

# LIGHTNING RIDGE CENTRAL SCHOOL



Term 4, Week 4

2013 School Newsletter now available online,  
check out our website on  
[www.lightningr-cschools.nsw.edu.au](http://www.lightningr-cschools.nsw.edu.au)



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## From the Principal's Desk

Another huge fortnight, primary and secondary students have been on excursions to experience other places and learn by seeing and doing instead of from a book. We had a big day on Friday with the Angledool reunion where our dancers and some senior students represented the school, while on the oval we had information for parents and students with NRL visitors and lots of learning taking place to help set up the children of Lightning Ridge for a better future.

The work continues for secondary students preparing for their exams next week and primary teachers writing reports to inform parents of their children's progress across the whole of the year. The executive of the school are working hard on planning for next year to make the school year as smooth and positive as possible.

The AECG is having a meeting at the school next week and on **Thursday 21<sup>st</sup> November** the P&C are holding a meeting which will include an information session for parents on how to keep their children safe while using the Internet and also a barbecue so please come along for that one.

Our KindyStart program is in full swing and the talented staff we have working in the program this year are making sure that not only are the students learning a lot and being prepared for coming into school next year the students are also having a fantastic time and really enjoying their learning. I've met some of the parents already but really look forward to meeting everyone at the graduation day.

Next week senior students will travel to Dubbo to do work for their TAFE courses. These students will be supervised by Miss O'Donohue who, despite being very busy, has volunteered to spend a few days away from home assisting these senior students.

One exciting thing that is happening the secondary teachers have decided that there are so many students in the school who wish to learn without interruption and who wish to do the very best they can at school that we will try and set up what we are calling opportunity classes to enable the students to be in class that is filled with students who are keen to learn and allowing teachers to teach. We will call these classes commitment classes because students and parents will need to commit to supporting the ideal of uninterrupted learning, to be prepared for every lesson, to attend school every day, and to complete all homework and assignments on time. These classes will be open to all students to apply and, after speaking to students and parents, a panel of staff and community will determine who will be offered a place in these classes. If students or parents do not honour the commitment that has been made students will be placed back into mainstream classes to enable the remaining students in the commitment class to work uninterrupted and achieve to their best.



### What's Coming Up!

#### Week 5

**Thursday  
7th Nov–  
K-6 Merit  
Assembly**

**MIDTERM  
BREAK  
Friday 8th  
&  
Monday  
12th Nov  
(NO School  
supervision  
these days)**

#### Week 6

**Saturday  
16th Nov–  
Yr 12  
Formal**

For more information regarding future dates please go to  
the **LRC\$ Website** and view the online calendar.

## Principals report continued...

We are hoping that not only will students in the commitment classes achieve better outcomes at school but also that other students will see the benefit of being a classroom which is committed to learning and in the future will modify their behaviour, improve their results and perhaps join a commitment class in the future. The ideal would be to have all of our classes commitment classes.

Teachers now have a very busy time between now and the end of the year organising many events writing reports speaking to parents and of course teaching. Teaching is our focus that's what we do as a school and teaching will occur until the very last day of school and we would like every student to be here on time, prepared to learn every single day until then.



*Stage 3 STAR  
Student*

*Sally-Anne Gregory*

Congratulations to Sally-Anne from S2/3R for being the Star Student in week 3. Sally- Anne has made great progress this year in all areas of school. She has developed her independent work habits and is a very good role model to her fellow students. Great job Sally-Anne, keep up the good work

# From the Primary Deputy Principal

## **Family Gala Day and NAIDOC celebrations**

Last Friday our students were invited to participate in this event at Spider Brown Oval. We thank the Lands Council for inviting us and the community organisations that participated in the day. Our students thoroughly enjoyed the experience.

## **Leaving school grounds**

I would like to remind students that they need to leave school grounds via the front gate or the side gate and use the pedestrian crossings. There are still students who are exiting school and going in front of buses and cars. I ask that parents talk to their child/children about exiting the school safely.

## **Selective Schools Test**

If you would like your child to sit the selective schools test for entry into Year 7 in 2015, please get an application form from the front office. Alternatively, forms can be completed online by searching for selective schools test.

## **K-6 Merit Assembly**

A reminder that the K-6 Merit Assembly is on Thursday 7<sup>th</sup> November at 9.30 in the Gym. S2G, S1M, S1W and S3T will be performing items. Merit and DP awards and University of NSW certificates will be given out. All parents and community members are most welcome.

