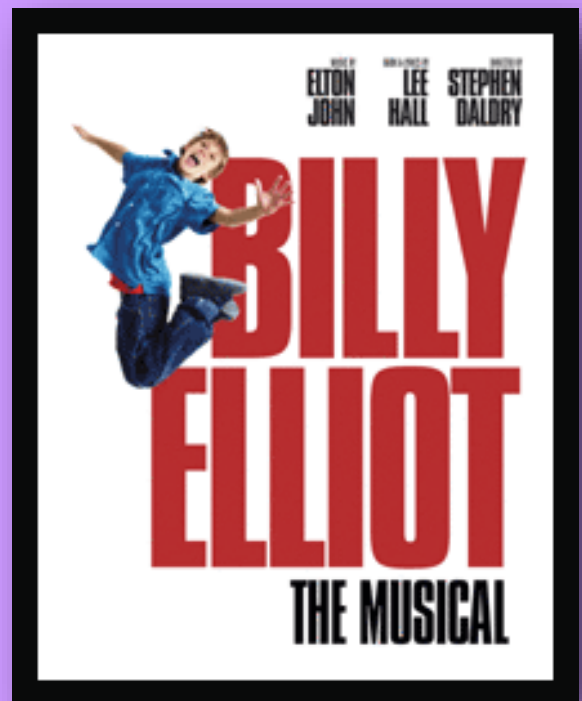


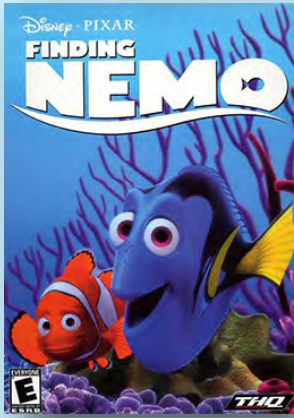


Kindy



Kindy had an awesome time at CAPA night. We practised hard and in the end all our hard work was worth it. We had the best time shaking it to "we like to boogie".





The MC Bumble Bee students enjoyed every aspect of their CAPA performance 'Finding Nemo.' Students chose their own characters and made puppets out of cardboard, masking tape and kebab sticks. Practise for the show began at the start of Term 3, where Bumble Bee students made their own class puppet show screen, using their own creativity with lighting and movement of the puppets. Students also enjoyed sewing the screen for the Broadway show.



MCB



S1B



Stage 1

Balabalaa had a fantastic time learning and rehearsing the moves for their Grease performance. We hope everyone enjoyed watching us.

We LOVED performing on CAPA night!





S1D



CAPA night was a magical experience for S1D. They worked and practiced hard for a number of weeks. S1D showcased their talents with dancing and singing to the classic musical, 'Singing in the Rain'. I am very proud for all my students in S1D. You did an amazing job!



S1Y

Yin.ga performed "It's a Hard Knock Life" from the musical Annie. The class did an excellent job of learning the lyrics of the song and some movements to go with it. A big thankyou to parents and families for getting the costumes organised. We hope you enjoyed the show.



It's a hard knock
life!!

S2H

It was fun fantastic and all of the performances were great – Millie

It was fun put the bands on the tie die T-shirt – Phoebe

I really enjoyed performing and watching the other performances – Kealee

Making the Tie Dye T – shirts was fun and I was happy my family got to watch – Brianna

I enjoyed watching all the performances. –Anjali

I liked performing our act and watching all the other classes. – Charli

I enjoyed making our T-shirts and watching the other performances. It was great to have my family there to watch us. – Chanel

I really liked singing in our Mamma Mia performance. – Travis

CAPA night was a fun experience with making out T-shirts and singing in front of a big crowd. – Boyd

It was fun standing on the stage singing in front of everyone. –Brandon

The whole thing was a fun experience. – Keegan

I had a lot of fun singing and making our t-shirts. – Sam L

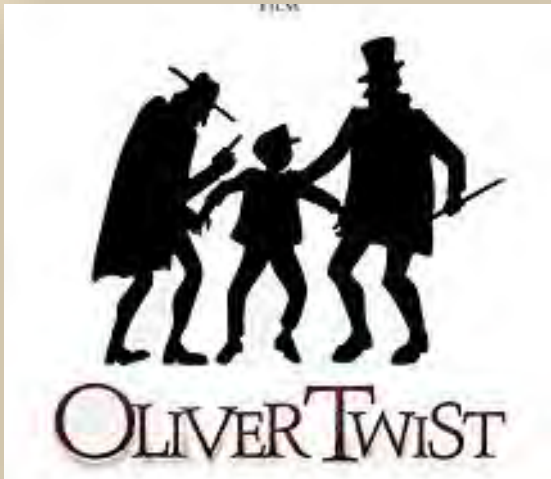


What an outstanding effort by all involved with the school CAPA night. It was pleasing to see how well S20 performed their Aladdin act on stage. The students practiced very hard over a 3 month period and it was a fantastic experience watching the class efforts coming together well on the night. A special congratulation must go toward the 5 actors who were involved in the performance, as there has been much positive feedback received on their impressive dramatic abilities. The narrators demonstrated a very professional demeanour on the night, standing well and reading the script with great focus and effort. A special thank you to Parker Bevan's mother, Regan. Regan watched many of our rehearsals and regularly encouraged the students on their efforts. She also played a key role in the clothing that both the actors and narrators wore on the night. Since the performance, the students involved have spoken very fondly of their experience of the night. It has definitely added to their confidence and self-belief when performing in front of an audience and many students in the class are keen to be involved in another school performance.

S20



S2F



S2F had a wonderful time performing and watching others perform at our CAPA night. In keeping with the theme of Broadway we selected a number from the musical Oliver Twist. It took regular practice to build up the skills and confidence we needed for the performance, but the students gave it their all. On the night it was very exciting to get into costume and show out parents what we could do when we put our minds to it.

Consider Yourself



S3C



Capa Night

S3Culgoas performance piece was inspired by the film 'Fame', intertwined with gender issues within dance. This was represented with students performing to five different songs, all choreographed with this issue in mind. The piece opened with an industrial setting featuring factory workers who were intimidated by a girl entering their world. The girl travelled through the whole scene, learning how to adapt her view of dance around what the boys expected dance to be. The girls journey throughout this piece, was one of struggle, questioning and searching for where she fit in the world of dance.



S3B
and
S3N



S3Narran and S3Bokhara performed a scene from Peter Pan. All the students performed a vital role either through creating props or acting. **The performance ran smoothly with the 'Lost Boy's' singing and dancing beautifully and the pirates creating havoc with swords and yelling.**

We were all very pleased with how the performance went.

Thankyou all for being an awesome audience!!!



I will never grow up!

All the practiced and hard work finally payed off!! All the students performed well on the night and gave it their best!! The students practiced for weeks throughout the term and at times were undecisive about what musical they wanted to perform. I am so happy that they stuck with this musical as most of them could relate to the story line. Congratulations to your dedication and hard work throughtout the term Year 7!

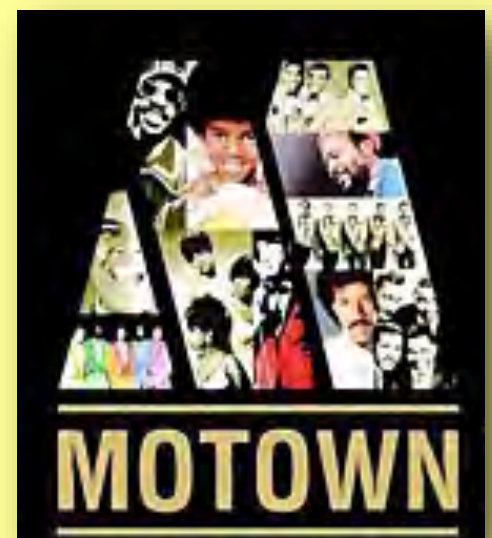


Year 7



This Year 7 class performed the well known and loved songs of the Motown era. The class was influenced by the sound and really enjoyed practicing their performance in class. On the night the students went above and beyond and enjoyed performing to the wonderful Lightning Ridge crowd. I couldn't be happier with this Year 7 groups dedication . Well done :)

Year 7



COMMUNITY EVENT AND INFORMATION DAY**With Kids Poster-Painting Competition!****OcSober-FEST**
STAY SOBER THIS OCTOBER**Due to postponement -bad weather on Saturday-****This event is now taking place as part of the
Lightning Ridge Children's Week Program****Wednesday, 26 October****3.30 AM TO 7.00 PM - LIONS PARK****Free barbecue****~tea, coffee, soft drinks**

Prizes for competitors are sponsored by local businesses
LRE Bi-Rite Electrical & Gas, Khan's IGA, Mr. Cheap Bargain Warehouse,
Rotary Club L/R, Weeks Newsagency