## **Class Visits**

I have been visiting some classes to participate in Reading to Learn lessons. I have been impressed by the dedication of the teachers and the work that the students are achieving in these classes. We are very fortunate to have the teachers that we do at our school.

## **Piano concert**

There will be a Piano concert in the hall on Wednesday 6<sup>th</sup> November at 1pm for all students who have been learning the piano with Mrs Marilyn Collins. Parents are most welcome.

Until next fortnight,  
Genienne Ellis







# LIBRARY NEWS

Kindystart parents had meetings in the library. Great to see interested parents who wanted to know that books were still a bit part of school, even with all our technology.

Kindergarten students found the 3D books that showed inside the body a bit more than interesting! They reacted with, "Oh yuck." When we discussed waste from the body, that was quite humorous. Humour can overcome some of the more confronting issues we teach.

Stage 1 are always keen to know my life stories so I have used them for our work on growing and changing. I call this oral history and they can relate to a lot of it. Many a three and four year old has a memory of being lost or feeling that they were.

In Stage 2 we have been out and about in our library lessons. The procedure for growing rocket has been a hands on experience. We also transplanted tomato plants in the school garden. Students enjoy seeing how quickly plants grow and I am leaving the watering responsibility to classes.



**Writing up our procedure is easy when we have had the experience.**



**LRCS Reading challenge continues with Khayden Morgan already handing in 2 sheets.**

**Some students with very overdue books are working in the library to “pay off” their book. Jobs such as shelving books, dusting, sharpening pencils and helping with the games are some of the jobs. These students have done this after my suggestion, but it does show they are accepting responsibility. Good work!**

**Turtle Draw winners recently were:**

### **WEEK 1**

ES1 Lilly Fields ES1B

Stage 1 Jorja Hackett S1W (Book: Dean’s Footy Song )

Stage 2 Trixie Condino S2F (Book: Willbee the Bumblebee)

Stage 3: Natasha Kotru S2/3R (Canteen Voucher)

### **WEEK 2**

ES1 Jason Pistol ES1B (Book: Too Loud Lily )

Stage 1 Linken McBride S1W (Canteen Voucher)

Stage 2 Roman Cobb S1/2V (Canteen Voucher)

Stage 3: Hollie Cooling S3T

Penny Fahey - Teacher Librarian

# News from the M.C. Class

A positive start to the Term has been made with lots of work achieved and positive rewards being issued. Two of these activities, a Fishing Trip to Collarenabri and cooking lunch for themselves have been written up by the boys.

## Our Fishing Trip

On our fishing trip we had a great time on the bus. When we got there we each found a spot and set up our fishing rods. I found a great spot. Connor caught the first fish and then caught 5 more through the day. Jesse H. caught 4 fish and I caught 24 carp and the only cod. We shared sandwiches that we had all made the day before. We had another good ride on the bus home.

Matthew Grace Stage 5

## Cooking Hamburgers

**We all cooked hamburgers and wedges and it was fun. We each cooked our own and they tasted great and we had them for lunch. It took a long time to clean up the Kitchen properly but it was worth it.**

**Stage 4**







# Mathematics

## Is Mathematics just patterns?



$$\begin{aligned}
 1 \times 9 + 2 &= 11 \\
 12 \times 9 + 3 &= 111 \\
 123 \times 9 + 4 &= 1111 \\
 1234 \times 9 + 5 &= 11111 \\
 12345 \times 9 + 6 &= 111111 \\
 123456 \times 9 + 7 &= 1111111 \\
 1234567 \times 9 + 8 &= 11111111 \\
 12345678 \times 9 + 9 &= 111111111 \\
 123456789 \times 9 + 10 &= 1111111111
 \end{aligned}$$



$$\begin{aligned}
 9 \times 9 + 7 &= 88 \\
 98 \times 9 + 6 &= 888 \\
 987 \times 9 + 5 &= 8888 \\
 9876 \times 9 + 4 &= 88888 \\
 98765 \times 9 + 3 &= 888888 \\
 987654 \times 9 + 2 &= 8888888 \\
 9876543 \times 9 + 1 &= 88888888 \\
 98765432 \times 9 + 0 &= 888888888
 \end{aligned}$$

Brilliant, isn't it?



Now, take a look at this...

From a strictly mathematical viewpoint:

What Equals 100%?

What does it mean to give 100%?

How about ACHIEVING 100%.