**This is an alcohol and drug free event, supported by community
organisations**

*'engaging our communities'***Auspiced by the Walgett Shire Council**

For more information contact: Walgett Shire Council Community and Youth
Development Teams on 02/6829126 or 02/68286107 or
The Ridge Community Resource Centre Inc. on 02/6829 4027

**CDAT**
We're stronger togetherFunded by the
NSW Ministry
of HealthSupported
by theAlcohol
and Drug
Foundation

PREVENTING HARM IN AUSTRALIA

EXCITING OPPORTUNITY:
VOLUNTEER STAFF NEEDED FOR
AUSTRALIAN OPAL CENTRE
SHOWROOM

No prior experience or knowledge required – all training will be provided.

Essential: neat presentation, good manners, honesty, reliability, willingness to work with people and a happy disposition. Minimum commitment: one 4-hour shift/week.

You'll learn heaps, get to work around beautiful and interesting things and be part of a great team working on one of the most exciting projects in Australia!

Interested? Have any questions?
Please contact us **immediately**.

Talk to David Valenti at the AOC at 3/11
Morilla St, Lightning Ridge or call David on
6829 1667 or 0433 575 265



FOSSILS
HISTORY
OPAL MINING
OPAL - AUSTRALIA'S
NATIONAL
GEMSTONE!
DINOSAURS
ANCIENT WORLDS
LEARNING
OPAL EDUCATION
A TWO-STOREY
UNDERGROUND
BUILDING
ENERGY EFFICIENCY
THE WORLD'S MOST
BEAUTIFUL GEMS
OLD TIMERS
CHARACTERS
LOCAL KNOWLEDGE
PALAEOLOGY
GEOLOGY
MARKETING OPAL
TO THE WORLD
ARCHITECTURE
GUEST SPEAKERS
EXHIBITIONS
GOOD TIMES!



Scholarship

PREMIER'S ANZAC MEMORIAL SCHOLARSHIP

The 2017 Premier's ANZAC Memorial Scholarship is now open for applications. The scholarship is available to Year 10 and 11 students with a keen interest in history. Winners of the scholarship will embark on a 12 day tour to significant Australian battlefields on the Western Front in Belgium and France, including taking part in commemorations of the Third Battle of Ypres in Flanders, marking 100 years since the British offensive in which Australia lost 38,000 men. Remembering Australia's service men and women is all the more important as we continue to commemorate the Centenary of ANZAC. Government, Catholic and independent schools are all invited to submit an expression of interest and will go into a ballot that will be drawn on 21 November. The 20 schools selected will then nominate one student each to take part in the 2017 tour. **Expressions of interest can be lodged online until 5pm Monday 14 November at <http://www.veterans.nsw.gov.au/education/premiers-anzac-memorial-scholarship-tour/>**

HOME SCHOOL LIAISON OFFICERS WILL INTERVIEW STUDENTS ABOUT LATE ARRIVALS



In the next few weeks Home School Liaison Officers will be in the school to interview students whose attendance is of concern. This is part of an ongoing program to improve attendance and reduce truancy in the district.

Parents, teachers and young people share concerns that students are at risk of being victims of crime when they are **out of school during school hours. Frequent absences are of concern because they often affect a student's ability to** reach their academic potential and to maintain school friendships.

The *Education Act of 1990* states that it is the duty of parents and carers to see that their children of compulsory school age attend school on time every day the school is open for instruction.

Some absences are unavoidable because of sickness, a family emergency, or attendance at a religious ceremony. All absences must be explained within 7 days.

If you have any concerns about attendance or truancy at this school, please contact the school on 68 290 511.

Remember that ROLL CALL is at 8.40am each day.



If students are late they need to either:

- bring a note explaining their absence, OR
- their carer should contact the school in person to explain the lateness, or
- their carer should phone the school to explain the lateness

Gillian McKenzie HSLO and Tammy Baker ASLO

Phone 68 221 522



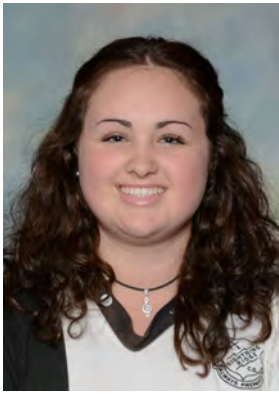
Lightning Ridge Central School

Term 4



	Week	Mon	Tue	Wed	Thu	Fri	Sat	Sun
October	1	10 School starts back today	11	12	13	14	15	16
October	2	17	18	19 CAPA Night	20	21	22	23
October	3	24	25 P & C Meeting	26	27	28 Grandparents Day	29	30
October / November	4	31	1	2 Stage 2 Lake Burrendong Excursion	3	4	5 Yr 12 Formal	6
November	5	7	8	9	10	11 Mid Term Break	12	13
November	6	14	15	16	17	18	19	20
November	7	21	22 P & C Meeting	23	24	25	26	27
November / December	8	28	29	30	1	2 Swimming carnival	3	4
December	9	5	6	7	8	9 Presentation day	10	11
December	10	12	13	14	15	16	17 School Holidays	18
December		19 School Holidays	20 School Holidays	21 School Holidays	22 School Holidays	23 School Holidays	24 Xmas Day	25 Boxing Day
		26 School Holidays	27 School Holidays	28 School Holidays	29 School Holidays	30 School Holidays	31 School Holidays	1

First day back in 2017 is Monday 6th February



Secondary Student of the Week Term 4 Week 2 Penny Loiterton Year 12

Penny is a disciplined, focused and polite student who shows a consistently high level of engagement with her work. She has involved herself in school activities both during class time and, through extra-curricula events such as the CAPA night, after hours.



Primary Student of the Week Term 4 Week 4 Lillian Morris S2F

Our student of the week is Lillian Morris. Lillian has been a fantastic contribution to the class this semester. She has been willing to take on any new challenge offered to her. She tries her best in all areas of school and is a great support and friend to her peers. Lillian shows respect to her teachers and other staff members. She takes pride in her work and is a role model for behaviour in our class. Lillian has produced some quality work and continues to improve her reading skills. Well done, Lillian. You are a star.

My name is Tarley Quinlan and I am a 3rd year student of Southern Cross University. I will be spending the next 3 weeks with class S3Culgoa as I complete my third professional experience.

I come from Byron Bay on the North Coast of NSW and I am really enjoying getting to explore and meet all the members of the Lightning Ridge Community. I'm really excited to work alongside Miss Menz, as well as teaching and getting to know all of the amazing students at this school!

Tarley Quinlan





Primary Student of the Week

Term 4 Week 3

Porsha Cook S1D

Porsha always approaches all learning activities with enthusiasm. She works hard to complete all work to a high standard and readily supports other students in the classroom. Terrific Work Porsha!

YEARLY EXAMS 7-10

WEEK 5

HELD IN THE GYM

	MONDAY 7 TH November	TUESDAY 8 TH November	WEDNESDAY 9 TH November
2 9:50- 11:00	ENGLISH 7-10	MATHS 7-10	PDHPE 7-10
4 12:20- 1:30	SCIENCE 7-10	HSIE 7-10	9-10 PASS
5 2:00- 3:00	9-10 CHILD STUDIES		

Uniform Shop

Upcoming dates

Uniform shop will close on the 15th December 2016 and re open on Tuesday the 3rd of February 2017 for all of week 1 and opens again Monday the 9th, Tuesday the 10th and Thursday the 12th of February, Week 2, 2017

Thanks Mim



Lightning Ridge Rotary Trolley Dash

November 27th at LRSC
After Member draw

Winner announced on

Sunday 4th December
2016
9:00am



TERMS AND CONDI-

PURCHASE
YOUR
TICKETS AT
LRCS OFFICE

Maximum 2 of any item
The winner can nominate a



Khan's IGA
SUPERMARKET GROUP



LIGHTNING RIDGE

Grandparents/Friends Day

Grandparents day saw over 150 grandparents and community grandfriends take part in a day of celebration to recognise their wonderful role in the lives of our students. Many grandparents travel significant distances, several from interstate and we had community representation from the AECG, CWA, Soroptmists, St Vincent de Paul, the local book club, the Men's Shed, Opal FM, P&C, the armature radio club, local churches, the preschool and little diggers. It was wonderful to see them enjoy the beautifully prepared morning tea and lunch and applaud the students so warmly in the concert. The highlights of the day though was their active participation in the 21 activities including making cards, placemat, book marks, decorated biscuits, paper aeroplanes, peg magnets, salt dough decorations and name plaques. They also learnt computer skills, biscuit decorating techniques, drawing techniques and how to make playdough. They played cricket, drums, danced, played board games and novelty events and completed French knitting and origami, bubble making and maths games. It was a fantastic day filled with love and enthusiasm.