What equals 100% in life?



then



**H-A-R-D-W-O-R-K**

$$8 + 1 + 18 + 4 + 23 + 15 + 18 + 11 = 98\%$$

and

**K-N-O-W-L-E-D-G-E**

$$11 + 14 + 15 + 23 + 12 + 5 + 4 + 7 + 5 = 96\%$$

If:



A B C D E F G H I J K L M N O P Q R  
S T U V W X Y Z

Is represented as:

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16  
17 18 19 20 21 22 23 24 25 26.

But



**A-T-T-I-T-U-D-E**

$$1 + 20 + 20 + 9 + 20 + 21 + 4 + 5 = 100\%$$

Therefore, one can conclude  
with mathematical certainty  
that:

While Hard Work and  
Knowledge will get you close,  
Attitude will  
get you there!



# Uniform Reward Day

During Term 3 a number of students were caught consistently wearing school uniform and being on time to school. At school we are encouraging all students to wear school uniform which includes a white or tri coloured shirt, black shorts, shoes. Tights and short shorts are not acceptable.

During the warmer months some students are wearing singlet tops and thongs these are not a part of our uniform, they do not meet WHS guidelines and so are not acceptable at our school .Please ensure your child is suitably dressed for school.

Those students who consistently wear uniform and are on time to school were rewarded by an ice block and a Big Thank you from the staff. The school will continue to run this reward program during Term 4. So all students need to consistently wear their uniform and be on time to school. The reward could be held at any time, so make sure students are in uniform and are on time to school every day.

Here are some photos of our students enjoying their reward.





# SCIENCE

Here are some samples of the quality work that science students across high school are producing in Term 4. Students from 7-10 are studying different topics but with the same ferocity and enthusiasm for learning. Just look at their great work!

## HEAT WAVES

A heat wave is an extended interval of abnormally hot and usually humid weather, it lasts from a few days to over a week.

Heat waves are created when an air mass becomes motionless over a region. It is dangerous because heat kills by taxing the human body beyond its abilities.

A heat advisory is issued when the heat, or combination of heat and humidity, is expected to become an inconvenience for much of the population, and a problem for some

An excessive heat warning is issued when the heat, or combination of heat and humidity, is expected to be dangerous for a large portion of the population.

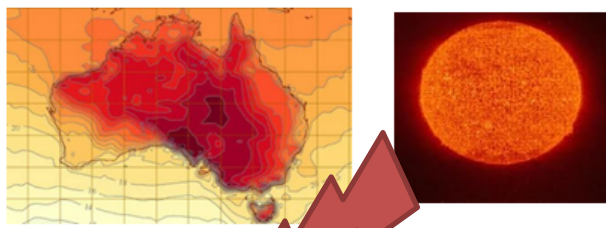
The heat index is the number in degrees Fahrenheit that tells how hot it really feels when relative humidity is added to the actual air temperature. Exposure to full sunshine can increase the heat index by 15 degrees Fahrenheit.

130 degrees or higher: heatstroke/sunstroke highly likely with continued

105 - 130 degrees: sunstroke, heat cramps or heat exhaustion likely with prolonged exposure.

90 - 105 degrees: sunstroke, heat cramps and heat exhaustion possible with prolonged exposure and/or physical activity.

80 - 90 degrees: fatigue possible with prolonged exposure and/or physical activity.



## Paediatrician

### What is a Paediatrician?

A Paediatrician is specialised doctor that cares for infants, children and adolescents. They focus on the physical, mental and emotional health of their patients. Paediatrician mostly focus on patients from birth to the age of 21 years to treat or reduce infant and child mortality, support children with chronic conditions and control infectious diseases.



### Diagnose and treat

- ✓ Injuries
- ✓ Infections
- ✓ Genetic defects
- ✓ Organic diseases

Paediatricians are also concern on the physical well-being of their patients for early detection such as:

- ✓ Social stresses
- ✓ Depression
- ✓ Behavioural difficulties
- ✓ Disorders
- ✓ Functional problems

Paediatrician need to complete 3 years of education in an accredited paediatric program and a further 6 years of training after they finish their medical degree.

Year 7 studies the weather

while Years 9 and 10 have just finished a study on the human body

If you know a year 8 student of LRCS ask them how many of these they can rattle off from memory! Year 8 is studying chemistry and are working to memorise the ENTIRE periodic table!