Grandparents
are a delightful blend of
laughter, caring
wonderful deeds,
stories, and
Love.







COMMUNITY EVENT



"You're Dad, Their Day. Come and have your say!"

Two Rivers Suicide Prevention Network - promoting the good things that men do in our community.

Date: Saturday 19th November from 4.30pm **Venue:** Walgett Youth Centre

Special guests:

"NATHAN BLACKLOCK"

Who will be doing a talk about the importance of staying mentally and physically healthy.

"NICKY TURNER"

(Aboriginal Go4Fun Program) who will be talking about healthy foods and lifestyles

4.30pm - 5.30pm - Games

5.30pm - 7.00pm

Dinner and talks by Nathan, Nicky and presentation of prizes to the winners of the Short Film Competition



Note: Filming will take place at this event so please inform if this is an issue to organisers on the day.
An initiative supported by Wesley life Force, Walgett Suicide Prevention Network and a collaboration of local services.



USE YOUR
DEVICES TO
RECORD IT!



ENTRY FORM

SHORT FILM COMPETITION

Make a short film (up to 1 minute) with your phone /device telling us about:

“WHAT YOUR FATHER OR FATHER FIGURES MEAN TO YOU?”

- Categories - Primary School, High School, Adult
- Win a professional photo portrait of your family taken by Top Wire Photography (Jo Coleman) (1 for each Section)
 - Entries close: Friday 11 November.

Entries will be collected from each school campus and Walgett Library / Information Centre. (Please put your entry on a USB Stick)

(By submitting an entry you are giving your permission for your entry to be shown at the

“Your Dad, Their Day, Come and Have your Say”

Being held on **Saturday 19th November at Walgett Youth Centre from 4.30pm** If you are under 18 please ask your guardian to give permission for your entry to be screened:

Name:

Carer's Name and Signature

Name:

School:

Address if an adult:

Mobile phone number:

An initiative supported by Wesley life Force, Walgett Suicide Prevention Network and a collaboration of local services.



October 4, 2016

Don't drive yourself to hospital in an emergency

Residents of Lightning Ridge and surrounds are reminded not to drive to hospital in a medical emergency, but to call Triple Zero (000) and ask for Ambulance.

From time to time NSW Ambulance learns of people who have driven themselves or others to hospital. It is important to remember we are ready to respond to medical emergencies 24 hours a day. NSW Ambulance Triple Zero (000) Call Takers are highly trained and able to instruct you in how to administer life-saving medical care in the vital minutes until paramedics arrive.

Paramedics can treat many conditions, including strokes and some cardiac complaints, outside the hospital environment, and early intervention and treatment increases the chances of a better outcome.

Even if you are unsure if your situation qualifies as an emergency, still make the call as Ambulance Triple Zero (000) call takers are trained to triage concerns. If an ambulance is not needed, callers will be referred to other clinical pathways such as *healthdirect* or GPs, for assistance and support.

Examples of medical emergencies:

- Chest Pain Symptoms - Unusual tightness or pain in the chest eg crushing or stabbing pain that often radiates into the neck, jaw, back or arms, Shortness of breath, or difficulty breathing, especially if these symptoms come on suddenly.
- Stroke Symptoms
Stroke patients can often be identified by using FAST which represents:
 - > **F**acial droop: can they smile?
 - > **A**rm weakness: can they lift both arms?
 - > **S**peech: can they talk normally or is their speech slurred?
 - > **T**ime: because stroke patients need an urgent call to Triple Zero (000).
- Trauma - Have you fallen from a horse, come off a quad or motorbike, You may have a serious injury which could be made worse by moving. Don't move the patient and call for an Ambulance
- Respiratory problems - Sudden shortness of breath, increased breathing rate, shallow breathing, unrelieved Asthma.

NSW Ambulance last year launched its "Is Your Urgency an Emergency" campaign to assist patients in deciding the most appropriate treatment pathway.

This includes an emergency gauge with common conditions listed in a sliding scale from non-urgent to emergency (see guide below).

Dialling Triple Zero (000)? Know your location

Also, it is important to remember we need to know your exact location to enable us to respond as quickly as possible

When calling Triple Zero (000), you will be put through to a call taker in one of four locations throughout NSW - at Sydney, Newcastle Wollongong, or Dubbo - who likely won't have local knowledge of the Lightning Ridge region.

Save Triple Zero (000) for saving lives



You need to describe your location as if you are telling someone with no knowledge of the mine fields.

As a guide to calling Triple Zero (000):

DO:

- Give land marks like *'go past the tar on the three mile, turn left at the chamber of the black hands, first camp on the left after Yellow car door 6, there will be a sign out the front of the camp saying 'No ratters', or follow the tip road from Gem St, approx. 500m up the road there is a blue tree trunk, with a pedestrian sign on it, turn right, then third camp on the left'*. You need to be very specific
- Come and ask the Paramedics to help with writing out your directions
- Create a Medical Emergency Plan and keep it near your phone – you can see your local paramedics for a copy of this
- Make your house or camp stand out. We live in Lightning Ridge - be creative.

DON'T:

- Say *'the local paramedics will know where I live'* – the locals may not be working
- Assume Paramedics should know where YOU live.
- Say *'go up the four mile for a few hundred meters and turn right, and look for the camp with trees out the front and a dog in the yard'*. If it is 300m, say 300m. Most camps have trees and lots have dogs.

To assist Triple Zero (000) call takers in identifying a caller's location, people are also encouraged to download the [Emergency+](#) smartphone application.

The app—free to download from iTunes, Google Play and the Windows store—assists the caller in dialling Triple Zero (000) and displays the GPS coordinates of the phone's location for the caller to relay to the call taker.

Is your URGENCY an EMERGENCY?

How does your call measure on the urgency gauge?

NOT URGENT			EMERGENCY
 <p>Use self care for:</p> <ul style="list-style-type: none"> Cough Sore throat Hangover Grazed knee 	 <p>Visit your local pharmacy or GP</p> <ul style="list-style-type: none"> Headache Diarrhea Vomiting Infection Stomach ache 	 <p>Call healthdirect on 1800 022 222</p> <ul style="list-style-type: none"> Unwell? Flu symptoms Not sure if you need medical attention? Need health advice? 	 <p>Call Triple Zero (000) or visit an Emergency Department</p> <ul style="list-style-type: none"> Chest pain Severe blood loss Head injury Stopped breathing

What will your call be?



NSW Ambulance

Save Triple Zero (000) for saving lives



Library News

Hello,

Welcome back to Kerrieanne who has returned from Leave. We missed her!

With Grandparents day looming we put together a huge selection of our library resources to share. The display could not fit all the books that relate to Grandparents, but fortunately some were borrowed and we still had enough to enjoy in lessons and in free reading time. It is good to put a display together as students focus on the books. Kindergarten wanted me to read *Grandad's Teeth* two weeks in a row. Mr Harrison popped in and spoke about his false teeth and told the students how important it is to look after your teeth...there is learning in books, there's fun in books, and there's connection in books. We will enjoy connecting with the grandparents in our community.

I will be in the library working on book marks during activity time with Mrs Murray on Grandparents day. I couldn't think of a better activity and if we finish early we have the books on which to try out our books marks.

I attended the Department of Education Annual Library Conference in Sydney recently. I was able to learn a bit more about Google Apps and Office 365 which the DoE has rolled out into schools. When I get my head around it, it should save time and make for better communication. Technology has come a long way. I do this newsletter in Microsoft Publisher, but used to only know how to do Microsoft Word some years ago and stress about pasting in photos!! Apart from the technology workshops it was good to have time with other Teacher – Librarians and find out what happens in their schools. Everyone always gets excited when they see Lightning Ridge (written on a badge) I think the distance we travel really shocks. There were a number of Keynote speakers and the literature talk was my favourite. A Trade Fair gave me the opportunity to speak to a person, not read an email or look through a catalogue. I enjoyed a conversation with the Premier's Reading Challenge organiser. A worthwhile trip to Sydney for Professional Development.

Scripture takes place in the library most Fridays. Students who have nominated Scripture on enrolment are expected to attend. Behaviour in Scripture follows the same set of rules our school adheres to. As the supervising teacher I am pleased to say most of our students are respectful to our visiting teachers Mr David Piper and Mrs Anne Barclay.

Already I have had some LRCS Reading Challenge recording sheets handed in. Well done to these five students. (Ask your child if it was them!!)

A few overdue books have been returned and one paid for. Thank you to the parents who follow up and show an interest in their children's borrowing.