PERIODIC TABLE OF THE ELEMENTS																178A			
1A																	7A	8A	
1	2																	18	19
H	He																		
1.008	4.003																		
3A	4A	5A	6A	7A	8A	9A	10A	11A	12A	13A	14A	15A	16A	17A	18A	19A			
3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19			
Li	Be	B	C	N	O	F	Ne	Na	Mg	Al	Si	P	S	Cl	Ar	K			
6.941	9.012	10.811	12.011	14.007	15.999	18.998	20.180	22.990	24.305	26.982	28.086	30.974	32.06	35.45	39.948	39.098			
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37			
Na	Mg	Al	Si	P	S	Cl	Ar	K	Ca	Sc	Ti	V	Cr	Mn	Fe	Co			
22.990	24.305	26.982	28.086	30.974	32.06	35.45	39.948	39.098	40.078	44.956	47.88	50.942	52.00	54.938	55.845	58.933			
39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55			
K	Ca	Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn	Ga	Ge	As	Se	Br			
39.098	40.078	44.956	47.88	50.942	52.00	54.938	55.845	58.933	58.69	63.546	65.38	69.723	72.64	74.922	78.96	79.904			
87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103			
Rb	Sr	Y	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd	In	Sn	Sb	Te	I			
85.468	87.62	88.906	91.224	92.906	95.94	98.906	101.07	102.91	106.42	107.87	112.41	114.82	118.71	121.76	127.6	126.91			
55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71			
Cs	Ba	La-Ce	Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg	Tl	Pb	Bi	Po	At			
132.91	137.33	138.905	178.49	180.948	183.84	186.207	187.755	188.853	195.084	196.967	200.59	204.38	207.2	208.98	209	210			
89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105			
Fr	Ra	Ac-Lr	Rf	Db	Sg	Bh	Hs	Mt	Dun	Uub	Uuq	Uub	Uuq	Uub	Uuq	Uub			
223.018	226.025	227	261	262	263	264	265	266	267	268	269	270	271	272	273	274			
71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87			
La	Ce	Pr	Nd	Pm	Sm	Eu	Gd	Tb	Dy	Ho	Er	Tm	Yb	Lu					
138.905	140.12	140.908	144.24	144.913	150.36	151.964	157.25	158.925	162.50	164.930	167.259	168.930	173.054	174.967					
89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105			
Ac	Th	Pa	U	Np	Pu	Am	Cm	Bk	Cf	Es	Fm	Md	No	Lr					
227	232.038	231.036	238.029	244.064	247.070	247.070	251.083	252.083	257.103	258.103	259.108	262.108	265.108	267					



# YEARLY EXAMS 7-10

HELD IN THE GYM, Q17, Q18

	MONDAY 4 <sup>TH</sup> November	TUESDAY 5 <sup>TH</sup> November	WEDNESDAY 6 <sup>TH</sup> November	THURSDAY 7 <sup>TH</sup> November
1 9:00- 9:50	NORMAL CLASSES			AG 9/10 IN NORMAL CLASSROOM
2 9:50- 11:00	ENGLISH 7-10	MATHS 7-10	SCIENCE 7-10	NORMAL CLASSES
RECESS				
3 11:30- 12:20	NORMAL CLASSES			
4 12:20- 1:30	PDHPE 7-10	GEOGRAPHY/HISTORY 8-10	9-10 Electives WOOD CHILD STUDY ART PASS	NORMAL CLASSES
		Year 7 & 7/8 class Have normal classes		
LUNCH				
5 2:00- 3:00	NORMAL CLASSES			

All students will require a calculator for the Mathematics Exam

Stage 2 students travelled to Dubbo for an overnight excursion.

We explored the Dubbo Gaol, the Cultural Centre and the Dubbo Zoo. It was an amazing trip that created many memories for all of our students.

Student comments:

The excursion was so much fun! I didn't want to come home.

My favourite part was the gaol where we heard lots of stories about the prisoners.

I loved going on the night walk at the zoo. It was scary but so much fun.

Watching the tigers being fed on the behind the scene tour was amazing. They are huge.

At night it was cold but it was fun sleeping in the tent with my friends at the zoo.

At the Cultural Centre we saw some art and then created our own masterpieces.

Thank you to the amazing Stage 2 students for their excellent behaviour! Mr Forbes, Miss Gamble and Amber.