We often do the Library Turtle draw in the last kindergarten lesson on Thursday afternoon. The students enjoy this and are very good at keeping a secret of who won. Announcements are then made at assemblies. When we do not have an assembly I catch up each week with winners and they are also displayed on the library door.

Recent winners have been. ...

Daniel Piper(Puggles)
Mylee McDougall (Dhinawan)
Quinesha Walford (Flannery)
Bulya Boney (Bokhara)



Penny Fahey Teacher-Librarian

Out and About

Penny Loiterton

I have been involved with schools spectacular for a number of years, sang at the opera house twice and been involved with solo camp earlier this year. Also involved with CAPA night. This year I also got to the 2nd round of solo auditions but was unlucky. Over 600 kids applied but only 80 made it to the 2nd round.





Every Day COUNTS

Absentee Note

Please return this note to the school **within 7 days** of absence

Lightning Ridge Central School PH: (02) 6829 0511

Student's full name: _____ of Class: _____

Was/ will be away from school on.....

The reason for absence is: (Please tick box)

- | | | |
|---|--|---|
| <input type="checkbox"/> Sickness | <input type="checkbox"/> Wet roads | <input type="checkbox"/> Another reason which I will talk to the school about |
| <input type="checkbox"/> Visit to doctor | <input type="checkbox"/> Family business | |
| <input type="checkbox"/> Visit to dentist | <input type="checkbox"/> Family holiday | |
| <input type="checkbox"/> Royal Far West | <input type="checkbox"/> Rep sport, Regional or State carnival | |

Signed.....(Parent/ caregiver)

Date.....

Office use
Entered <input type="checkbox"/>
SAO Initial.....



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| <input type="checkbox"/> Royal Far West | <input type="checkbox"/> Rep sport, Regional or State carnival | |

Signed.....(Parent/ caregiver)

Date.....

Office use
Entered <input type="checkbox"/>
SAO Initial.....



Every Day COUNTS

Absentee Note

Please return this note to the school **within 7 days** of absence

Lightning Ridge Central School PH: (02) 6829 0511

Student's full name: _____ of Class: _____

Was/ will be away from school on.....

The reason for absence is: (Please tick box)

- | | | |
|---|--|---|
| <input type="checkbox"/> Sickness | <input type="checkbox"/> Wet roads | <input type="checkbox"/> Another reason which I will talk to the school about |
| <input type="checkbox"/> Visit to doctor | <input type="checkbox"/> Family business | |
| <input type="checkbox"/> Visit to dentist | <input type="checkbox"/> Family holiday | |
| <input type="checkbox"/> Royal Far West | <input type="checkbox"/> Rep sport, Regional or State carnival | |

Signed.....(Parent/ caregiver)

Date.....

Office use
Entered <input type="checkbox"/>
SAO Initial.....



WORD SEARCH

NATIONAL KIDSAFE DAY TUESDAY, 25 OCTOBER 2016

ONE SMALL STEP IN
LEARNING

ONE GIANT LEAP IN
ROAD SAFETY

M	B	T	S	M	E	T	M	J	X	C	E
B	U	C	K	L	E	U	P	R	L	B	B
M	Y	K	T	P	P	Z	O	I	C	I	Z
O	Y	E	H	L	J	A	S	L	M	K	F
P	B	G	I	C	D	T	D	O	Z	E	U
P	E	O	N	C	E	O	L	O	E	H	S
M	R	Q	K	N	X	G	G	K	W	E	J
F	L	I	R	O	A	D	K	X	R	L	W
C	H	Y	I	J	B	I	E	R	M	M	S
T	H	O	L	D	H	A	N	D	S	E	T
T	B	E	Y	T	R	P	J	O	W	T	O
S	A	F	E	T	Y	Q	L	G	W	W	P

Find and circle
the words:

STOP

LISTEN

HOLDHANDS

BIKEHELMET

ROAD

BUCKLEUP

THINK

LOOK

SAFETY

ROAD

ON BLU-RAY™
& DVD
26 OCTOBER,
2016

THANK YOU FOR SUPPORTING US
IN MAKING A SAFER WORLD FOR KIDS!

www.kidsafe.com.au

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Thank you for your
support!