STAGE 2

# DUBBO EXCURSION



Dubbo Zoo



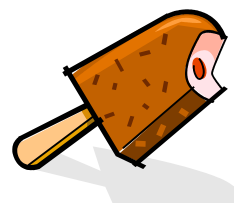
Dubbo Gaol



Cultural Centre Art



# CANTEEN MENU TERM 4 2013



## SNACKS (RECESS & LUNCH)

Fruit <i>salad</i> cup/diced peach cups 120g	1.30
<i>Fresh fruit apples oranges bananas 1.00-</i>	<i>1.20</i>
J'S (Chicken/S&V/Burger/Pizza pkt) 20g	1.00
Hotcakes choc chip/b. Berry	1.00
Go Cookies (lite)	70c
½ frozen banana or orange	50c
Snack packs choc/vanilla/strawb 140g	1.50
Yoplait lite yogurt 175gm vanilla/strawb	1.80
Popcorn	90c
Cheese sticks	1.00
Lite sara lee muffins choc	1.80
Grain waves sour creme	1.20
Moosies(choc/blue/strawb)frozen milk	1.20
Sultanas (box)	1.00

## DRINKS

Spring Water 600ml	2.00
Aroona 10% juice	2.20
(Blue/orange/Pine lime/cola/apple rasp.	
350ml Orange juice bottle	2.30
Poppers Apple/orange/tropical	1.80
300ml choc/strawberry /banana	2.40
Big M choc/straw lite ctn milk 250ml	2.00
Nippy's 375ml reduced fat choc/strawb/	
Iced coffee/honeycomb	2.30
Iced coffee classic 375ml carton	2.60
LOL's Razzbri/Tropkl/Blackcurrent	2.30
Plain carton milk	1.60

## SALAD BOXES (please order salad boxes)

Salad	5.50
Chicken / Ham /Tuna or Egg salad	6.00

## SMALL SALAD BOWLS

Salad	4.00
Chicken / Ham /Tuna or Egg salad	4.50

## ICECREAMS (LUNCH ONLY)

(all toasties cooking spray used )

Icy Poles Lemonade/Raspberry	1.20
Billabongs choc/triple swirl	1.30
Paddle Pops choc/ban/rainbow/	
vanilla	1.30
Quelch frozen fruit pops	60c
KAE Blueys Blue	
Red/lemon fizz	50c
Chocolate thickshakes	2.20
Frozen yogurts strawb/mango	1.80
Dixie cups chocolate	1.00

## SANDWICHES (ROLLS 20C EXTRA)

(assortment of sand. or rolls sold over counter)

Cheese tom lettuce	2.80
Vegemite or cheese	2.20
Chicken lettuce mayo	3.20
Egg lettuce mayo	3.00
Egg/curried egg	2.80
Ham	2.30
Ham salad	3.40
Chicken	2.80
Chicken salad	3.40
Ham & Cheese	3.00
Salad/Ham/cheese/tom	3.20
Chicken /Avo/lett/mayo	3.40
Tuna lettuce mayo	3.40

## WHOLE WRAPS (please order wraps)

Salad wraps	\$4.50
Chicken or ham salad	\$5.00
Tuna salad	\$5.00
Chicken lettuce mayo	\$4.50

## TOASTED SANDWICHES/lavash 80c extra

Cheese & Ham	3.00
Cheese	2.20
Ham cheese & tomato	3.20
Chicken Avo & Cheese	3.40
Chicken & cheese	3.20

## HOT FOODS

Sausage roll (lite pastry)	2.60
Travellers pie (lite pastry)	3.20
party pies lite	90c
Chilli tenders	1.40
Garlic bread sub	1.50
Steak potato trav. Pies	3.80
UFO melted cheese & sauce ½ roll	1.50
Chicken wedges/strips per bag	2.80
Lasagne	3.70
Macaroni Cheese	3.70
Chicken strips (replace nuggets)	50c
Pizza Ham & Pineapple	2.50
Pizza pockets	2.60
Beefburger (lett/tom/cheese)	4.00
Hamburger (the works)	4.50
Chicken Burger (lett/tom/mayo)	3.80
Quiche Lorraine	3.00
Honey soy chicken rice tubs	4.00
Beef or Chicken noodles	1.60

## MISCELLANEOUS

Tomato or BBQ sauce	20c
50 lunch bags	2.00
Salad dressing	30c
Chilli Sauce	20c

\*\*Salad boxes include lettuce, tomato, cucumber, beetroot, carrot, cheese. (please pre-order salad boxes)

\*\*\*Salad dressing available

\*\* please note: Canteen closes for orders by 9.30am each morning!

All profits made by Canteen go to the P&C for the Students!



**special photos available  
to order from front office.**

**Only a couple of weeks left**



**Lightning Ridge Central School**

**2013**





# SAVE THE DATE

## FAMILY BOWLS DAY & ART AUCTION

4pm Bowls  
7pm Auction



FOR KATIE

30TH OF NOVEMBER  
AT THE BOWLING CLUB



LOTS OF PRIZES LOTS OF FUN