CANTEEN MENU TERM 4 2016

SNACKS (RECESS & LUNCH)

Banana Bread 75g	\$2.50
Snaps pkt BBQ/Tangy salsa	\$1.50
JJ'S chick/pizza/burger/s&v pkt	\$1.00
Grain waves sour crème	\$1.20
Gomes chocolate/Anzac bisc	\$0.80
Snac pac Chocolate 140gm	\$1.50
Yoplait yogurts vanilla/strawberry 175gm	\$2.00
Cheese sticks	\$1.00
Lite sara lee muffins choc	\$2.00
Popcorn	\$1.00
Fun buns (plain or cinnamon)	\$2.00
Frozen ½ banana or ½ frozen orange	\$0.60c
Fresh fruit banana/apples/oranges (\$1.10-\$1.30)	
Fruit salad cups	\$1.40

DRINKS

Spring Water 600ml	\$2.00
Quench 10% juice blue/cola/pine lime/orange	
Apple raspberry	\$2.40
350ml Orange/apple/tropical juice	\$2.50
Poppers apple/orange/tropical	\$1.80
Classic 300ml choc/iced coffee/strawb milks	\$2.60
Big M choc/strawb lite ctn milks 250ml	\$2.00
Nippys reduced fat choc/strawb/honeycomb	
Iced coffee 375ml	\$2.50
LOL's Tropical/blackcurrent/Razzbri	\$2.50
Plain ctn milks 300ml	\$2.00

ICECREAMS LUNCH ONLY

Icy poles lemonade/raspberry	\$1.30
Fandangles choc/fairy floss	\$1.50
Chocolate dixie cups	\$1.00
Ka blueys blue/red/lemon fizz/strawberry	\$0.50
Frozen yogurts strawberry/mango	\$2.00
Bananarana homebrand icecream	\$1.50
Fruity ice pops	\$0.60c

SANDWICHES (ROLLS EXTRA 40C)

Cheese	\$2.60
Cheese salad	\$3.60
Cheese & tomato	\$3.00
Ham cheese tomato	\$3.60
Ham or chicken salad	\$3.80
Ham	\$3.00
chicken	\$3.00
Ham & cheese	\$3.40
Chicken lettuce mayo	\$3.50
Egg lettuce mayo	\$3.50
Egg/curried egg	\$3.30
Tuna lettuce mayo	\$3.50
Vegemite	\$2.20

WRAPS (WHOLEGRAIN)

Salad wraps	\$5.20
Chicken /Ham salad	\$5.80
Chicken lettuce mayo	\$4.80
Chilli tender lettuce tom avo cheese	\$5.60
Tuna lettuce mayo	\$4.80
Tuna salad	\$5.80

SALAD BOXES (please pre order salad bowl or box)

Salad box	\$5.50
Chicken/ham/egg/tuna salad box	\$6.00
(lett/tom/cuc/beet/carrot/cheese/onion optional)	

SMALL SALAD BOWLS

Salad	\$4.00
Chicken/ham/egg/tuna	\$4.50

TOASTED SANDWICHES WRAPS EXTRA 80C

(all toasties cooking spray used)

Cheese & ham	\$3.40
Ham cheese tomato	\$3.60
Ham cheese pineapple	\$3.80
Cheese	\$2.60
Chicken avo cheese	\$3.80
Chicken & cheese	\$3.60
Cheese & tomato	\$3.00

HOT FOODS

Cheese & Bacon roll	\$1.70
Sausage rolls (lite pastry)	\$3.00
Travellers pies	\$3.40
Party pies lite	\$1.00
Chilli tenders	\$1.50
Garlic bread	\$1.30
UFO ½ roll cheese & tom sauce	\$1.70
Chicken strips per bag (6)	\$2.90
Chicken wedges (4)	\$2.90
Lasagne	\$4.00
Egg & Bacon roll (pastry)	\$3.20
Pizza pocket	\$3.00
Pizzas Ham pine or ham cheese	\$3.00

Beefburger (lett/tom/cheese/beet)	\$4.20
Chick. burger (lett/tom/mayo/beet)	\$4.00
Nacho Dippers Spag. Bol. Sauce	\$4.50
Beef or Chicken noodles	\$1.80
Chicken strips ea. (replace nuggets)	\$0.60
GLUTEN FREE (ORDERS ONLY)	
Sausage roll gluten free	\$3.60
Pie beef gluten free	\$4.00

MISCELLANEOUS

Tomato Sauce or BBQ	\$0.20
Bundle of lunch bags	\$2.00

ALL PROFITS MADE BY CANTEEN GO TO THE P&C FOR THE STUDENTS.

****PLEASE NOTE THAT CANTEEN CLOSSES FOR ORDERS BY 9.30AM!